# TYPICALITY AND NEGATION ARE RELATED Evidence from Discourse on Transgender Identity

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## CERTIFICATION OF APPROVAL

I certify that I have read *Typicality and Negation Are Related, Evidence from Discourse on Transgender Identity,* by Emily Jane Goldstein, and that in my opinion this work meets the criteria for approving a thesis submitted in partial fulfillment of the requirement for the degree Master of Arts in English: Linguistics at San Francisco State University.

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## TYPICALITY AND NEGATION ARE RELATED Evidence from Discourse on Transgender Identity

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This paper outlines an approach to the study of social categorization from a cognitive perspective. I argue that negative constructions in discourse can serve as a context-specific indicator of the underlying typicality structure in play. Using evidence from personal narratives of transgender identity, negative constructions are proposed as a tool through which a speaker can maintain the typical as a point of reference to describe the atypical, in line with Rosch (1975)'s definition of a *cognitive reference point* as a stimulus other simuli are seen "in relation to." The implications of these findings, and areas for future research, are discussed.

I certify that the abstract is a correct representation of the contents of this thesis.

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## 1. Introduction

The study of categorization is fundamental to describing a human perspective of life. The shape of our mental categories take has a profound effect on the shape our realities take. Decades of research has shown that typicality is a construct of central importance to theories of categorization. In seminal work, Rosch (1975) operationalized typicality in terms of asymmetry of reference, with a typical stimulus serving as a reference points for less typical stimuli. The idea that categories are structured internally around a member who represents the "best example" of the concept (Mervis, Catlin & Rosch, 1976, Sloman, Ahn & Love, 1998), and that the underlying relationship between this prototypical member and other, less typical members, is asymmetrical in terms of reference (Minda & Smith, 2011; Lakoff, 1990) has remained influential to this day. However, understanding of the mechanisms that give rise to typicality has progressed since Rosch's era, when it was often oversimplified as synonymous with statistical prominence. To the contrary, it has been shown that notions of typicality are not purely perception based, but are sensitive to other contextual phenomenon, like the specific goals associated with the discourse context, and the functional world knowledge of the reasoner. This implies the importance of assessing notions of typicality in context, and by extension, implies the need for methodology that can provide in-context indicators of typicality structure.

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It is my claim that such an indicator can be found in specific aspects of the shared semantic structure of the narratives presented in this study. Negative constructions, by virtue of their activation of alternative, incompatible mental spaces (Dancygier, 2012), will be shown to provide a vehicle through which speakers can maintain the typical as a point of reference, even when the characteristics associated with typicality are objectively absent from the experience being described. Atypicality is indicated in discourse through the negation of typicality, as we will see in the examples that follow. This suggests that attention to distributions of negative constructions in discourse can provide evidence of the specific structures of typicality in play in a given context.

The data in this study is drawn from the domain of social categorization. In video narratives of personal identity, young-adult, transgender men describe their self-categorization in the context of their lives and the transgender community. An analysis based on speakers' functional descriptions of typicality will point to the semantic feature +KNOWELDGE OF GENDER AT A YOUNG AGE (+KGYA), as a point of cognitive reference in this context, with speakers' descriptions suggesting that early knowledge of one's transgender identity is an immutable characteristic of a typical transgender narrative. An alternative analysis of the discourse, founded in the relationship between negative linguistic constructions and typicality structure, will yield a similar outcome, again highlight the salience of +KGYA in judgments of typicality in this context. Across the twenty-two narratives that form the corpus from which the data in this study is drawn, people describe their experience either as knowing, or alternatively, as not knowing, that

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they were transgender at a young age. I will argue that this supports negative constructions as an indicator of typicality structure.

The implications of this research therefore might be felt in whatever realm might concern itself with typicality, cutting across a broad swath of social and cognitive sciences. This research also raises the question of the nature of the relationship between negation and typicality. One conclusion is that typicality structure is leading people to represent their experiences either via positive or negative constructions, depending on their own status, an interesting finding in its own right. But, it could also be the case that the use of negation will lead people to infer typicality structure in an otherwise neutral context, a question that warrants further investigation.

Following a discussion of these findings, I will conclude.

#### 2. Literature Review

#### 2.1 Introduction

This section will provide background on negation and typicality, as they have been described within the literature of cognitive linguistics and cognitive psychology. Section 2.2 will review literature describing asymmetry of reference, as applied to both negation and typicality. Asymmetry of reference can be exemplified in the idea that the typical, by definition, serves as the point which the atypical is understood to be "in relation to." Stated another way, this means that typical stimuli are asymmetrically referential as compared to atypical stimuli. To demonstrate why negation is an appropriate linguistic device to index relationships marked by asymmetry of reference, I will adopt the framework of Mental Spaces Theory, in which negation is described in terms of *alternativity*, or the simultaneous activation of multiple mental spaces. Alternativity will be shown to provide a vehicle through which the speaker can register their *epistemic stance*, or their knowledge and beliefs about the world.

Section 2.2 will also review literature describing a similarly asymmetrical structure, that of *cognitive reference points*, indicative of relationships based on typicality. As is the case with negation, typicality structure (and the cognitive reference points that define it), have also been shown to be sensitive to the reasoner's functional knowledge of the world. The literature reviewed here will provide the reader with the relevant background knowledge to interpret the claim that negation is serving as an indicator of the typicality structure operating in the given discourse context.

### 2.2 Asymmetry of reference

### 2.2.1 Negation

It is a widely held view that a primary function of negation in discourse is to make salient some contextually relevant presupposition (Givon, 1978; Faucionner, 1994; Payne, 1997; Dancygier, 2012). Through negation, the salience of the positive alternative is highlighted even though it is not objectively present. As Sweetser (2006) writes: "*Joe left at six* does not necessarily indicate any presupposition that things might have been otherwise, but *Joe didn't leave at six* certainly suggests that someone had a mental

scenario involving him leaving at six." (313). In this way, a negative statement is referentially tied to its affirmative counterpart, while the same inherently referential relationship does not exist in the opposite direction. This asymmetry of reference is a characteristic of negation that has caught the attention of scholars dating back to the time of Aristotle (Horn, 1989). However, an equally long-standing and well-established view holds that, while negative sentences might be somehow built out of their more primitive, affirmative counterparts, there is no reason to believe that an abstract proposition works the same way. Evidence to the contrary demonstrates that it is possible to represent the same idea using either positive or negative constructions, as the examples from Frege (1919) below illustrate:

- (a) Christ is immortal
- (b) Christ lives forever
- (c) Christ is not immortal
- (d) Christ is mortal
- (e) Christ does not live forever

(ver. 150)

In the examples above, it is unclear which sentence expresses a positive idea as opposed to a negative idea. Taking this line of thinking to the extreme, some have even rejected the existence of negative propositions altogether (Royce, 1917). However, while it may not be fruitful to make claims about the inherence of affirmation and negation in an objective sense, we might, within a given context, be able to answer (or at least ask) questions about the speaker's motives in choosing a negative versus a positive construction, and the pragmatic outcomes of that choice. Given the documented relationship between negation and negative sentiment (see Potts, 2011), the pragmatic implications of systematic distributions of negation in the context of social categorization could be significant from both a methodological and applied perspective.

### 2.2.1.1 Alternativity

Within the framework of Mental Spaces Theory (MST) (Fauconnier, 1997; Fauconnier & Sweetser, 1996), the asymmetry of reference inherent to negation has been conceptualized in terms of alternativity, or the semantics that accompanying the simultaneous activation of two alternative, incompatible mental spaces (Dancygier & Sweetser, 2012; Dancygier & Sweetser, 2014).

Dancygier (2012) defines negation in terms of alternativity as follows:

"The negative particle *not* is...said to set up two alternative spaces, rather than just one: the negative space described in the sentence and its positive alternative." (69)

To illustrate, consider Fauconnier's example (1994[1985], (as cited in Dancygier, 2012)): (1) There is no milk in the fridge.

(69)

By virtue of the negative construction, (1) presupposes the relevance of a context in which there is milk in the fridge. It would be odd to utter (1) in reference to a broken and abandoned fridge that one had come across on a hike across some rarely accessed pastures on the edge of town. For the negative construction to make sense, the positive "alternative" must hold some kind of relevance in the discourse context. How the speaker interacts with these two alternative spaces in discourse lends negation its function as an indicator of *epistemic stance*.

## 2.2.1.2 Epistemic stance

Dancygier (2012) argues that alternativity gives negation the function of indexing information about the speaker's knowledge and beliefs about the world, by expressing their *epistemic stance* in discourse. Alternativity is fundamentally linked to subjectivity, and thus provides a mechanism through which the speaker's viewpoint can be implicitly encoded into the structure of the statement. As Dancygier notes: "When the alternatives are signaled in the discourse, the argumentative function of negation prevails" (87). Through negation, a speaker can indicate to their listener that which is considered relevant within a given discourse context, even when it is not objectively present. Relevance that persists even in absence provides evidence as to the knowledge and beliefs of the speaker. This provides a context in which formal aspects of discourse can provide information about underlying cognitive structure.

## 2.2.2 Typicality

Similar semantic structure to that of negation has been used to describe typicality, a fundamental cognitive component. We all rely on our sense of what is typical to interpret the world and to make predictions about what is likely to happen. However, the role of typicality long went unnoticed in the theoretical study of categorization, with categories traditionally being defined by a set of necessary and sufficient conditions, equally

representative of all members (see Smith & Medin, 1981). The "classical view" of categories is so named because of its origins in the writings of Aristotle (Ackrill, 1963). It forms the foundation of a long tradition of describing categories via the set of features that characterize their members, a tradition that continues to this day.

Scholars in the 20<sup>th</sup> century began questioning the idea that every member could be considered equally representative of the category to which they belonged. A category is, after all, a cognitive tool that makes it possible to treat as the same, a set of entities that are in fact, different (Mervis & Rosch, 1981) In an often-quoted section of *Philosophical Investigations* (1953), Wittgenstein asks the reader to consider the category *games* but to "look and see whether there is anything common to all," i.e. a set of necessary and sufficient conditions shared by all members. "-For if you look at them you will not see something that is common to *all*, but similarities, relationships, and a whole series of them at that." (section 66, pg. 27). Rather than a set of necessary and sufficient conditions amounting to a mental checklist of requirements for category membership, Wittgenstein proposes a family of resemblances (see also Rosch & Mervis, 1975) as the structure organizing human categories. He suggests that category members are like family members: some share the same hair color, others share the same nose, while others share a particular disposition, but no two members need be (nor are likely to be) exactly alike. The family of resemblances is coherent because all category members are in effect marked by their relative similarity to an abstract representation of the category: the prototype. Measuring similarity in terms of metaphorical space (Pothos & Wills, 2011;

Voorspoels, Vanpaemel, & Storms, 2011) the prototype occupies a central position within the category, defining where other members lie as well.

#### 2.2.2.1 Cognitive Reference Points

This prototypical member can be thought of as serving as a point of cognitive reference, structuring the category both internally, in terms of its own members, and in relation to other categories. (Davis & Love, 2010). Rosch (1975) defines a *cognitive reference point* as follows (emphasis mine):

"To be a 'reference point' within a category, a stimulus must be shown to be one which other stimulus are seen in relation to." (532)

Rosch operationalizes this definition via two seemingly disparate tasks, one linguistic and the other involving spatial judgments. She demonstrates that people have a tendency to place members who represent "best examples<sup>1</sup>" of their categories in the reference position in a sentence completion task and thus are more likely to produce a sentence like "52 is essentially 50" rather than "50 is essentially 52" (with decimal integers serving as "best examples" within the categorical domain of decimals). Additionally, she demonstrates that when asked to represent "psychological distance" as physical distance between a prototypical member and a less-typical co-member, people will systematically judge the less-typical member to be "psychologically" (and thus physically) "closer" to a typical member than the typical member is to the less-typical member. This means that

<sup>&</sup>lt;sup>1</sup> The "best example" of a category has been widely used to operationalize typicality.

people are likely to judge 52 to be "closer" to 50 than 50 is to 52. Together these results suggest that prototypical members are more strongly associated with atypical members than the reverse, illustrating the asymmetry that characterizes the basic nature of the relationship between the typical and the atypical.

Rosch and colleagues present convincing evidence to support the relevance of *similarity to a prototype* as a mechanism defining human categorization. This, however, fails to address the question of how a feature or combination of features comes to represent the categorical "best example" in the first place. To this point, Mervis & Rosch (1981) argue that human natural categories are non-arbitrary, or perception-based. To illustrate their point, they provide eight potential classes of creatures on Earth, based on binary variation in "coat," "oral opening," and "primary mode of locomotion":

- (a) those with fur and mouths, which move about primarily on foot.;
- (b) those with fur and mouths, which move about primarily by flying;
- (c) those with fur and beaks, which move about primarily on foot;
- (d) those with fur and beaks, which move about primarily by flying;

(e) those with feathers and mouths, which move about primarily on foot;

- (f) those with feathers and mouths, which move about primarily by flying;
- (g) those with feathers and beaks, which move about primarily on foot;
- (h) those with feather and beaks, which move about primarily by flying;

(page 91)

They point to the obvious: that this even distribution of traits does not occur in the real world. To the contrary, just two categories, (a) representing mammals, and (h) representing birds, can account for the vast majority of the total data set meeting the above parameters. The idea that human categorization is arbitrary only makes sense, they argue, in a world of evenly distributed features. In our world, our categories pick out

perceived "clusters of features," with prototypical members located at the center of these clusters. Prototypical members are thus selected because they are instantiations of a mean distribution of the perceived features associated with the category. This view can be labeled *category centrality* (Sloman, Love, & Ahn, 1998), because the prototypical member represents an average of the salient features of all know category members.

## 2.2.2.2 Functional knowledge

At issue with the claim that human categories are perception-based is the fact that categorical centrality is not always predictive of what is considered typical (Rips, 1989; Atran (1999)). Rather, contextual factors, like culturally relevant goals and ideals, the reasoner's familiarity with the category (Barsalou, 1985), and their beliefs about causation (Ahn, Kim, Lassaline, & Dennis, 2000; Lagnado & Sloman, 2004; Rehder & Burnett, 2005), can have a significant effect on judgments of typicality. For example, given the right context, an extreme value on an ideal dimension (in the ideal direction) can predict typicality better than central tendency (Barsalou, 1985; Voorspoels et al. 2011). Illustrating this point, Lynch, Coley, & Medin (2000) found that within the domain of trees, human populations with expert knowledge differed in their judgments of what was typical, as compared to novice populations. For expert populations, best examples of the category were selected based on extreme values (considered ideal by the expert population) on two dimensions: (+) height and (-) weediness. These results provide an example of factors that contribute to typicality, but that are not accounted for in Rosch et al.'s perception-based description. Rather, this effect has been explained as arising from culturally-specific ideals that form part of the speakers' functional knowledge of the world (Medin and Atran, 1999, Barsalou 1985). Similar results have been reported within the domain of birds (Atran, 1999) and fish (Burnett, Medin, Ross, & Blok, 2005).

Another example of the link between functional knowledge and typicality is Sloman et al. (1998)'s explicit connection between the speakers' beliefs about the mutability of a feature, and that feature's perceived typicality. They describe a feature's salience in typicality judgments as negatively correlated with people's willingness to transform the concept to remove the feature or change its values, while still maintaining the overall coherence of the concept. At the heart of this claim is the idea that coherence is based on *dependency structure*, and that features that form the foundations of logical dependencies are less mutable than features that do not, analogous to the fact that it is easier to remove a book from the top of a stack than the bottom of a stack. A prototypical example of dependency structure is causal relationships, in the sense that effects are dependent upon their causes. Temporal dependency structure, a defining structural characteristic of narrative (Labov & Waletzky, 1967) represents another example.

Sloman et. al (1998) operationalized mutability via judgments along four dimensions: surprise, ease-of-imagining, goodness of example, and similarity-to-an-ideal. The mutability of the feature *grows on trees* within the category *apples* is thus measured in terms of answers to the questions:

- How surprised would you be to encounter a real apple that does not grow on trees?
- How easily can you imagine a real apple that does not grow on trees?
- How good an example of an apple would you consider an apple that does not ever grow on trees?
- How similar is an apple that doesn't grow on trees to an ideal apple?

In contrast, *category centrality* indicative of the "cluster of features" approach is measured in terms of questions such as:

• What percentage of apples grow on trees?

(195)

Implicit in the differentiation of typicality and categorical centrality is the acknowledgement that it is not simple to identify the parameters constraining the judgments of similarity that produce typicality structure (Medin & Murphy, 1985). To the contrary, the criteria upon which judgments of similarity are based is much more context-dependent than the perception based view suggests (Barsalou, 1987). Empirically documented variability in the criteria by which typicality is assigned has given rise to questions as to whether a description of a uniform cognitive structure, applicable to all concepts regardless of context, is worth pursuing (Weiskopf, 2009; Machery, 2005). Rather, perhaps a theoretical flaw lies in the assumption that, to be valid, theories elaborating on the mechanisms that produce typicality must be able to

account for every instance of typicality effects in every situation, as compared to the performance of competing theories. Weiskopf argues instead for the "plurality of concepts," maintaining that concepts can potentially be represented via a variety of different structures, depending on the context. But this raises the question of how, outside of an experimental paradigm like Rosch's (1975), can the factors contributing to typicality in a given context be identified? My claim is that, in the context of the discourse presented in this study, negative constructions can serve as a tool towards this end.

#### 2.3 Summary

Section 2 has provided a structural description of both negation and typicality in terms of asymmetry of reference. In both cases, one element of the binary (affirmation and typicality respectively) is described as asymmetrically referential in relation to the other element (negation and atypicality). Additionally, in both cases, this structure is considered sensitive to functional knowledge about the world. The analysis that follows will support the claim that there is a correlation between negative constructions and typicality structure, allowing the distribution of negative constructions to serve as a source of evidence as to the context-specific notions of typicality that are at play.

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## 3. Methodology

## 3.1 Introduction

In this paper, I argue for a methodological approach to discourse that connects linguistic phenomenon to psychological theory. Using cognitive psychology as a basis for describing the semantics of natural language is not a recent innovation. Rather, Rosch's work prefigured the most important developments in the study of linguistics from a cognitive perspective (Lakoff, 1990). Also well-established is the recognition within the field of discourse analysis of the relevance of cognitive theory. For example, Teun van Dijk has devoted much attention to the greater descriptive potential of Critical Discourse Analysis (van Dijk, 1993) when combined with cognitive theory (van Dijk, 1976, 1977). He describes a triangle that connects discourse, cognition, and society, suggesting that one cannot be fully understood without attending to the others.

#### 3.2 Description of the data

The data used in this study consists of a corpus of 22 videos narratives of personal transgender identity, uploaded to YouTube between 2011 and 2015 and transcribed between the fall of 2014 to the spring of 2016. The examples presented here are excerpted from the personal narratives of individuals who self-identifying as transgender men. Line numbers reference the complete transcript. For the complete transcript, see Appendix A.

### 3.3. Control of Topic

Within the field of discourse analysis, researcher seek to describe the underlying structure of talk and text, with the ultimate aim of explicating aspects of human society and human cognition. Within this tradition, it is useful to look not only at what is said but what is not said, and how the topic is selected (van Dijk, 1993). It is the nature of negation that many more negative descriptions will correctly apply to any given situation than affirmation descriptions. Thus, if many speakers are describing their experience via the stated absence of a particular feature, it raised the question of how that topic is being selected as relevant to the discourse context.

#### 3.3 Summary

This section has provided the necessary background to the analyses presented in the following section. A basic assumption upon which this study relies, namely that the data is an appropriate source of evidence to support the claims, itself implies a particular methodological perspective that maintains linguistic data, and the semantics of natural language, as intricately linked with the theories of cognitive psychology (Jackendoff, 1983). It is from this perspective that the current study was undertaken.

## 4. Data Analysis and Presentation

### 4.1 Introduction

The data presented in this section will provide evidence that a relationship exists between negation and typicality, allowing negation to serve as an indicator of the typicality

structure that is at play in this discourse context. Section 4.2 presents an analysis based upon people's descriptions of their functional understanding of what is typical in this context. It will make use of Sloman et al.'s measures of immutability (surprise, ease-ofimagining, goodness of example, and similarity-to-an-ideal), along with speakers' explicit descriptions of typicality in this context, to illustrate the salience of the semantic feature +/-KGYA.

Section 4.3 will provide an alternative analysis of typicality in this context, operationalized in terms of asymmetry of reference. The asymmetry of reference associated with typicality will be shown to be indexed in the form of negative constructions, used primarily by speakers who represent themselves as -KGYA. The data will illustrate how this use of negation allows the speaker to maintain the typical as a point of reference, whether or not typical features are representative of the speaker's experience. In this way, typical features remain consistently salient across narratives in the discourse context. This supports Dancygier (2012)'s analysis of negation as indexing the speaker's *epistemic stance*, as it is through knowledge of the context-specific typicality structure of the category *transgender* that speakers select salient features of the typical narrative for description, leading speakers who are not "typical" to describe themselves in terms of what is absent.

4.2: Typicality: a functional approach

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The examples presented here will support the claim that people within this speech community perceive +KGYA to be a highly salient feature in typicality judgments surrounding the *transgender* social category. This claim is based on evidence of +KGYA's immutability (Sloman et al., 1998) in the context of the typical narrative of transgender identity. Example 1 is an excerpt from a 2014 video "How I did NOT know I was trans:)," narrated by a young-adult, self-identifying transgender man. In it, he describes his understanding of what constitutes a "typical trans storyline" (line 1750).

#### Example 1

1745	What I wanted to talk about in this video is	
1746	um	
1747	I guess	
1748	uhh	
1749	the idea of a trans narrative	
1750	um that sort of typical trans storyline we all	
1751	we all come across	
1752	at one point or the other	
1762	you know	
1763	I knew I was trans when I was two	
1764	and I've just always been a boy	
1765	and that's who I am	
1903	that sort of like	
1904	yeah I knew when I was very young	
1905	yes I was	
1906	um puberty was a shock	
1907	I feel intense dysphoria about my entire body	
1908	and whatever	

The speaker acknowledges the existence of a "typical trans narrative" (line 1750), and defines it as containing the following semantic points: "I knew I was trans when I was two" (line 1763), "I've just always been a boy" (line 1764), "I knew when I was very

young" (line 1904), "puberty was a shock" (line 1906), and "I feel intense dysphoria about my entire body" (line 1907). Of these five points, three relate directly to +KGYA ("I knew...when I was two," "I've always been a boy," and "I knew when I was very young"), and one relates indirectly to +KGYA ("puberty was a shock"). Also compelling is the speaker's description of what, in his view, assigns his own personal narrative its atypical status. After a description of his atypical (-KGYA) personal narrative (see example 7B), the speaker continues with an assessment of the relationship between the two narratives:

#### Example 1 (cont.)

2069	as you can see with my
2070	my story
2071	there is some overlap
2072	to the traditional trans narrative
2073	if you add in
2074	like a little bit more clarity
2075	or a little bit more confidence
2076	about the gender that I felt I should have been
2077	like
2078	if I'd been like
2079	and this is all because I thought I should be a boy
2080	then it sounds like the traditional
2081	sort of
2082	transgender narrative
2083	um I mean
2084	to be perfectly honestly
2085	like
2086	I had no idea where any of this was coming from

The speaker acknowledges "overlap" (line 2071) between his personal narrative and the

"traditional trans narrative" as he has defined it. In his view, what would make his

narrative typical is if "you add in like, a bit more clarity, or a bit more confidence about

the gender I felt I should have been...if I'd been like, 'and this is all because I thought I

should be a boy,' then it sounds like the traditional sort of transgender narrative" (line 2073-2082). In other words, the thing differentiating the speaker's narrative from a typical one is the absence of KGYA, highlighting the features immutability in a typical transgender narrative. The speaker goes on to describe how the absence of the feature +KGYA in his personal narrative has affected his self-categorization:

#### Example 1 (cont.)

2167	like even when I started testosterone
2168	I identified as trans
2169	but I think
2170	because I didn't have that trans-narrative
2171	um I guess
2172	I almost
2173	didn't allow myself to believe I was legitimately trans
2174	um
2175	and that caused a lot of confusion

While the speaker "identified as trans," (line 2168), he struggled to see himself as "legitimately trans" (line 2173), specifically because of his –KGYA personal narrative ("because I don't have that trans-narrative" (line 2170). Framing +KGYA as a legitimizing feature of transgender identity highlights its immutability within this context. Recall that Sloman et al. define immutability as the extent to which a concept cannot be transformed to remove a particular feature while still maintaining overall coherence, as indicative of typicality. In the excerpt above, the speaker seems to struggle with this very operation, or how to reconcile his concept of himself as a transgender person with the lack of a feature (+KGYA) that seems integral to the coherence of the concept, and thus to its legitimacy. The description offered by the speaker above seems to suggest that a transgender person who is –KGYA is difficult to imagine, dissimilar to the ideal, and a

poor example of the category. In the context of Sloman et. al's measures of typicality, this provides strong support for +KGYA as typical in this context.

Example 2 is an excerpt from a 2011 YouTube video titled "Fake Transgender," (see also Example 6A) narrated by young-adult, self-identifying transgender man. In it, the speaker describes his perceptions of a "typical story of someone who's transgendered" (lines

4787-4789).

#### Example 2

it's a really
typical story of
um
someone who's transgendered
it seems like
based on other videos I've watched
and research I've done
its like
when you are
a transgendered F to M
it's just something that's with you your entire life
you're born that way
you know every step along the way that you're different

4799 something's weird

The speaker identifies a "typical story" as containing the following points:" it's just something that's with you your entire life" (line 4796), "you're born that way" (line 4797), "you know every step along the way you're different" (line 4798), and "[you know] something's weird" (line 4799). Of these four point, two relate directly to +KGYA ("you know every step along the way you're different," "[you know] something's weird") and two relate indirectly to +KGYA ("It's just something that's with you your entire life," "you're born that way"). The speaker goes on to consider narratives that are -KGYA, describing how they have led him to question the coherence of his

concept of transgenderism as he described it above.

## Example 2 (cont.)

4813	and sometimes I hear stories
4814	from other trans guys
4815	that's like
4816	or just from people who watch my videos
4817	that are like
4818	I'm exploring the possibility that I might be trans
4819	or
4820	I'm trans
4821	but I didn't know like all my life
4822	as you did
4823	like
4824	I was kind of a normal
4825	more like normal little girl
4826	and then I just think
4827	um
4828	you know
4829	how much variability is there
4830	like what is
4831	what do you think is
4832	more common
4833	and why do you think
4834	
4835	
4836	because
4837	to me it seems like
4838	I don't know
4839	
4840	there's just this typical way
4841	and then there's these non-typical ways
1001	the I must have been a fermious
4864 4865	so I was just kind of curious
	if you can answer that question down below
4866	
4867	about
4868	like uh
4869	if you had a typical-experience
4870	a non-typical experience
4871	um
4872	and you know
4873	when you figured out that you were trans

4874	because
4875	it's not
4876	it's like
4877	there's a question in the human life
4878	which is
4879	who am I
4880	but everybody knows
4881	what they are
4882	it's like you're discovering who you are
4883	but what you are
4884	you kinda of know
4885	you know you're trans
4886	not like
4887	I think I'm trans
4888	how does that work
4889	how does that happen
4800	please help me understand

4890 please help me understand

In spite of his previous confidence in his concept of transgenderism, the speaker acknowledges that hearing of –KGYA narratives of transgender identity has made him question "how much variability is there" (line 4829), and "what…is more common" (line 4831-4832). His overall sense of confusion ("please help me understand" (line 4890)) suggests that he has difficulty maintaining coherence in his concept of transgenderism in the absence of +KGYA as a feature, again pointing to the immutability, and by extension typicality, of +KGYA. The speaker seems to be asking the same question that Sloman et al. (1998) asked to measure categorical centrality: "What percentage of transgender people are +KGYA?" although his question of "why there's such a diversity of different experiences within the trans thing" (line 4833-4835) seems to already assume that variability exists. Despite his explicit uncertainty as to the categorical centrality of +KGYA, he seems nevertheless confident that +KGYA characterizes the "typical" (line 4840, 4869) as opposed to the "non-typical" (line 4841, 4870), again providing evidence

of its weight in judgments of typicality.

Example 3 is an excerpt from a 2015 YouTube video titled "I didn't know I was

transgender," narrated by a young-adult, self-identifying transgender man. In it, the

speaker describes his perception of typicality in this context.

### **Example 3**

- 5818 The whole transgender thing
- 5819 there's so many trans men out there
- 5820 that talk about their journey
- 5821 to discovering who they were
- 5822 well
- 5823 a lot of them say like
- 5824 they knew
- 5825 from a very young age
- 5826 like even before they knew what transgender was
- 5827 and for the longest time
- 5828 whenever I watched those videos
- 5829 for the longest time
- 5830 I thought I didn't
- 5831 because I didn't relate to that
- 5832 that it was invalid
- 5833 that I was invalid
- 5834 and that
- 5835 I couldn't be transgender because
- 5836 I didn't feel how they felt
- 5837 even though every person's different
- 5838 it's just so many trans men said
- 5839 I knew since I was from a young age
- 5840 that I was different
- 5841 that I couldn't live as a girl
- 5842 blah blah
- 5843 but that was not the case for me

Unlike the speaker in the previous two examples, the speaker in Example 8 does not refer

directly to the structure of typicality in the transgender context. However, he alludes to it

as he highlights his perception of +KGYA as categorically central ("there's so many trans

men out there" (line 5819), "a lot of them say they knew from a very young age" (lines 5823-5825), "it's just so many trans men said I knew since I was from a young age" (lines 5838-5839)). He also reports a similar experience to the speaker in Example 1, of struggling with feelings of illegitimacy specifically because of his –KGYA status ("I thought…that I was invalid and that I couldn't be transgender" (lines 5833-5835). His statements indicate immutability as defined by Sloman et al.'s measure, ease-of-imagining, reflected in his initial difficulty imagining himself as legitimately transgender man, given that +KGYA is not a feature of his personal narrative. This again points to the to +KGYA as indicative of a typical experience.

Example 4 provides another example of +KGYA being referenced as typical within the current context. It is an excerpt from a 2015 video title "Transgender Today: I Didn't Always Know," (see also Example 10B) narrated by a young-adult, self-identifying transgender man.

#### **Example 4**

- 5764 not all trans people are the same
- 5765 and not all trans narratives are the same
- 5766 the media today
- 5767 tends to paint this
- 5768 portrait of trans people
- 5769 and it tends to paint
- 5770 every trans person as being the same
- 5771 and having the same story
- 5772 and thinking the same thoughts
- 5794 I get the question all the time
- 5795 did you always know
- 5796 and when I answer that question with no
- 5797 people are floored
- 5798 because the narrative that they have in their heads is that

- 5799 I always knew I was in the "wrong body"
- 5800 and I always had a feeling that I was "different"

5801 but really that's not true

As in the previous three examples, in the excerpt above, the speaker highlights +KGYA as particularly salient to the transgender concept in this context. He refers to "the narrative that [people] have in their heads," (line 5798) a description that is reminiscent of the abstract instantiation of the concept, or the "best-example". The speaker describes the narrative as containing two points "I always knew I was in the 'wrong body'" (line 5799), and "I always has a feeling that I was 'different,'" both directly related to +KGYA. The speaker describes the reaction when he shares his –KGYA narrative, as "people are floored" (line 5797), implying that people are surprised to encounter a transgender person who is not +KGYA, in line with what we expect of a typical feature based on the measures provided by Sloman et al. The presumption of a +KGYA narrative ("...the narrative that they have in their heads" (line 5798)) also implies that in the speaker's view, it is easier for people to imagine a transgender person who is +KGYA as compared to one who is -KGYA, again indicating the immutability of that feature, and its typical status in this context.

Example 5 provides a final example of a functional description of typicality within the category transgender. It is an excerpt from a 2011 video titled "Traditional vs. Non-Traditional Trans Narrative (video response to Forest)," narrated by a young-adult, self identifying transgender man, who is responding directly to the questions posed by the speaker in Example 2.

# Example 5

4891	you brought up the point that
4892	there seems to be so much variance between
4893	trans guys and when they start identifying as trans
4894	and why there are some trans men like yourself
4895	who know from
4896	the time they're a little kid that
4897	they're trans
4898	and then they're
4899	that they are trans
4900	and then there's
4901	other trans guys who
4902	go through a period
4903	much later in life
4904	in their early twenties
4905	thirties
4906	fifties
4907	what have you
4908	and are questioning it and saying
4909	I think I might be trans
4910	or
4911 4912	they come to terms with
4912	their trans identity and are confident that they're trans
4914	but
4915	acknowledge that
4916	they did not know that
4917	from the time they were a little kid
4918	which is where I fall
4919	on the spectrum
4920	um
4921	and
4922	it's something that
4923	I really struggled with
4924	when I first realized that
4925	I was struggling with my gender identity
4926	Ι
4927	I think I was under the impression
4928	that the traditional trans story
4929	was the only trans story
4930 4931	and so because that did not
4931	immediately resonate with me
4933	um
4934	it made it really hard for me to

4935	make sense of		
4936	who I really am		
4937	and to		
4938	um		
4939	feel sure and confident		
4940	um, I was terrified that		
4941	I would be viewed as		
4942	fake		
4943	or		
4944	um		
4945	not the real deal		

The speaker in Example 10 refers to the "traditional trans story," (line 4928) in which the person "knows from the time they're a little kid that they're trans" (line 4895-4896), (+KGYA) something that he once thought "was the only trans story" (line 4929), suggesting its perceived typicality. Again, there is evidence of the perception of +KGYA as an immutable feature of transgender narrative, with the speaker reporting that a – KGYA experience led to confusion about his identity ("it made it it really hard for me to make sense of who I am" (line 4934-4936)), and fear that he would be seen as illegitimate ("I was terrified that I would be viewed as fake, or not the real deal" (lines 4940-4945)).

The examples presented in this section have provided a functional description of typicality this context of transgender identity. Together they point to +KGYA as a feature of particular prominence. The section that follows will produce a similar conclusion, but via an alternative hypothesis, which relies on negative constructions as an indicator of the underlying typicality structure of the discourse context.

### 4.3 Typicality: a formal approach

The following examples will provide evidence of asymmetry of reference in discourse, and argue that it marks a cognitive reference point, as defined by Rosch (1975), with negation indexing typicality structure. Through the alternativity of negation (Dancygier, 2012), this pattern satisfies the formal definition of a cognitive reference point as a stimulus that other stimuli are seen "in relation to,". Each of the following examples will present a narrative (Narrative A), in which a person describes their experience using affirmation, along side a second narrative (Narrative B) in which a person describes their experience as the negative counterpart of Narrative A. In each case, this contrast is drawn along the dimension (+/-)KGYA. On the basis of this formal criteria, it is possible to classify narratives that are +KGYA as cognitive reference points, providing evidence about typicality in this context and the functional knowledge underlying those beliefs. This analysis produces a result in alignment with the analysis presented in the previous section.

Example 6 presents data illustrating the asymmetry of reference that will characterize every example presented in this section. Example 6A is an excerpt from a 2011 YouTube video titled "Fake Transgender," narrated by young-adult, self-identifying transgender man. Example 6B is an excerpt from a 2015 YouTube video titled "FTM Edition: How I "Knew" I Was Trans," narrated by a different young-adult, self-identifying transgender man.

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#### **Example 6A**

#### Example 6B

477	0 um	5748	so
477	1 when I think of my experience	5749	this is my experience
477	2 as a transgendered	5750	you wanna know how I knew
477	3 female to male	5751	I'll tell you
	4 it was something	5752	I didn't
	5 that was very weird to know	5753	I didn't know
477	6 that I had	5754	I was trans
477	7 inside of me	5755	I am <b>not</b> one of those
477	8 when I was little	5756	lucky people
477	9 you know	5757	who knew since they were
478	0 I knew I was a boy	5758	very young
		5759	that something was different
		5760	that they were special
		5761	that something was wrong
		5762	no

In Example 6A, the speaker describes the experience of knowing since he was "little" (line 4778) that he "was a boy" (line 4780), elaborating that it was "something that was very weird to know that I had inside of me," (lines 4774-4777). Compare this to Example 6B, in which the speaker also references a similar experience of having knowledge "since they were very young that something was different, that they were special," (lines 5757-5760). However, the speaker in 6B makes it clear that the narrative he is referencing in these lines is not representative of his own, as he is "not one of those lucky people" (line 5755-5756) who can claim this experience. Though not representative, the speaker nevertheless describes his personal narrative "in relation to" the narrative presented in 6A.

5763

so I didn't know

Examples 6A and 6B illustrate the asymmetry of reference characteristic of the relationship between typical and atypical category members: both speakers reference a "typical" narrative in order to describe themselves, in spite of the fact that the "typical" narrative, is only claimed to be representative of the speaker in Example 6A. Within the semantic structure of negation, +KGYA is being "placed" by the speaker in the reference position, much like the "best examples" were placed in the reference position of Rosch's linguistic and spatial tasks. While in Example 6A, the speaker responds to the question of how he knew he was transgender by affirming what he knew ("I knew I was a boy" (line 4780), the speaker in Example 6B, atypical in this context, responds to the question of how he knew by describing what he *didn't* know ("I didn't, I didn't know I was trans. I'm not one of those lucky people…no I didn't know" (lines 5752-5763)) and what he is *not* ("I'm not one of those lucky people " line 5755). The speaker's use of negation, allows him to reference the typical, even in its absence.

The two speakers in Example 6 are able to use similar language to describe their differing experiences, because one is describing what happened, and the other is describing what did not happen. In this way, as predicted by Dancygier (2012), negation is being used to reflect the speakers' epistemic knowledge that KGYA is relevant within the broader discourse context, whether it is characteristic of the experience being described in the local context or not.

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The data in Example 7 will illustrate the same pattern as Example 6 above. Example 7A is an excerpt from a 2014 YouTube video titled "FTM-How I knew I was Trans," narrated by a young-adult, self-identifying transgender man. Example 7B is an excerpt from a 2014 video "How I did NOT know I was trans:)," narrated by a different, young-adult, self-identifying transgender man.

## Example 7A

#### Example 7B

6123	yeah
6124	how I knew I was trans
6131	I like to say that I
6132	always knew
6133	when I was little
6134	like
6135	when I was a little boy
6136	I was a little boy

5025	Ι
5026	have been thinking so much
5027	about um
5028	not only how I know I'm trans
5029	but
5030	why I did not know before
5031	so for that reason
5032	I'm making this video
5033	how I
5034	did not know
5035	that I was trans
5036	before
5043	so
5044	why did I not
5045	realize I was trans earlier
5062	when I was younger
5063	like a kid
5064	or
5065	a teenager
5066	I didn't think about
5067	being a boy
5068	I'm not one of those people
5069	who from a young age
5070	was like
5071	oh
5072	I'm actually a boy

#### 5073 that didn't happen for me

In Example 7A, the speaker affirms that he "always knew" (line 6132) from the time he "was little" (line 6133) that he was transgender. He describes himself in childhood by stating: "I was a little boy" (line 6136). In Example 7B, the speaker references a similar experience, here attributed to "those people, who from a young age was like 'oh, I'm actually a boy" (lines 5068-5072). However, as was the case in the Example 6B, the speaker in Example 7B makes it clear that the experience of "those people" is not representative of his personal experience. Although it is not representative, he

As in Example 6, Examples 7 illustrates negation's role in indexing typicality in the discourse. While the speaker in example 7A represents his experience through affirmation, the speaker in 7B instead describes what he did *not* know (line 5030, 5034), what he did *not* realize (line 5044-5045), what he did *not* think about (line 5066-5067), what his is *not* (line 5068) and what *didn't* happen for him (line 5073). It is possible for very similar language to be used to describe different experiences, precisely because one speaker is describing what was, and one speaker is describing what was not. The speaker in Example 7B acknowledges, as he concludes his video, that the narrative he has produced contains little positive description of his actual experience:

Example 7B (cont.) 5682 um 5683 anyway 5684 I think that

5685	that's all that I wanted to say
5686	I'll make another video about
5687	sort of
5688	the more positive aspect of it
5689	like
5690	not why I didn't realize I was trans
5691	but how I do
5692	know I'm trans
5693	so stay tuned
5694	thanks for watching
5695	bye

In the excerpt above, the speaker expresses an awareness of two different "aspect[s]" (line 5688) of personal transgender identity that he could potentially describe, the "why I didn't realize I was trans" (line 5690) aspect, and the "more positive" (line 5688) "how I do know I'm trans" (line 5691-5692) aspect. His representation of his personal narrative via the former, rather than the latter again highlights the to a tendency to negate the typical, rather than affirm the atypical, or stated another way, it points to a relationship between typicality structure and negative constructions.

The data presented in Example 8 will provide another illustration of the pattern documented in Examples 6 and 7. Example 8A is an excerpt from a 2013 YouTube video titled "How I knew I was transgender," narrated by a young-adult, self-identifying transgender man. Example 8B is an excerpt from a 2011 YouTube video title "How I knew I was trans: My Story and the Trans Narrative," narrated by a different young adult, self-identifying transgender man.

### Example 8A

952 um
953 from about age four
954 I think
955 I can remember
956 having this awareness of being a boy
957 and just not understanding
958 why people were treating me differently
959 to other boys

### Example 8B

- 1916 when I was a kid
- 1917 I mean
- 1918 I didn't
- 1919 I didn't think I was a boy
- 1920 you know
- 1921 like I didn't have any sort of
- 1922 confusion growing up
- 1923 where I was like
- 1924 no I'm a boy
- 1925 why is everybody calling me a girl
- 1926 or any experiences like that

The speaker in example 8A reports an "awareness of being a boy," along with a sense of confusion at not being treated like one (lines 956-959). The speaker in 8B references a similar experience of "confusion growing up, where I was like no I'm a boy, why is everybody calling me a girl" (lines 1922-1925). However, as was the case in the previous example, the similarity in language does not point to similar experiences. Rather, as in the previous examples, the speaker in Example 8A refers to what happened, while the speaker in Example 8B refers to similar events, but only to note that in his personal experience, they did not happen. In this way, Example 8A again demonstrates that the semantic feature +KGYA satisfies the definition of a cognitive reference point, because other stimuli are being described "in relation to" this characteristic.

As was the case in the previous example, Example 8B again shows negation being used as a means through which the typical is referenced in both typical and atypical cases. While the speaker in Example 8A affirms his "awareness" (line 956), the speaker in 8B describes himself in terms of what he didn't think (line 1918-1919) and experiences he didn't have (lines 1921-1926), again referencing the typical by negating it in its absence.

Example 9A is an excerpt from a 2014 video titled "FTM how I knew I was transgender," narrated by a young adult, self-identifying transgender man. Narrative 9B is an excerpt from a 2013 YouTube video titled "I Didn't Know I Was Trans!" narrated by a different young adult, self-identifying transgender man.

#### **Example 9A**

#### **Example 9B**

780		2351	SO
	ok so	2352	how did I know I was transgender
781	its best to start at the beginning	2353	pretty much
782	when I was four years old	2354	I decided to go about this topic
783	um	2355	in a way that might be a little different
784	was when I had my	2356	umm
785	sort of	2357	its
786	earliest memory of	2358	really going to be called
787	knowing I was male	2359	I didn't know I was transgender
		2360	ok
		2361	I was not one of the
		2362	umm
		2363	I'm gonna say
		2364	I consider lucky or
		2365	I guess
		2366	well-knowledged
		2367	people
		2368	who knew at the age of three
		2369	or four
		2370	or five or six
		2371	that they were not
		2372	the gender that they were born at

As in the previous three examples, in Example 9A, the speaker's "earliest memory of knowing" (line 786-787) is represented with affirmative constructions. And as before,

the speaker in 9B offers a similar description of knowing very early in childhood that "that they were not the gender they were born at," (line 2371-2372). As was the case in Example 6B, 7B, and 8B, the so-described experience in 9B is represented as explicitly not characteristic of the speaker's experience. The same correlation can be seen between negation and asymmetry in lines (2359) and (2361). Once again, we see the speakers understanding of typicality in this context indexed in the discourse with negative constructions.

Example 10 will provide a final example of a formal approach to typicality within this context, defined by asymmetry of reference, and marked by the relationship between negation and typicality structure. Example 10A is an excerpt from a 2012 YouTube Video titled "How I knew I was Trans," narrated by a young-adult, self-identifying transgender man. Example 10B is an excerpt from a 2015 YouTube video "Transgender Today: I Didn't Always Know," narrated by a different young-adult, self-identifying transgender man.

### **Example 10A**

4678	being trans its like	58
4679	well you	58
4680	you're in the wrong body	58
4681	you're gonna know that from a young age	58
4682		58
	and I guess	58
4683	I like	58
4684	I didn't really realize that	58
4685	I was so different	58
4686	I just thought	58
4687	I was one of the lads	58
1007	i muo one or me muo	50

#### Example 10B

5802	and um
5803	as a five-year-old
5804	I didn't look inside myself and think
5805	I am in the wrong body
5806	because
5807	I was five
5808	I just didn't have
5809	that self awareness
5810	and I wasn't growing up in a place that
5811	I was able to have that self awareness
5812	and its great when people do have that
5813	but it's also important to know
5814	that <b>not</b> all trans people have that

5815	and <b>not</b> every trans person
5816	has to be this way
5817	in order to be trans

Example 10A and 10B, show a pattern similar to that of Examples 6-9. While the speaker in Example 10A affirms that "being trans, it's like, you're in the wrong body, you're going to know that from a young age" (lines 4678-4681), the speaker in 10B uses very similar language to communicate that this was not his experience ("I didn't look inside myself and think 'I am in the wrong body" (lines 5804-5805)).

# 4.4 Summary

The analysis in this section supports the claim of negation serving as an indicator of context-specific knowledge about typicality. Section 4.2 demonstrated the typicality of +KGYA narratives via speaker's descriptions of their functional understanding of what is typical in this context. Section 4.3 demonstrated that the structure of negation provides a vehicle through which the speaker can index this asymmetry of reference that characterizes relationships based on typicality structure, maintaining the typical as a point of reference to describe the atypical. Together, the analysis presented here suggests alignment between the outcomes of these two modes of inquiry: they both point to +KGYA as particularly salient to typicality decisions in this context. This supports the claim that negative constructions can serve as an indicator of the typicality structure that underlies the semantics of discourse.

The implications of these results are discussed below.

# 5. Discussion

# 5.1 Introduction

Rosch called the conclusions of her 1975 study "simultaneously substantive and methodological," (544) and the same can be said about the current study. The results offer insight into the context-specific structure of typicality as it relates to the concept of transgenderism, as well as providing support for negation, and more broadly for analysis of discourse in the study of cognitive categorization. The findings, their implications, and future directions are discussed below, followed by a summary.

## 5.2 Discussion of findings

Section 4.2 provides descriptions of people's functional understanding of what is typical in this context, highlighting +KGYA as a highly salient feature. The examples illustrate the perceived typicality of +KGYA via the features immutability, or people's apparent difficulty in transforming their concept of transgenderism to represent this feature with an atypical (-) value, while maintaining the overall coherence.

The analysis in section 4.3 supports the claim that the distribution of negative vs. affirmative constructions relating to the semantic dimension KGYA is serving as an indicator of +KGYA narratives' status as a cognitive reference point within the category transgender. Furthermore, the examples demonstrated that negation is serving as a vehicle for the asymmetry of reference that defines a cognitive reference point, and by extension, describes typicality in this context. Typical speakers tended to describe their experience in terms of what did happen, and atypical speakers tended to describe their experience in terms of what did not happen. It is precisely because of this tendency to negate the typical, rather than affirm the atypical, that typical and atypical speakers are able to use very similar language to describe different experiences, thereby maintaining the typical as a point of reference that other narratives are described "in relation to."

# 5.3 Implications for practice

This research suggests that negation may be able to serve as an indicator of asymmetry of reference as it relates to typicality, providing researchers and clinicians with evidence about the underlying typicality structure in specific discourse contexts. This is particularly valuable given evidence that concepts are not uniform in structure, implying the need to evaluate them in context, and not only in controlled lab settings. Although typicality is openly discussed in this context, it is likely that in other contexts, notions about what is typical may not be so explicitly spelled out. In such a situation, other indicators of typicality within discourse could be valuable.

However, the uncontrolled nature of this study means that certain ambiguities remain, like the exact nature of the mechanisms connecting negation and typicality. One plausible possibility is that socially-shared notions about typicality are prompting people toward semantic structures that favor negative constructions to describe –KGYA narratives. However, there is also the possibility that the relationship could function in the other direction as well, and that negative constructions in the right context could lead people to make inferences about the underlying typicality structure. If this is the case, it could provide insight into a mechanism through which typicality is socially communicated and maintained, by creating a discourse environment in which the typical will always exceed the atypical in its frequency of instantiation (Barsalou, 1985), leading to the perception of greater and greater typicality for the already typical, regardless of the central tendency of the category. Given the qualitative and correlational nature of this study, it is impossible to say if this is the case, but if it is, it could have implications for critical theory, public policy, marketing, pedagogy, and clinical practice.

# 5.4 Areas for future research

The current study suggests several paths of revelant future inquiry. The first, while theoretically plausible that the same pragmatic tendencies described here might exist in other contexts, it is necessary to undertake work to demonstrate the correlation between negation and typicality structure is other contexts before making claims as to the generalizability of these results.

Furthermore, the result of this study could additionally be clarified and elaborated upon through careful empirical testing of the exact nature of the relationship between negation and typicality. An experimental paradigm could help clarify the direction of the relationship and thus, the implications of the results. This is generally in keeping with an approach to research in the social realm that involves an interplay between contextual data, and theoretically related, manipulated data produced in a lab environment.

# 5.5 Conclusion

To understand the nature of human categorization is to shed light on the cognitive landscape in which we dwell. The data presented here has shown that Rosch (1975)'s definition of a cognitive reference point as "a stimulus that other stimuli are seen in relation to," is applicable to +KGYA narratives in the context of the data presented here. What's more, the data has demonstrated that, in this context, negation serves as a tool through which typicality is indexed in the discourse.

As stated before, the implications of the findings presented here are both substantive and methodological. On the one hand, they offer empirical support to claims about typicality and transgenderism, and highlight +KGYA's status in governing typicality judgments in the context of social gender categorization. On the other hand, the results also implicate negation as an indicator of the structure of typicality that forms the semantic backdrop of the discourse context. These finding could thus be of interest to a broad range of social and cognitive scientists and critical theorists. Ultimately the findings are interesting in their own right because of the insight they provide, and the questions they raise, as to the complex and fascinating relationship between language and thought.

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# **APPENDIX A**

#### **NARRATIVE 1**

Robert, M. (November 2, 2013). How I knew I was trans. [video file]. Retrieved from: <u>http://youtu.be/IapptmMuqSQ</u>

- 1 hey everybody
- 2 it's Marissa
- 3 and I wanted to bring you guys a video
- 4 I've been asked by a lot of people
- 5 to talk about how I know I was transgendered
- 6 so that's what I'm gonna do today
- 7 well I've always kind of known I transgender
- 8 well actually
- 9 I always knew I was
- 10 but the thing is that
- 11 when you are little
- 12 and you don't have a word for it
- 13 and you don't know what you are
- 14 it's kinda hard to tell people
- and it wasn't something that I really talked about
- 16 in general
- 17 because I was really scared
- 18 but I did know
- 19 I knew something was wrong
- 20 not so much wrong
- 21 but I knew there was something up
- 22 when I was little growing up
- 23 I always in my head when I was younger
- 24 portrayed myself
- 25 as a female
- when I would go to daycare
- 27 in like preschool and all that
- 28 I had
- 29 boyfriends
- 30 I actually dated
- 31 the kids in my class
- 32 some of the boys
- 33 they treated me like a girl
- 34 I would kind of act like a girl
- 35 and then during recess we would play
- 36 like mommy and daddy
- and I would always be mommy

- 38 and they were always the dad
- 39 and I always kinda fit myself
- 40 into that gender role
- 41 a female in anything I did
- 42 now growing up
- 43 in my family
- 44 I couldn't really express my femininity
- 45 it was really hard
- 46 I had to hide who I was
- 47 and I was never comfortable hiding who I was
- 48 but I always did
- 49 just because I knew
- 50 I was trying to please other people
- 51 and I was scared of losing my family
- 52 or you know
- 53 what would they think
- 54 and all those typical things
- 55 people go through
- 56 when they're dealing with this kind of stuff
- 57 but I was really scared
- 58 that and my dad
- 59 abused me a lot growing up
- 60 he hit me
- 61 because of my femininity
- 62 well I wouldn't say hit
- 63 he wouldn't beat me up and stuff
- 64 like he's whip me with belts
- 65 he would
- 66 punch me in the head
- 67 he did a lot of stuff
- 68 and
- 69 just growing up wasn't the greatest
- 70 because my childhood was kind of
- 71 yeah it wasn't the greatest
- 72 I guess you could say
- 73 well growing up
- 74 I always envisioned myself as a woman
- 75 in my head
- 76 all the way through high school
- 77 and all my life
- 78 and even when I would daydream
- 79 I would always picture myself as a woman
- 80 in everything I did

81 I didn't go out dressing like one

82 I tried my best to be

83 a "straight male"

84 which

85 it did not work out

86 I couldn't fool anybody

87 people

88 always thought

89 I was gay

90 which bothered me

91 cuz I never felt gay

92 but at the time growing up

93 up until high school

94 I was associating myself

95 really as a gay male

96 because growing up

97 not knowing

98 what you are

99 it's kinda hard

100 and the only thing I knew at the time

101 was that

102 gay was a thing

and I knew that

104 if you had a boy appendage

105 and you liked other boys

that made you gay

so I went by the technical stance of it

108 well

109 you have a boy appendage

110 and you like boys

111 you're gay

112 and I figured that's what it must be

113 but even then

114 going to school and growing up

115 that never felt right

116 it never felt like me

117 I always felt female

118 but I figured

119 maybe gay guys just feel like girls

120 which isn't the case

121 because gay guys feel like men

122 except they're attracted to men

123 you know

124 being gay

125 only affects your orientation

126 it doesn't affect the gender you associate with

127 or you know

128 you know that you are

129 because we are all preprogrammed

130 and predispositioned

131 to know what we are

132 because our gender isn't what's between our legs

133 our gender is in our head

134 you know by instinct

135 what you are

136 and its kind of contradictory

137 when you're born with

138 you know

the opposite appendage

140 of what your brains says that should be there

141 it's a scary thing

142 and it's not a fun thing

143 and no one just chooses to be transgender

144 it's hard

145 just like

146 people that are born with both genitals

147 quote unquote "hermaphrodite people"

148 I don't know

there's probably a

150 better word

and I'm probably not saying that right

152 but people that are born with

153 you know

154 both parts

155 how do they know what gender they are

they don't just go around and pick

157 oh I think I'm going to be a boy

158 or I think I'm going to be girl

159 just because they have both

160 no it doesn't work that way

161 they know what they are

162 it's in their head

they're pre-programmed at birth

164 to know what they are

165 yeah they have both

166 but that doesn't mean you can pick

167	your predispositioned to know
168	what gender you are
169	and that's what people don't understand
170	cuz people constantly confuse
171	your gender
172	with your orientation
173	and they have nothing to do with each other
174	I feel like I'm a girl
175	who likes men
176	who
177	well
178	just who likes men
179	like a straight female
180	and people are always like
181	oh that's just a gay guy
182	not that they are clocking me
183	and stuff
184	but I'm sure that's what they're thinking
185	you know
186	once they find out that I'm trans
187	they're like
188	oh that's a gay guy
189	who's trying to impersonate a female
190	and it's like no
191	I'm a transgender female
192	I'm a female
193	I'm just a different kind of female
194	but nonetheless
195	I'm still a female
196	and I should be treated with the same respect
197	um
198	you know
199	it's not my fault I was born this way
200	if I could have chosen to be born
201	you know
202	normal
203	of course
204	if there's choice
205	I think everyone in this world would choose that
206	but there's not
207	because everyone's born imperfect
208	and this is my imperfection
209	and I'm proud of my imperfection

- 210 because it's me
- 211 um
- and I mean
- 213 I would never choose for anyone to be trans
- because it's hard as it is
- and people can be very cruel
- especially if you're trans
- and a woman of color
- 218 the statistics for those kind of thing
- 219 are crazy
- 220 like the people most at risk
- are trans women of color
- and that's a scary thing
- and society needs to
- 224 you know
- 225 open their minds more
- and become more educated about trans people
- and what it is
- because when people don't understand something
- they become very angry
- and some people can become
- very hostile when they're angry
- and they could potentially hurt you
- 233 if you know
- they find out that you are
- 235 and
- they violence rate is a lot higher
- in women of color
- and I think that's disgusting
- and society needs to move forward
- and stop all this hate
- because in the end we're all human beings
- and if you hurt another human being
- 243 God doesn't approve
- if that's what you're aiming at
- 245 and you're
- 246 pulling the bible card
- that's an evil thing to do
- 248 I think he'd be more ok
- 249 with someone being transgender
- than with you beating someone
- 251 for their imperfections
- and its not like you're perfect yourself

or you know harassing people that are different 258 because it's just messed up 259 and you're just a messed up person if you do 260 and I'm sure there's a lot of internet trolls 261 that are going to write something stupid on this video 262 but you know what 263 that's ok 264 that's a reflection of them 265 and it just shows how ignorant they are 266 and 267 it's not my problem 268 I just laugh at the comments 269 I think they're kinda funny actually 270 internet trolls crack me up 271 but anyways 272 back to what I was talking about 273 so junior high 274 sixth grade 275 I hit puberty 276 horrible time for me 277 I was going through all these changes 278 nothing felt right 279 I was depressed 280 I was always angry 281 with all the hormones starting to kick in (??) my body 282 and getting the secondhand male characteristics 283 that come with puberty 284 I became a really angry bitch 285 and I was a bitch for everything 286 all the way up to high school 287 I was kind of a rebellious little bitch 288 not going to lie 289 I wasn't the funnest 290 I didn't pay attention 291 I didn't care about anything I was just like f-this f-that f-the world

#### 253 so you shouldn't go around

254 teasing

- 255 beating
- 256
- 257

- 292
- 293
- 294
- 295

- 296 f-everybody
- and it was because I was angry
- angry at God for making me the way he did
- angry at myself
- 300 and a combination of being uncomfortable
- 301 and in denial of being trans
- 302 I wanted to believe I was gay
- 303 but I knew I wasn't gay
- 304 cuz gay never felt right
- it wasn't until my ninth grade
- 306 year of high school
- 307 that I discovered what trans was for the first time
- 308 we had these um people
- 309 from the triangle speakers
- that came down
- 311 from the diversity center in Santa Cruz
- to talk in our health class
- and it was composed of
- 314 a straight ally
- 315 a lesbian
- 316 a gay male
- 317 and a transgender female
- and that's the first time
- 319 I ever found out
- 320 what trans was
- 321 and it blew my mind
- 322 because I was like
- 323 finally things make sense
- and everything the girl said
- 325 her name was Ariel
- 326 I related to
- 327 and I understood
- 328 and that was the first time I finally figured out what I was
- 329 but growing up
- 330 I was still kind of like
- in denial
- and didn't want to come out of closet
- 333 scared of what people were going to think
- and all this stuff
- 335 and
- 336 typical trans issues
- that people go through
- 338 and it was hard

340 which was last year

- 341 like around summertime
- 342 and
- 343 well I didn't come out
- 344 I came out early that year

345 but I didn't start doing anything about it

- 346 like getting on hormones and stuff
- 347 until in the summertime
- 348 and from then on
- 349 it's been a hard road
- 350 you know
- 351 getting family to accept what I am
- 352 how I am
- 353 and yeah
- 354 I mean at work I've had it great
- 355 everyone's super supportive
- 356 super sweet
- 357 it's just been awesome
- 358 and
- 359 I couldn't have asked for something better
- 360 you know
- 361 my living situations were always up and down
- 362 can't
- 363 couldn't stay in a place
- 364 got kick out of home
- it was just really hard
- 366 and a hard time
- and I would never wish for anyone to go through
- 368 something so horrible
- 369 especially when your family
- 370 turns your back on you
- and I don't know
- 372 I would never do that
- to my own family
- 374 you know if I ever have kids
- 375 I'm going to love them unconditionally for what they are
- 376 for what they are
- 377 no matter what they are
- 378 I'm never going to hold my kids accountable for their defects
- 379 and
- 380 yeah
- 381 I mean

- 382 it's sad 383 sometimes the saying 384 blood is thicker than water 385 isn't always true 386 and it's sad for me to think that way 387 but it's true 388 because sometimes they will turn their back on you 389 and sometimes your friends are going to be the only ones that are there for you
- and sometimes yo
- 390 so really
- 391 you know
- 392 find your friends
- 393 and keep the good ones close
- 394 because it great having great friends
- and my friends are honestly
- 396 like my chosen family
- 397 they're amazing
- 398 and I'm blessed in that department
- 399 I dunno
- 400 I can't be down about the situation
- 401 you know
- 402 there's been a lot of blessings
- 403 just in the last ten months
- 404 since I started transition
- 405 that like
- 406 I'm just like wow
- 407 like I have nothing
- to be sad for
- 409 I can be myself
- 410 and although it's been hard
- 411 I'm the happiest I've ever been
- 412 and that's all I could ask for
- 413 I'm not living my life for other people now
- 414 I'm living my life for me

# **NARRATIVE 2**

Winter, S. (2013, Aug 23). How I knew I was transgender. [video file]. Retrieved from: http://youtu.be/nVAf8-3Ca6g

- 415 I'm making this video to talk about
- 416 how I discovered I was transgender

417	so I kind of
418	uh
419	I kind of always knew that I was transgender
420	since I was little
421	uh
422	I always liked to play with barbies
423	and girls toys
424	yeah
425	I always liked to have
426	long hair
427	but my mom would not let me
428	and I remember that I used to cry
429	every time that I had to go to the barbershop and after that
430	and when I was
431	I remember when I was playing with my sister
432	I always would like
433	force her to play barbies with me
434	even though she was getting older
435	and she did not want to play barbies anymore
436	and I also remember
437	like when I was in kindergarten
438	I used to play
439	house
440	I was
441	I wanted to be the mom
442	and that's kind of something a lot of transgender
443	girls want
444	did
445	but I really did that a lot
446	and
447	I remember
448	there was this girl
449	that like I was playing with another guy
450	and I(??) was being the dad
451	and this girl was going to be
452	like our daughter
453	and I remember once
454	she wanted to be the mom
455	and I was like
456	no
457	I am going to be the mom
458	bitch
459	and she was like

460	but you're a boy
461	why do you want to be the mom all the time
462	are you gay
463	blah blah blah
464	blah blah blah
465	SO
466	um
467	I was kinda a bully <laugh>in kindergarten</laugh>
468	yah
469	and then
470	I kind of scared her
471	and
472	and we were both the mom
473	for some time
474	but then
475	I kind of made it
476	since I was kind of the one
477	that was
478	<ehem></ehem>
479	leading the game
480	I kind of made it like
481	she wasn't really the mom
482	so yeah
483	so come in my way bitch
484	um
485	SO
486	then um
487	when I was older
488	and I went to middle school
489	I remember
490	I always
491	was made fun of
492	because I was very feminine
493	I was found
494	just with the girls
495	and I was the
496	wearing makeup
497	like foundation
498	usually not a lot of makeup
499	just foundation
500	and I was doing my hair
501	and I kind of wore
502	androgynous clothing

503	and I	had	this	very	high	high	voice

- that guys would always make fun of me for
- 505 and they would try to make me scream and stuff
- 506 because it was "fun"
- 507 to hear my very girly voice
- 508 and
- 509 then
- 510 yeah
- 511 I kind of
- 512 I was bullied
- 513 because of my voice
- 514 I was bullied because I was very feminine
- 515 and weak
- 516 and they would like
- 517 try to hurt me
- 518 after school
- 519 because of that
- 520 and do very disgusting thing
- 521 I've been
- 522 I don't really want to remember all these things anymore
- 523 uh ok so
- 524 like
- 525 after like
- 526 my last year of middle school
- 527 when I was in Italy (??) technically
- 528 and I started to be
- 529 um not be friends with
- 530 anymore
- 531 I mean
- 532 I kind of isolated myself
- 533 and then
- 534 yeah that was pretty much how
- 535 and then
- 536 nobody was going to talk to me
- 537 not even bullying me
- 538 so that was cool
- 539 and
- 540 when they would
- 541 still bully me and have
- 542 their bully harass me
- 543 I would just laugh with them
- 544 cuz then they would see
- 545 I did not care

546	although I did
547	umm
548	by doing so
549	I kind of made it
550	that it was not fun anymore
551	to make fun of me
552	you know
553	so they had to stop
554	and since it was our last years together
555	cuz we were in middle school
556	we kinda tried to
557	be friendly
558	to each other
559	so that was ok
560	I guess
561	um then I moved to the Netherlands
562	I kinda stopped all that
563	I tried to be more masculine
564	because I didn't want to be transgender
565	you know
566	just
567	just
568	???
569	about being gay
570	??? transgender
571	that all transgender
572	are cross-dressers
573	and that they are prostitutes
574	now
575	it's kind of expensive
576	but not really expensive
577	to be transgender
578	in Italy
579	as of
580	it's less
581	I think it's less expensive than here
582	because there is not all this extra costs
583	of insurance and stuff
584	but it's a long time
585	and
586	to like get your hormones
587	you have to live for a year

588 as your desired gender

589	you know
590	and that's really hard
591	because then
592	there is already very hard
593	it's very hard already
594	to get employed in Italy
595	and that's why I moved so many times
596	but if you are transgender
597	it's even more
598	it's even harder because
599	um
600	people in Italy
601	are very trans-phobic
602	and very afraid of difference
603	and they're very racist
604	not just transphobic
605	they're very racist
606	and I experience a lot of racism
607	being biracial
608	yeah and
609	not a lot of trans-phobia
610	because usually
611	when you're very feminine
612	the first thing that people think
613	is that you're gay
614	not transgender
615	so that was my experience in Italy
616	so then
617	in the Netherlands
618	I did not want
619	the same thing to happen to me
620	so I started to
621	uh
622	be more masculine
623	but that was not me
624	SO L SOO
625	I ??? very shy too
626	because I could not
627	express myself
628	and I did not make many friends
629	not even the girls
630	so I was very alone
631	and it was very sad

632	and the same thing happened
633	when I moved here
634	the first year
635	and the second year of high school
636	and even right now
637	I have
638	I have no friends
639	because I'm very shy at school
640	because I cannot be myself
641	and if you cannot express yourself
642	then it's kind of like
643	you have to fake
644	to be this guy
645	that's not you
646	and you cannot really make a lot of friends
647	because it's not really yourself
648	because you're not being yourself
649	and so
650	when I went to America
651	the first year
652	when I was a sophomore
653	I started again to wear makeup
654	and straightened my hair
655	but I was very masculine again
656	until like
657	the end of the year
658	when I was kind of less
659	and I was wearing makeup
660	and straightening my hair
661	and then I started buying very androgynous clothing
662	like necklaces also
663	and accessories
664	lip gloss
665	I was wearing these shoes
666	that had like a platform
667	and was kind of androgynous
668	but especially at my school
669	because I went to this school
670	that was very um
671	kind of ghetto
672	yeah it was a very ghetto school
673	uhh and yeah
674	there was a lot of transphobia

675	homophobia
676	and yeah
677	that
678	that was pretty much
679	I was kinda bullied
680	at the end
681	because of that
682	people were like saying the f-word to me
683	so since that was starting to happen there
684	I moved school
685	and now
686	this year
687	I was kinda more masculine
688	as of
689	I stopped wearing makeup
690	I did not wear any makeup
691	the whole year
692	which is like
693	wow
694	but I was still straightening my hair
695	and I was actually kind of like
696	growing my hair
697	until like a point where
698	I decided to stop
699	because I wanted to be masculine again
700	but when I did cut my hair
701	I felt really bad
702	and then
703	I realized that I was transgendered
704	pretty much
705	because I was very dysphoric
706	I started being very dysphoric about my body
707	and um all that
708	plus the hair
709	that was very short
710	I was looking in the mirror
711	and I saw images that I did not like
712	and I started
713	I joined this support group
714	on the internet
715	called seasons
716	and it's very helpful
717	although it's mostly used by

718	transgenders that are older
719	but that's pretty much with all the
720	transgender groups
721	you will not really find
722	a lot of teenagers
723	like me
724	because
725	yeah there are not a lot of transgender teenagers
726	in general
727	so yeah
728	but it was very helpful
729	and then
730	by there
731	I kind of got to know this group
732	Anya who will
733	helps people self-medicating
734	and I started doing that
735	and now I'm self-medicating
736	and it's been
737	uh
738	week and half
739	that I'm taking
740	estrogen
741	so that's good
742	I know that
743	self-medicating is bad
744	but now I
745	now I
746	I'm not gonna
747	I don't wanna talk about self-medicating
748	this is not the right video for that
749	so
750	as yeah
751	this is how I discovered
752	that I was transgender
753	I hope this video was helpful for you

# NARRATIVE 3

Jammidodger (2014, Mar. 10). FTM how I knew I was transgender. [video file]. Retrieved from: http://youtu.be/B1Wdo6wGkqQ

hey it's Jamie

755	um
756	so I wanted to make a video
757	about how
758	I realized
759	I was transgender
760	it's something I've been asked a lot
761	ever since I started
762	making videos for YouTube
763	and having a tumblr
764	and everything like that
765	um
766	and it is a video
767	I've tried to make before
768	um
769	but
770	unsuccessfully
771	I just couldn't get the words out
772	so I guess
773	if you're watching this
774	then
775	I managed to
776	make one that was decent
777	<heh></heh>
778	or hopefully
779	um
780	ok so
781	its best to start at the beginning
782	when I was four years old
783	um
784	was when I had my
785	sort of
786	earliest memory of
787	knowing I was male
788	and it was just after I started school
789	and the toilets were unisex
790	so there wasn't much differentiation
791	between boys and girls
792	and I felt like a boy
793	and I sort of hung out with all the boys
794	I dressed like the boys
795	you know
796	and everything like that

797 so I just thought I was

798	a normal boy
799	and I would sort of develop a bit later on
800	if
801	if you get what I mean
802	um
803	uh
804	fast forward a few years and I'd realized that wasn't
805	gonna happen
806	but right up until I hit puberty
807	um
808	I had
809	short hair
810	not like short short
811	probably like how it is now
812	like all male clothes
813	I often got referred to as male
814	and I liked it
815	and I accepted it
816	um
817	and
818	I remember this one time when I was about eight
819	I got my hair cut
820	and like
821	I turned around to my mom
822	and I was like
823	do I look like a boy
824	um
825	and it was just like
826	all I wanted to do
827	I kind of realized I was different
828	from other boys but
829	I was desperate to
830	fit in with them
831	um
832	but then I hit puberty
833	and that's not a fun time
834	uhum
835	Ι
836	I was really uncomfortable
837	and I
838	I felt a lot more pressure
839	to fit in
840	with girls really

841	I went to a
842	all-girls school
843	um
844	so it was
845	it was
846	it wasn't a great time for me
847	um and I did try and fit in
848	but like shopping for girls clothes
849	was horrible
850	I hated it
851	and it made me feel so uncomfortable
852	and it felt so
853	wrong
854	um
855	and I was so happy when school was over
856	um cuz I went to college
857	and it just
858	the
859	the
860	there's a lot more freedom
861	everyone was a bit more open-minded
862	and
863	it gave me the confidence to start in
864	like wearing
865	things that make me more comfortable and
866	cutting my hair shorter
867	um but I still
868	I still didn't know
869	like about
870	like
871	people who were transgender
872	I didn't know that
873	it was something that people did
874	but I sort of
875	happened across a documentary on night
876	and like
877	it was just
878	like the
879	kinda
880	kinda like a revelation really
881	and just from then I did some research
882	I was about
883	you know

884	sixteen at the time
885	and it was just
886	making a lot of sense to me
887	about how other people had felt and
888	um I mean obviously you shouldn't
889	compare yourself to other people like that
890	but you know
891	if it help
892	if it makes you feel better
893	that somebody's feeling similar
894	and it helps you make sense of your own feelings
895	then that's great
896	and that what
897	you know
898	watching documentaries
899	and other guys on youtube
900	helped me to do
901	and so from then on
902	I just sort of started experimenting
903	like I just knew it was right for me
904	it felt right
905	you know
906	using male pronouns and
907	cuz I'd always felt male
908	and just being able to live
909	as male was
910	was a really great feeling
911	and I just felt
912	so much more comfortable
913	and more confident in myself
914	and then
915	you know
916	socially transitioning is a big step
917	and just the last two years
918	since I've been on T have been
919	great
920	and just like
921	I just feel like
922	I'm growing more and more confidence
923	and
924	yeah
925	that it was definitely
926	the right thing for me to do

- 927 and it's like
- 928 this has always been
- 929 how I have been
- 930 if tha--
- 931 I messed that up a bit
- 932 but you know what I mean
- 933 hopefully
- 934 um so yeah
- 935 I hope that that made sense
- 936 um
- 937 I'm glad I managed to get it out
- 938 and that it
- 939 can maybe help some people
- 940 if you have any questions
- 941 um
- 942 my tumblr link is down below
- 943 so
- 944 if you send them to me there
- I'm more likely to answer
- 946 but yeah
- 947 see you next time <end 4.38>

Crazyparrotfish38 (2013, Apr. 4). How I knew I was transgender. [video file]. Retrieved from: http://youtu.be/0rJ\_1yQvaZc

## 948 um

- 949 for as long as I can remember
- 950 I felt a disconnect
- 951 from my body
- 952 um
- 953 from about age four
- 954 I think
- 955 I can remember
- 956 having this awareness of being a boy
- 957 and just not understanding
- 958 why people were treating me differently
- 959 to other boys
- 960 um
- 961 why the rules were different for me

962	why I couldn't sit with my legs open
963	why I couldn't have my hair cut
964	um
965	why maybe telling my mom
966	that I married some girl that day at nursery was inappropriate
967	that kind of thing
968	um
969	yeah i just didn't understand
970	what was going on
971	what was going on why was I different
972	everyone was treating me different
973	and I realized
974	um
975	when I was about six
976	um
977	that
978	my body was different to other boys
979	and I was like
980	what's going on
981	like you know
982	
983	by then I was being told things
983 984	like I'd heard
985	
986	that I was gonna grow up to be a woman
987	and I remember
	panicking about that
988	I didn't want to be a woman
989	um
990	and I just thought why is this happening to me
991 992	being raised in a Christian home
	my first thing
993 994	my first idea was to pray about it and ask God what happened
994 995	
996	and um
990 997	yeah by age eight
998	I was panicking
999	
1000	and asking God to fix it so I could wake up
1000	and be in a boy's body
1001	and be in a boy's body and obviously that didn't happen
1002	and veah I freaked out
1(/(/,)	

1004 um

1005 and from around that age 1006 I just 1007 I looked from anything I could 1008 um that related to me 1009 um my mom had these mediquest books 1010 a whole collection of medical books 1011 and I remember 1012 I just used to look through them 1013 when I was younger 1014 and I remember seeing 1015 a picture of this man 1016 and then a picture underneath it of this woman 1017 and I realized it was the same person 1018 and the word transsexual was there 1019 and um yeah 1020 it described how you would have this operation 1021 to become female 1022 and she was now 1023 you know 1024 um 1025 and I was really like 1026 wow 1027 like I didn't know it could happen 1028 but they didn't show anything 1029 for FTM 1030 so I still didn't know 1031 that I could do that 1032 I didn't see it as an option 1033 I didn't see anything like that 1034 until I was about thirteen or fourteen 1035 I saw this documentary 1036 on channel four 1037 called make me a man 1038 and it was about four trans men 1039 at different stages of their transition two of them were just about to start hormones 1040 1041 and one of them was going to have top surgery 1042 been on hormones for a while 1043 and the fourth one was Steven Wittle 1044 who had started transitioning back in the seventies 1045 and had been on hormones for ages 1046 and was um

1047 about to have lower surgery

1040	um
1049	so that really opened up my eyes
1050	and I realized that I could actually do something about this
1051	and I didn't
1052	I didn't know any of these things were open to me
1053	and at that age
1054	I decided that when I turned eighteen
1055	I was just going to leave home
1056	and change my name
1057	and I was going to transition fully
1058	and I had my heart set on that
1059	as soon as I realized I could do that
1060	that's what I really wanted to do
1061	I was like
1062	finally
1063	yes there is a way out then
1064	and there are other people like me
1065	it made me feel really relieved to know that
1066	I even remember
1067	that I used to take the bandages
1068	out of the first aid kit
1069	um in
1070	in the bathroom
1071	and I would use it to bind
1072	and this is just as puberty was starting to do its crap to me
1073	um I would start
1074	I would bind
1075	and I didn't even know
1076	the
1077	the word for it then
1078	I was just doing it
1079	because I wanted to see my chest flat
1080	and I'd bind
1081	and I would look in the mirror at myself
1082	and I would just cry
1083	because I didn't understand why
1084	my body was doing what it was doing
1085	um I just didn't
1086	I don't know
1087	I was still in denial
1088	um I think I was in denial
1089	up until the point my monthly started
1090	and after then

1091	I was just like
1092	this really is it
1093	isn't it
1094	for some reason
1095	starting that
1096	was just like
1097	the final thing
1098	I even held on to
1099	maybe if that didn't start
1100	maybe I really was a boy
1101	just with some hormonal thing going on
1102	or something like that
1103	it was heartbreaking
1104	for me
1105	um puberty
1106	it was
1107	absolutely awful
1108	and I never understood
1109	why girls were celebrating these things
1110	girls would come into school
1111	and be like
1112	oh I've started my period now
1113	I'm a woman now
1114	and I'm thinking
1115	what's there to celebrate
1116	but I realize
1117	obviously for them
1118	it's cuz they were going through the right puberty for them
1119	and for me it was just like
1120	I wouldn't want to tell anyone what's going on
1121	you know
1122	I want to hide my chest
1123	I want to hide my body
1124	I used to dress in the baggiest clothes
1125	um at school
1126	my uniform was really baggy
1127	and it's because I hated my shape so much
1128	um hated my figure
1129	I just wanted to hide
1130	um
1131	and I remember once actually
1132	passing as a boy
1133	when I was in school

1	134	and I	remember	my	friend	going
---	-----	-------	----------	----	--------	-------

- 1135 naw that's a girl
- and it was a shopkeeper
- 1137 who was like
- 1138 no that's a boy
- 1139 and he didn't believe my friend either
- 1140 and I didn't say anything
- 1141 but I was kind of embarrassed
- 1142 cuz my friend didn't know
- 1143 it was really a weird
- 1144 um feeling
- 1145 but I liked it
- 1146 in certain ways
- 1147 I thought
- 1148 well this person can see me
- 1149 you know
- 1150 I wish everybody could
- 1151 like I said
- 1152 I was so disconnected from my body
- 1153 that I would forget
- 1154 that I was in a female body
- 1155 cuz it was like
- 1156 my mind would expect
- 1157 certain things from my body
- 1158 and my body
- 1159 kept failing to do that
- 1160 or you know
- 1161 even when I was socializing
- 1162 I'd be talking to girls
- and thinking that
- 1164 you know
- 1165 they're looking
- 1166 they can see
- 1167 I didn't understand
- that they couldn't see that I was a boy
- 1169 basically
- 1170 um because it was how I saw myself
- 1171 um they'd interact with me differently
- 1172 and I'd always get confused
- 1173 and forget
- 1174 that they were interacting
- 1175 with what they could see
- 1176 and I would forget

1177	that they couldn't see
1178	that I was a boy
1179	you know
1180	it could be something simple
1181	like someone getting changed
1182	and my instincts say
1183	turn around
1184	it's what a gentleman does
1185	and
1186	then you hear them say
1187	oh we've all got the same thing
1188	it's fine
1189	and stuff like that
1190	and this was before
1191	anyone knew I was attracted to girls
1192	everything changed after that point
1193	I should add
1194	um
1195	but yeah anyway
1196	interactions like that were really weird to me
1197	and it was just strange
1198	I can't really describe how strange it was
1199	that feel of forgetting what skin you're in
1200	it's really weird
1201	it made
1202	it made me quite a shy person
1203	I wasn't shy as a child
1204	even at primary school
1205	I wasn't shy
1206	but when I got to my teens
1207	and secondary school
1208	um
1209	interactions between the sexes had changed
1210	and I was just being seen as female
1211	and I couldn't really handle it
1212	I became so depressed
1213	in my teens
1214	um and anxious
1215	and it was horrible
1216	I really went into myself
1217	um in my teen years
1218	but yeah so
1219	when I was about fourteen

1220	I decided that when I turned eighteen
1221	that I was just going to leave home
1222	and go to a doctor
1223	and transition
1224	and that would be it
1225	I would just make up a new life somewhere
1226	um
1227	but it didn't work out that way
1228	um obviously
1229	mostly because I
1230	became really afraid of coming out
1231	and I didn't want to lose anyone close to me
1232	I didn't want to be on my own
1233	I was afraid that
1234	mostly of being on my own
1235	and no one would love me
1236	no one would date me
1237	no one would hire me for work
1238	I was just thinking
1239	what kind of life am I going to have
1240	I thought that everything was going to fall about
1241	um if I came out
1242	and decided to transition
1243	and convincing myself of that
1244	only made me more depressed
1245	and feel more trapped
1246	because I felt like
1247	I'm screwed if I do
1248	I'm screwed if I don't
1249	and I just
1250	I kind of lost hope
1251	um when I was about sixteen
1252	I just thought
1253	I can't
1254	what am I going to do with myself
1255	you know by this age
1256	I had come out as gay
1257	I realized that
1258	that was something
1259	that was far more understood
1260	than transsexual
1261	I was like
1262	how can I come out

1263	and say I'm transgender
1264	um no one knows what this means
1265	no one understands
1266	but they understand gay
1267	so I can say
1268	ok I'm gay
1269	and so I lived like that for a while
1270	um I should say
1271	even when I was at school
1272	um I did tell a couple of my friends
1273	that I was attracted to other girls
1274	um I never really like to call myself gay
1275	even if anyone asked me
1276	I would just say
1277	I'm attracted to women
1278	um I wasn't even one hundred percent comfortable saying gay
1279	um people'd call me that
1280	and I'd be like
1281	whatever
1282	but I never really liked saying it myself
1283	um and I did have some trouble at school
1284	as a result of that
1285	um it wasn't a very pleasant experience at all
1286	girls would be like
1287	not wanted to sit next to me
1288	and stuff like that
1289	I pretty much avoided PE
1290	mainly because of the whole changing room issue
1291	and yeah
1292	it was hard
1293	um it was really hard
1294	at that same age
1295	I got into a relationship
1296	that was really unhealthy
1297	but she was also the first person that I told how I felt
1298	and the first person to ask me
1299	something like
1300	have you ever
1301	had any other names for yourself in mind
1302	and would you want me to call you that
1303	um but it was just
1304	I wasn't ready

1305 to deal with everything

1306	and I freaked out
1307	a little bit about it
1308	plus the relationship was so unhealthy
1309	by the end of it
1310	I just was ready to block everything out
1311	and yeah
1312	I lived a very gay life
1313	for three years
1314	I met other girls
1315	and just drank years away
1316	um drank and partied years away
1317	I tried so hard to be
1318	as close as I could
1319	to what I thought other people wanted me to be
1320	being a straight female was just not an option
1321	um the best I could do was
1322	um be gay
1323	I even tried to feminize myself
1324	um which didn't feel right
1325	um but I was really good at acting confident
1326	even though I didn't feel it
1327	but when I got to about
1328	twenty
1329	twenty-one
1330	I couldn't keep it in anymore
1331	alot of things happened
1332	and I decided I should tell my parents
1333	and tell my friends
1334	how I felt
1335	and people were quite shocked
1336	um a lot
1337	what I heard a lot
1338	was that
1339	you're you know
1340	you're a pretty girl
1341	you know
1342	you know
1343	why would you want
1344	to do this to yourself
1345	and it
1346	it got really frustrating
1347	and I kind of wished that I
1348	had come out and said something sooner

1349	because
1350	maybe it would have been more understandable
1351	you know I
1352	I felt
1353	really awful
1354	because it always felt like
1355	people really took to this fake version of me
1356	and didn't understand why I couldn't be that anymore
1357	and they didn't believe that that wasn't me
1358	almost
1359	that's how it seemed
1360	
1361	um hut it toole me a really lang time
1362	but it took me a really long time
1362	to accept
1363	
	that I'm transgender
1365	and I still am
1366	trying to accept it
1367	it's not easy
1368	um
1369	I still get really down
1370	I still get really depressed
1371	and angry
1372	and fed up
1373	I fought my feelings
1374	for a really long time
1375	purely because I didn't see
1376	how I could have any kind of life
1377	if I came out
1378	and if I transitioned
1379	and
1380	I still panic
1381	about that
1382	I still panic
1383	and think
1384	am I making things worse for myself
1385	somehow
1386	but I'm so tired of being unhappy
1387	and I know that I've
1388	it's a
1389	it's a hard road
1390	but
1391	I don't know what else I can do anymore

. .

1392	I have this thing
1393	that life was going to be hard either way
1394	really
1395	if I tried to bury it
1396	I was in for
1397	a mess
1398	and you know
1399	now I've come out
1400	in some ways I feel way better
1401	for being honest but
1402	it's not easy
1403	um
1404	at all
1405	um
1406	that's why it infuriates me
1407	when people try to say I've chosen this
1408	and they say that trans people
1409	chose this at all
1410	cuz who the hell would
1411	in their right mind
1412	chose this for themselves
1413	I tried to run from myself
1414	for a long time
1415	but you can only run from yourself
1416	for so long
1417	before you realize
1418	that you're still there
1419	wherever you go
1420	there you are
1421	and that's what it's been like
1422	for me
1423	after fighting against myself
1424	for so long
1425	I'm all out of fight now
1426	I would never have chosen this for myself
1427	no way
1428	um
1429	I still wish
1430	so much
1431	that I could just
1432	be normal
1433	you know
1434	and be cis

- 1435 and be content 1436 as I am 1437 I tried 1438 for so long 1439 to be that 1440 and you can't 1441 you can't force things like that 1442 I am who I am 1443 and it is what it is 1444 what can I do 1445 I say 1446 at the end of videos 1447 that I'll try and update again 1448 really soon 1449 but 1450 I often 1451 am finding I leave gaps 1452 I will speak to you soon 1453 take care
  - <end 13.02>

Mepschen, D. (2014, Jul. 17). First video, how I knew I was transgender. [video file]. Retrieved from: http://youtu.be/aYEGdvI5ONE

1454	hi
1455	my name is Dean
1456	nice to meet you
1457	I'm sorry
1458	??? (german?)
1459	this is not my native language
1460	sorry for
1461	any mistakes made
1462	I'll be here to help you
1463	um questions
1464	and advise
1465	I'm still pre-testosterone
1466	and surgery
1467	and so
1468	but I'm getting treatment
1469	real soon

1470	SO
1471	um
1472	well
1473	um
1474	about me
1475	um
1476	I'm very into tv shows
1477	so yeah
1478	I mostly wear flannel shirts
1479	and stuff
1480	and yeah
1481	I like playing guitar
1482	and keyboard
1483	and stuff
1484	um
1485	um about the whole transgender thing
1486	and how I knew I was trans
1487	well
1488	it had occupied my mind since my childhood
1489	um
1490	the wish of being a boy
1491	instead of a girl
1492	in elementary school I always wanted to play
1493	with the boys
1494	because I felt like one of them
1495	um yeah
1496	I usually raged at my mom
1497	when she took me shopping
1498	um I hated shopping
1499	because I had to wear clothes
1500	that I didn't like
1501	that I didn't like
1502	sorry
1503	um
1504	well I didn't like them
1505	I hated them
1506	I always wanted boys clothes
1507	but the parents made me wear girly clothes
1508	um because "I'm a girl"
1509	so yeah
1510	I couldn't wear boys clothes
1511	not as a "lady"
1512	um yeah when I got into high school

1513 I started experimenting with my looks 1514 um what I like 1515 what I don't like 1516 ??? 1517 um I've had some 1518 several different looks 1519 in the span of five years or something 1520 I had been in a "normal" phase 1521 until high school, I think 1522 and then I changed into an emo kiddo 1523 yeah all black and 1524 ???? 1525 and stuff 1526 I usually wore unisex 1527 or men's shirts 1528 because I felt more comfortable in them 1529 you couldn't see 1530 my feminine figure 1531 I never really talked about my feelings 1532 until high school 1533 cuz I thought it was normal to have these feelings and thoughts 1534 and wishes and stuff 1535 yeah 1536 in high school I got money to buy clothes myself 1537 so yeah that was a lesson for me 1538 I could finally buy 1539 what I wanted to buy 1540 yes! 1541 um yeah 1542 the older I got 1543 the more boys clothes I wore 1544 my parents went with the flow really 1545 and tried more feminine things on me 1546 they were like 1547 wear this 1548 wear that 1549 and I was like 1550 no! 1551 and yeah 1552 the feelings 1553 of wanting to be a boy 1554 got worse and worse 1555 and during my finals

1556	like somewhat
1557	about a year ago
1558	I thought of binding
1559	of my boobs
1560	I uh made a
1561	self-made binder
1562	it was from a vest made of stretch material
1563	and I folded it like that
1564	and yeah well
1565	it worked
1566	its usually known as figure correcting
1567	if you know what I mean
1568	um it worked but
1569	um
1570	I got a real binder later
1571	from underworks
1572	and well yeah
1573	that worked better
1574	of course
1575	it didn't slide off as oft
1576	and I didn't have to pull it up once in a while
1577	um yeah
1578	I felt really comfortable in it
1579	and I loved it very much
1580	I cut off my hair as well
1581	in the same period of time
1582	but I was scared at first
1583	the result was so much better
1584	I immediately felt better
1585	when I came back
1586	from the hairdresser
1587	people started assuming that I was a guy
1588	which I loved
1589	I felt like
1590	it should have been like that
1591	all along
1592	you know
1593	I don't know if it sounds familiar
1594	I uh
1595	eventually started going to college
1596	um
1597	I made a lot of new friends
1598	I told them about my feelings

1599	and I eventually chose a boy's name
1600	I became Dean
1601	um
1602	they called me that ever since
1603	yeah I feel like home when they call me that
1604	you know
1605	um and they treat me like a guy
1606	and I feel like
1607	yeah it's right
1608	um
1609	yeah
1610	and like
1611	a couple of months back
1612	I think it was
1613	half a year ago
1614	or something
1615	I got into some sort of mental breakdown
1616	um
1617	it was a sort of dark period
1618	in my life
1619	um
1620	I couldn't go to college anymore
1621	I was very unstable
1622	um
1623	my grades were dropping and
1624	it seemed like I couldn't
1625	shouldn't make it
1626	til next year
1627	so yeah
1628	and my parents eventually
1629	noticed
1630	I wasn't too happy anymore
1631	and yeah well
1632	I broke down crying and stuff
1633	and told them what was "wrong" with me
1634	I told them there was help for me
1635	and that I'd be
1636	that I could be happy when I
1637	live as a guy
1638	you know
1639	and going through transition and stuff
1640	um yeah well they accepted it
1641	and it was really cool

1642	and I'm grateful for that
1643	um
1644	they support me
1645	so yeah
1646	that's great
1647	cuz you really need your parents
1648	in this process
1649	I think
1650	when you are able to
1651	they are calling me Dean now as well
1652	which
1653	yeah great
1654	um
1655	well that's about it
1656	about my
1657	me being trans
1658	I made it as short as possible
1659	uh yeah
1660	since my big come out
1661	to my friends and family
1662	I started doing voice exercises
1663	to make it sound
1664	a big more
1665	deep
1666	and stuff
1667	but yeah
1668	my voice
1669	doesn't always work with me
1670	sometimes it's like
1671	oh
1672	let's be girly
1673	you know
1674	and I'm like
1675 1676	<eye roll=""></eye>
1676	but yeah
1678	I roughly
1679	pass seven out of ten times
1680	I think
1681	
1682	as a guy um
1683	I ????
1684	
1004	recently

1685	and I'll be hearing about
	-
1686	the future appointments soon
1687	I think next week
1688	I'm really happy about that
1689	I've waited for it
1690	so long
1691	um
1692	if you have questions
1693	here I am
1694	don't be afraid to ask them
1695	um I think ???
1696	the next video
1697	when I'm having diagnostics
1698	with my therapist
1699	which just
1700	yeah
1701	I dunno yet
1702	um stay tuned
1703	???
1704	that's female to male stuff
1705	um yeah
1706	one last thing
1707	what's helped me
1708	finding out
1709	being
1710	yeah
1711	finding out
1712	um
1713	about myself being trans
1714	was specially YouTube videos
1715	um
1716	fellow
1717	transgender people
1718	in my area
1719	yeah
1720	and the internet in general
1721	it's a lot
1722	on the internet
1723	sp yeah
1724	that's the reason why I think it's important
1725	to
1726	yeah
1727	tell people

- .0

1728	let them know
1729	like
1730	I know exactly how hard it is
1731	to find out who you really are
1732	who you want to be
1733	and how you want to live it
1734	took me a few years myself
1735	to actually
1736	dare
1737	to say I was trans
1738	so yeah
1739	I'm
1740	I hope I can be of help
1741	if it makes any sense
1742	and yeah
1743	stay tuned
1744	see you later
	<end 8:19=""></end>

Williams, G. (2011, Jun. 25). How I knew I was trans: My Story and the Trans Narrative. [video file]. Retrieved from: http://youtu.be/jo3Qav6cLtY

1745	What I wanted to talk about in this video is
1746	um
1747	I guess
1748	uhh
1749	the idea of a trans narrative
1750	um that sort of typical trans storyline we all
1751	we all come across
1752	at one point or the other
1753	um and uh
1754	how I do and don't fit into that
1755	uh
1756	cuz i read something on tumblr where
1757	somebody posted about
1758	how um
1759	they were looking for stories from people who
1760	didn't go through the whole
1761	um didn't follow the whole like
1762	you know
1763	I knew I was trans when I was two

1764	and I've just always been a boy
1765	and that's who I am
1766	uh didn't follow that storyline
1767	and um
1768	I thought it might be pertinent to make a video about that
1769	because there might be other people out there who shared that experience
1770	um so
1771	it is certainly my experience that
1772	I didn't know that I was a boy
1773	when I was a kid
1774	umm
1775	whaI was
1776	I was kind of trying to think back on my
1777	sort of gendered history
1778	um
1779	and
1780	think about how I would word my childhood
1781	and my gender journey as a young person
1782	um
1783	in such a way that it would be concise enough for this video
1784	and what I've found that's really stumping me
1785	um
1786	is
1787	the fact that
1788	I have spent the last two years of my life
1789	rewriting uh um
1790	my
1791	gender history
1792	um
1793	rewriting my story
1794	in such a way that it
1795	I rewrote it to match the trans-narrative
1796	I did that in my mind
1797	I did that
1798	I have been lying to healthcare professiona
1799	healthcare professionals
1800	through my entire medical transition
1801	um
1802	in order to seem like
1803	your typical well-adjusted heterosexual trans man
1804	um
1805	and
1806	I wasn't

1807	I didn't necessarily know if I had to do that
1808	um I did that with the online therapist that I saw
1809	uh who gave me my testosterone letter after like four sessions
1810	um and uh
1811	cuz I was going into that therapy
1812	not because I wanted a therapist to help me process my gender stuff
1813	but because I wanted to get on testosterone
1814	um
1815	and I wanted a therapist who would write a letter for me
1816	um so I lied to that therapist about my gendered journey
1817	about um
1818	my childhood
1819	um puberty
1820	all of that stuff because I'd done
1821	I'd exposed myself enough to a typical trans-narrative with my own research
1822	that I knew more or less what they would want to hear
1823	um and this therapist did seem like someone who would probably be ok with
1824	me coming out as gender queer
1825	or as confused
1826	umm but I was so terrified
1827	of uh
1828	compromising my access to testosterone
1829	that
1830	um
1831	I just lied
1832	straight up
1833	uh I continue to lie
1834	I compulsively tell
1835	total untruths
1836	to healthcare professionals
1837	my current doctor is awesome
1838	um she's queer
1839	she's um
1840	she was the one who proscribed me testosterone
1841	she's been with me through my whole transition
1842	um
1843	and I can't help but lie to her
1844	um
1845	you know
1846	I went into her once
1847	to to talk to her about how i was
1848	um
1849	this was at a

1850	at a point when I was unsure about testosterone
1851	and I was considering going off of it
1852	um and I went in to express those fears and see what she had to say about it
1853	and um
1854	yeah basically I went in and was like
1855	um
1856	yeah just coming in for a checkup
1857	uhh
1858	and she was like
1859	well we could probably increase your dose
1860	and I was like
1861	ok
1862	huh
1863	I just went with it
1864	and like
1865	could not bring myself
1866	to talk about my doubts
1867	for fear that
1868	um
1869	that uh
1870	she would
1871	somehow mark down
1872	somewhere
1873	uh that
1874	Ι
1875	wasn't trans
1876	uh
1877	and then I'd never be able
1878	to get on testosterone again
1879	and it's an irrational fear
1880	I know that sort of thing happens less and less
1881	if it even happens at all these days
1882	umm so
1883	due to
1884	this pressure to
1885	to appeal to health care professionals
1886	knowing what I know about
1887	what people have had to say
1888	generally
1889	in order to get on testosterone
1890	and wanting so badly to get on testosterone
1891	um
1892	I spent

1893	the whole
1894	eight months
1895	it was probably a good eight months
1896	where I
1897	from when I started seeing the therapist
1898	to when I finally got my T prescription
1899	um where I was actively trying to get on testosterone
1900	um
1901	explaining my life in such a way that
1902	I matched that narrative
1903	that sort of like
1904	yeah I knew when I was very young
1905	yes I was
1906	um puberty was a shock
1907	I feel intense dysphoria about my entire body
1908	and whatever
1909	um whereas
1910	from what I can
1911	recall now of my experience
1912	um
1913	trying to detach it from the lies that I've kind of
1914	fed myself about it
1915	um
1916	when I was a kid
1917	I mean
1918	I didn't
1919	I didn't think I was a boy
1920	you know
1921	like I didn't have any sort of
1922	confusion growing up
1923	where I was like
1924	no I'm a boy
1925	why is everybody calling me a girl
1926	or any experiences like that
1927	I knew from a very very early age
1928	um that I was supposed to be a girl
1929	and as a girl
1930	I was supposed to do certain things
1931	and I had no real concept of my gender
1932	um
1933	or of
1934	gender in general
1935	or

1936	no sense that I could be anything other than what people were saying that I was
1937	um
1938	cuz I just couldn't fathom the possibility
1939	uh I did spend
1940	enormous amounts of time
1941	wishing I was a boy
1942	um hoping that I would magically turn into a boy
1943	uh I went through a
1944	god fearing phase
1945	I found God as a kid
1946	and figured God was
1947	sort of like
1948	um
1949	you know
1950	wizard man
1951	who could
1952	if I prayed to him enough
1953	turn me into a boy
1954	by the time I woke up
1955	the next morning
1956	um that sort of thing
1957	um
1958	yeah
1959	I identified very strongly with boys
1960	um whenever we'd play
1961	like my brother and I
1962	would play roleplaying games
1963	uh you know like
1964	with GI Joes or whatever
1965	even just like making up characters
1966	and just running around
1967	and uh playing
1968	you know
1969	imagination style
1970	uh I was always a male character
1971	so I had a strong identification
1972	with boys
1973	um
1974	with maleness
1975	um
1976	but I didn't have
1977	a concept
1978	of myself

1979	as a boy
1980	I didn't have a concept of myself
1981	as any sort of gender
1982	or I just sort of existed
1983	as I had to
1984	um I did my best
1985	to be
1986	to do girl things
1987	uh
1988	to appease my family
1989	um
1990	and those around me
1991	but that didn't really work well
1992	uh
1993	and that made me very uncomfortable
1994	um
1995	when puberty happened
1996	you know I just
1997	I actually
1998	I can't remember what puberty was like for me
1999	I remember
2000	like I know that like
2001	my body changed
2002	I know that
2003	there was a lot of anxiety around it
2004	um
2005	I dunno
2006	I remember my mom explaining to me like
2007	what would happen with menstruation and stuff
2008	um and
2009	I basically
2010	didn't really understand
2011	what she was saying
2012	I didn't understand why she was telling it to me
2013	not because I thought I was a boy
2014	but because I just thought
2015	I was somehow exempt from that
2016	I think I sort of saw myself in this
2017	like sort of genderless space
2018	where I was trying to
2019	be the best kid I could
2020	and follow everyone's directions of
2021	what should be expected of me

2022	but I just
2023	was really confused about the whole gender thing
2024	um in that
2025	I didn't really get gender
2026	or how I fit into that whole equation
2027	um so yeah
2028	there's that's my experience as I can recall it
2029	as a young person
2030	um
2031	yeah and when puberty hit
2032	I mean
2033	I remember really wishing
2034	that I had bigger muscles
2035	as the other
2036	as as the other guy's muscles
2037	started getting bigger
2038	and that sort of thing
2039	um
2040	I remember having
2041	my male named picked out
2042	for when God would magically
2043	turn me into a boy actually
2044	and of course those fantasies faded away
2045	as I started getting a little bit older
2046	and when I was around twelve or thirteen
2047	I became really really desperately depressed
2048	um
2049	and uh
2050	yeah I started a lot of stuff that
2051	um to express my depression
2052	that was very very harmful
2053	um
2054	and uh
2055	and really did
2056	uh really did quite seriously fantasize about
2057	uh
2058	about dying
2059	I really wanted to
2060	to be able to do that
2061	at that point cuz I
2062	um I had so much anxiety
2063	it was so overwhelming that I
2064	could not fathom continuing

2065	to live
2066	um
2067	so I didn't really talk to anyone about this sort of stuff
2068	um but
2069	as you can see with my
2070	my story
2071	there is some overlap
2072	to the traditional trans narrative
2073	it you add in
2074	like a little bit more clarity
2075	or a little bit more confidence
2076	about the gender that I felt I should have been
2077	like
2078	if I'd been like
2079	and this is all because I thought I should be a boy
2080	then it sounds like the traditional
2081	sort of
2082	transgender narrative
2083	um I mean
2084	to be perfectly honestly
2085	like
2086	I had no idea where any of this was coming from
2087	and I'm sure that that anxiety
2088	was linking to
2089	uh being trans
2090	um I'm sure that
2091	um dysphoria around my body
2092	and confusion about that sort of thing
2093	really fed into that
2094	but um
2095	I had no idea what it was at the time
2096	and to
2097	further place myself aside
2098	from the traditional trans-narrative
2099	when I finally became
2100	uh
2101	you know
2102	when I started going to high school and stuff
2103	and came out as queer
2104	as attracted to women
2105	I mean
2106	I did drag
2107	I'd find a lot of excuses to do drag

2108 uh at my school

2109 just in general events

and dress up like a boy

and uh um

2112 I still wore women's clothing

2113 uh I was very confused

as to whether or not I was butch or femme

2115 or how I fit into dyke communities

2116 cuz I felt like I didn't in some way

2117 but it was still all very vague

2118 and I'd find ways to like

2119 pack at school

even though I was wearing like

2121 women's clothing

2122 and uh

2123 I had compulsions

but even when I found out

2125 what trans was

and that trans people existed

2127 I mean I was very fascinated

2128 I was very interested

2129 um but there was no kind of

2130 eureka moment

2131 where I was like

oh my god that's me

2133 thank god it all makes sense

2134 um

2135 basically what happened from there

2136 was I spent the next

2137 four years

2138 um gradually

2139 with my dysphoria sort of building

2140 more and more uh

2141 um agonizing over whether or not I should transition

and my dysphoria began to look a little like this

2143 where I would have like

2144 these horrible dysphoric episodes

2145 and be like

2146 I need

2147 I must be trans

2148 maybe I'm trans

and then all of the sudden

2150 I'd be fine again

2151	and I'd manage to push it out of my mind
2152	um and then I'd be so sure
2153	that I wasn't trans
2154	and so happy I didn't transition
2155	um uh
2156	and I'd kind of
2157	allow myself to forget
2158	that I was even trans-questioning
2159	um
2160	so I didn't realize that I was trans
2161	um uh
2162	I dunno
2163	until
2164	there
2165	there wasn't even a moment
2166	it just kinda
2167	like even when I started testosterone
2168	I identified as trans
2169	but I think
2170	because I didn't have that trans-narrative
2171	um i guess
2172	I almost
2173	didn't allow myself to believe I was legitimately trans
2174	um
2175	and that caused a lot of confusion
2176	for the first few months that I was on testosterone
2177	so I think it uh
2178	a very recent evolution for me
2179	to feel like
2180	yes
2181	I am trans
2182	I've had
2183	my
2184	my trans-experience has informed
2185	my entire life
2186	from the point of childhood on
2187	but I didn't realize what it was
2188	until very very recently
2189	and I didn't feel legitimate in that identity
2190	until very recently
2191	um so that
2192	I'm twenty-three
2193	early twenties

2194	uh and uh
2195	and I certainly didn't feel any pride over it
2196	until very recently
2197	um
2198	I am now very proud
2199	of who I am
2200	and um
2201	the experiences that have taken me
2202	to the place that I'm in now
2203	in my gender identity
2204	um
2205	um I feel extremely empowered
2206	I feel very sexy
2207	I feel um
2208	I feel really good
2209	for the first time in my life
2210	about my gender
2211	um and that's
2212	I think that I was waiting for testosterone to show me
2213	um
2214	the contrast between
2215	what it would feel like
2216	to be happy with your gender
2217	that I'd know by contrast
2218	that I was unhappy in the first place
2219	so it was kind of like
2220	I don't know what these feelings are
2221	now that I am happy with my gender
2222	I can see that pre-testosterone
2223	I was very very dysphoric
2224	confused
2225	and unhappy
2226	um and I still have
2227	a lot of very dysphoric moments
2228	but I'm at
2229	I'm in a place now where
2230	I'm trying to be as authentic as I can be
2231	and genuine as I can be
2232	to who I am
2233	um
2234	and I feel a lot of pride with
2235	pursuing the things that I've pursued
2236	and uh

2237	I dunno
2238	I guess making this video
2239	and talking about
2240	my childhood
2241	now that
2242	now that I'm not
2243	threatened by the possibility
2244	that I might not really be trans
2245	uh
2246	that I can look back
2247	and see the differences
2248	between my story
2249	and the traditional trans-narrative
2250	um
2251	so I just wanted to put that out there
2252	in case anybody else sort of
2253	shared that experience
2254	and um
2255	yeah
2256	I'm wearing snappy suspenders
2257	um
2258	and I hope everybody is doing really well
2259	um
2260	and uh
2261	yeah
2262	I'll check in again soon
2263	alright take care

ALionsFears. (2013, Jul. 30). I Didn't Know I Was Trans! [video file]. Retrieved from: http://youtu.be/0IER8uRj2Rs

- what's good youtube
- 2265 it is Aydian here
- **2266** um
- 2267 so
- 2268 I'm making this video
- because I always get asked the question
- 2270 uh
- 2271 how did you know you were trans
- it's a very common question
- and I know a lot of people get asked it
- 2274 um

2275	SO
2276	but
2277	before I get into that
2278	I have decided that a hysterectomy
2279	is something that needs to be done
2280	within the next few years
2281	um
2282	I've always been told
2283	within five years of starting T
2284	you should get a hysterectomy
2285	just for safety reasons
2286	um
2287	SO
2288	pretty much
2289	what I decided to do was
2290	through point 5 cc
2291	I'm now going to take
2292	any of the profit made
2293	from any A Lion's Fear shirt made
2294	which
2295	this is one of them
2296	um
2297	any A Lion's Fear shirt sold
2298	and it's got the little needle <shows arm="" image="" injection="" of="" on="" t-shirt="" testosterone=""></shows>
2299	which can
2300	or cannot
2301	doesn't have to be there
2302	um
2303	if you don't want it there
2304	just write me a little email
2305	um
2306	so pretty much
2307	this shirt
2308	um
2309	it's like
2310	says
2311	a lion's fears
2312	in here
2313	um
2314	plus another a lion's fears design
2315	are both going to be
2316	um pretty much anything sold from them
2317	is going to go directly into that fund

0010	
2318	rather than the surgery fund
2319	that all the other shirts are donated to
2320	so um yeah
2321	that's pretty much that
2322	but um
2323	if you guys want to support me
2324	and you want to get a cool shirt in the process
2325	I'll put the link below
2326	
2320	you can uh
	get that shirt
2328	SO
2329	any kinda shirt
2330	sold that has this design on it
2331	will go towards that
2332	which hopefully
2333	um you know
2334	hopefully you guys will get 'em
2335	and I can
2336	start saving some money
2337	<laugh></laugh>
2338	otherwise I do have a financial
2339	way of saving money too
2340	so hopefully between the two
2341	and I have health insurance
2342	so hopefully between the two
2343	I could get the
2344	I think it's like forty-five percent I need
2345	to cover
2346	and they cover the other
2347	uh fifty-five
2348	something like that
2349	so uh yeah
2350	besides that
2351	SO
2352	how did I know I was transgender
2353	pretty much
2354	I decided to go about this topic
2355	in a way that might be a little different
2356	umm
2357	its
2358	really going to be called
2359	I didn't know I was transgender
2360	ok

2361	I was not one of the
2362	umm
2363	I'm gonna say
2364	I consider lucky or
2365	I guess
2366	well-knowledged
2367	people
2368	who knew at the age of three
2369	or four
2370	or five or six
2371	that they were not
2372	the gender that they were born at
2373	I grew up with two older brothers
2374	and was raised by my mother
2375	and saw my father every other weekend
2376	SO
2377	pretty much it was me
2378	with two older brothers
2379	three years and six years older than me
2380	and then there was me
2381	I was the only girl in pretty much
2382	a whole side of the family
2383	both sides of the family
2384	my mothers and my father's side
2385	I was the only girl
2386	up until about I turned
2387	eight or nine
2388	ten
2389	something like that
2390	and I had a cousin
2391	who was born
2392	and then I didn't have another girl cousin until
2393	until about three years after that
2394	SO
2395	I was the only girl
2396	um
2397	and
2398	I got to do what I wanted to do
2399	my brothers teased me
2400	they beat me up
2401	I beat them up
2402	I fake cried
2403	to get my mom to yell at them

2404	um
2405	I mean
2406	I played softball since I was about six
2407	I played soccer since I was like four
2408	I was on one of those baby leagues
2409	I played roller hockey
2410	I played um
2411	I skateboarded
2412	I roller bladed
2413	I mean I did everything
2414	and anything that I really wanted to do
2415	I uh
2416	my brothers
2417	would play karate
2418	and I would play karate with them
2419	and I would climb trees
2420	and I wore my brothers jerseys
2421	and um
2422	their clothes
2423	um you know
2424	I was considered a tomboy at the time
2425	that's what I was known as
2426	oh
2427	a tomboy
2428	you know
2429	and I was ok with that
2430	I used to actually get upset about it
2431	cuz I
2432	I didn't really know what it meant
2433	I just knew that they were making fun of me
2434	so I didn't want to be made fun of
2435	so I used to get really upset when people would call me a tomboy
2436	but I had a starter jacket that I would wear every day to school
2437	I would borrow my brother's
2438	my mom
2439	had um
2440	one year my mom got me this
2441	like girly bike
2442	it was like uh
2443	uh
2444	mountain bike
2445	for my birthday
2446	I mean for Christmas

2447	and I got so mad at her
2448	cuz all I wanted was a mongoose
2449	I don't know if you guys remember
2450	that like those were really cool
2451	in like 1996
2452	um I really wanted a mongoose
2453	with the pegs on the front
2454	and the back
2455	so I could do cool tricks
2456	you know
2457	that's all I wanted
2458	and I got this
2459	mountain bike
2460	and I was so pissed off about it
2461	looking back now
2462	I feel really bad about it
2463	cuz I am viewing it now from a parent's eyes
2464	not that I am a parent
2465	but you know
2466	um
2467	and I feel like that'd be
2468	the worst thing ever
2469	if I
2470	if I spent like three hundred dollars on something
2471	for my kid
2472	and then
2473	that morning they were like
2474	I fucking hate this
2475	<laugh></laugh>
2476	so point is
2477	I didn't really know I was transgender
2478	I didn't really have to know
2479	um I had a crush on somebody in third grade
2480	and my mom asked me
2481	the first thing she asked me
2482	uh I might of mentioned this story before
2483	but the first thing she asked me
2484	on the way home from like Wendy's
2485	is
2486	when I told them
2487	her that I had a crush on somebody
2488	she asked me is it a boy or a girl
2489	um

2490	so right off the bat
2491	I mean third grade
2492	I mean I don't even know how old you are in third grade
2493	but you're pretty young
2494	and my mom knew
2495	that something was up
2496	maybe she didn't know for sure
2497	maybe she had a hope in her heart
2498	that maybe I would be
2499	you know
2500	the little girl that she pretty much had embedded in her brain
2501	that she wanted
2502	but um
2503	she was open to things
2504	obviously
2505	um you know I
2506	I
2507	like I said
2508	I got to play all the sports
2509	I was
2510	I remember up until like fifth grade
2511	I was able to beat all the boys at arm wrestling
2512	all the boys were scared of me
2513	um
2514	and then
2515	you know
2516	I got into middle school
2517	and I started going to Catholic School
2518	I just knew that
2519	I would always wear shorts underneath my skirt
2520	because I hated the skirt
2521	girls used to
2522	roll their skirts
2523	like roll the top up
2524	and I used to
2525	roll it down so it would be longer
2526	I mean
2527	when I got into high school
2528	and I had to shave
2529	I would wear knee highs
2530	so I would only shave from here to here
2531	cuz this is where my skirt landed
2532	and this is where my knee high went

2533	so I only shaved there
2534	so down here was always nice and hairy
2535	um
2536	I mean
2537	I was always into sports
2538	SO
2539	so being like a sporty girl
2540	Ι
2541	you know
2542	I knew I was a lesbian
2543	because I liked girls
2544	and that's just what I thought I was
2545	I just thought I was a sporty
2546	lesbian
2547	you know
2548	pardon my French
2549	butchy
2550	kind of lesbian
2551	and that's just
2552	what I thought I was
2553	and that's how
2554	I was ok with it
2555	you know what I mean
2556	I was
2557	started wearing boxer
2558	in like seventh grade
2559	um
2560	then I
2561	once I hit about
2562	twenty-one
2563	twenty-two
2564	I started noticing
2565	that something was definitely different
2566	and that's when I
2567 2568	you know um realized that I was trans
2569	
2509	in that age and then
2571	
2572	I started transitioning like three years ago
2572	so I was like
2574	twenty-three when I actually started
2575	twenty-two
2010	twonty-two

2576	twenty-three
2577	when I actually started
2578	I was actually twenty-two
2579	when I started transitioning in February
2580	and then I turned twenty-three over the summer
2581	and then I started hormones that fall
2582	so um
2583	you know
2584	I think with me
2585	once I found out
2586	I didn't know
2587	what transgender was
2588	I knew that there were
2589	all
2590	all I knew
2591	when I was younger
2592	is that some boys dress like women
2593	and most of them
2594	are prostitutes
2595	I mean
2596	I'm just being honest
2597	and I know now
2598	that that's totally a stereotype
2599	and it's
2600	totally not even really a correct stereotype
2601	but that's what I knew
2602	cuz I saw it in movies
2603	or I was flipping through the TV
2604	and watching something
2605	I shouldn't have been watching
2606	since I was too young
2607	you know what I mean
2608	I didn't know
2609	what transgender was
2610	I didn't know you could live that
2611	maybe if I knew that
2612	when I was younger
2613	maybe I would've
2614	um
2615	you know
2616	maybe I would have been more vocal about
2617	wanting to do that
2618	or maybe I would've known

0.0

2619	earlier
2620	that I wanted to do that
2621	but I didn't know I was transgender
2622	I didn't
2623	I had no idea
2624	um
2625	maybe if I lived in a house
2626	where you know
2627	I was
2628	being the girl
2629	I was made to do dishes
2630	or clean
2631	or cook
2632	you know
2633	do my nails
2634	or what
2635	you know
2636	I didn't have those pressures
2637	of doing that
2638	and honestly
2639	I
2640	I liked pink
2641	and my rooms were pink
2642	I loved stuffed animals
2643	and I loved beanie babies
2644	and I loved N'Sync when they came out
2645	and you know
2646	I loved
2647	all these girly things
2648	and that was ok
2649	and I loved all these
2650	"boy" things
2651	and that was ok too
2652	so to me I was just
2653	lucky enough
2654	to grow up
2655	in a household where
2656	um
2657	it was ok to be yourself
2658	whatever that self may be
2659	um
2660	as I got a little older
2661	I think my mom saw me

2662	changing a little bit more
2663	and maybe
2664	she used to press
2665	pocket books on me
2666	and dresses
2667	but I mean
2668	there came a point
2669	even when she stopped doing that
2670	because it was like
2671	listen
2672	I'm not wearing a dress
2673	you could dress me up in the coolest
2674	awesomest suit you want
2675	but I not gonna wear a dress
2676	and she caught on to that
2677	and right before I transitioned
2678	I had a good year
2679	or two of
2680	some like
2681	big heartbreaks
2682	and just
2683	you know
2684	I was going to community college
2685	and
2686	I didn't know what I was doing there
2687	and
2688	I didn't really have a job that I liked
2689	and you know
2690	I didn't even have a job at some point
2691	um
2692	so I started really
2693	venturing into like
2694	I lost a lot of weight
2695	in a very unhealthy way
2696	and um
2697	I started dressing very feminine
2698	and getting attention that way
2699	but I didn't really like it
2700	at the end of the day
2701	I was just
2702	like I went to prom in this
2703	hot little dress
2704	and uh

2705	I took it off after like
2706	two and a half hours
2707	because all I wanted to do was
2708	to show those people that like
2709	you know
2710	I am a human
2711	and I
2712	you know
2713	look at me
2714	instead of covering myself up in black
2715	and you know
2716	just being some like
2717	dykey lesbian
2718	from "high school"
2719	you know what I mean
2720	the only "out" girl
2721	in school
2722	um
2723	I showed up to prom
2724	in some hot little dress
2725	and everyone was like
2726	oh wow you look great oh wow
2727	and then I left
2728	cuz that's all I needed
2729	was for people to acknowledge me
2730	you know what I mean
2731	SO
2732	I didn't know I was transgender
2733	I didn't
2734	do you know how I knew
2735	1
2736	um
2737	I was like
2738	on YouTube or something
2739 2740	and a Maury
2740	a Maury clip came up
2741	about this guy who transitioned from female to male
2742	
2743	once I saw that
2744	I looked at the suggested videos and I watched video
2745	after video
2740	
2141	after video

ahh video
video
and then oddly enough
that same week
my girlfriend at the time
um
she asked me
hey
you know
do you ever think
about being a man
like
just like that
when we were driving home
from somewhere one day
and I was like
you know
it's really weird you said that
because I just happened to look at these videos
and then I showed her the videos
and then we both got obsessed with watching videos
and that's how I found out I was trans
that's how I knew
I mean
YouTube really showed me
that
that was a life I wanted
and literally
I started that in like February
of that year
and by October
I was on T
because
once I knew that was my
I mean like
I didn't have to go through
all this horrible depression
figuring out who I was
I had one episode where I made all these things
and I bought a packer
and I bought a binder
and I just got rid of all of it

2791	I deleted my YouTube
2792	I deleted this Facebook
2793	a twitter
2794	all this stuff
2795	um
2796	that's actually why
2797	it was originally A lion's fear
2798	one
2799	plu—and
2800	and then I had to make it get plural
2801	because I deleted that account
2802	and made a new one
2803	so now it's A lion's fears
2804	um
2805	so you know
2806	yeah
2807	I mean
2808	I didn't know
2809	and I don't think you do know
2810	and then all of the sudden
2811	something clicks
2812	like
2813	that's what happened to me
2814	something clicked
2815	and something inside of me said
2816	that's it
2817	that guy on there
2818	you're going to be that guy
2819	you know what I mean
2820	that's where you're supposed to be
2821	and once I started the path
2822	I made a really conscious effort
2823	to stay open
2824	about my emotions
2825	and YouTube helped me with that too
2826	by making videos
2827	and that's how I be
2828	discovered that I was trans
2829	I mean
2830	it wasn't hard for me
2831	once I figured it out
2832	I was very depressed
2833	um

2834	you know
2835	um
2836	throughout middle school
2837	and high school
2838	and I didn't know why
2839	and I was
2840	I was very depressed
2841	and I um
2842	I used to cut myself
2843	as a self
2844	like you know
2845	self-torturer
2846	you know
2847	whatever
2848	um
2849	I did that for a lot of years
2850	um
2851	you know
2852	I
2853	Ι
2854	I was a very depressed
2855	depressed kid
2856	um
2857	I had friends
2858	and I had family
2859	but I just
2860	I wasn't happy with myself
2861	and so I took it out on
2862	everything else that was around me
2863	and um
2864	yeah
2865	that's
2866	you know
2867	that's when I did my most
2868	thinking
2869	and emotions
2870	and I figured I was gay
2871	and then I was like
2872	ok that's cool
2873	and then I
2874	I found it ok
2875	with myself
2876	being more of the masculine

2877 and that was cool 2878 and you know 2879 but I just never 2880 felt complete 2881 and once I 2882 discovered 2883 what trans was 2884 I felt that 2885 little gap 2886 close 2887 um 2888 and I just went with it 2889 I mean 2890 I just 2891 it was like 2892 like 2893 you know 2894 finding 2895 I dunno 2896 a good analogy 2897 but like you know 2898 like 2899 like 2900 once you get behind the wheel 2901 the first time ever 2902 you're scared shitless 2903 and then the third time 2904 you're like 2905 this is my car 2906 and I got a driver's license 2907 and I'm fucking driving 2908 screw all you people 2909 I'm driving whenever 2910 wherever 2911 I don't care 2912 where I'm going 2913 I'll just drive 2914 you know what I mean 2915 um 2916 and it was kind of like that 2917 it was like 2918 once I got the car 2919 once I got in the car

2920	once I drove it around once
2921	for a test drive
2922	I was like
2923	alright
2924	this is my car
2925	let's go
2926	let's buck it
2927	you know what I mean
2928	like
2929	it was easy
2930	I didn't have to think twice about it
2931	it just went
2932	I followed all the steps
2933	I did all the research
2934	I
2935	I traveled an hour and forty-five minutes to
2936	uh
2937	to therapy
2938	and
2939	to the clinic
2940	where the therapist was
2941	and to get my shots
2942	and all that stuff
2943	I mean I did a
2944	I paid all this money
2945	out the ass
2946	to get there
2947	to be seen
2948	I frickin'
2949	had to drive to the other side
2950	of where I was at
2951	I was driving to the city
2952	and then I was driving all the way
2953	out east
2954	just to get my name changed
2955	and like
2956	you know
2957	it was a big process
2958	but all of it felt relevant
2959	it felt like
2960	that's what I was supposed to be doing
2961	and I was
2962	although it was a pain in the ass



2062	T 1
2963	I was happy
2964	with every pain in the ass
2965	thing I had to do
2966	because
2967	it was one step closer
2968	to filling the gap
2969	um
2970	yeah
2971	so I mean I didn't know I was trans
2972	you want to know
2973	how
2974	oh you know
2975	oh how did I know I was trans
2976	I didn't know
2977	I wasn't six
2978	I wasn't twelve
2979	I wasn't eighteen
2980	I was twenty-two
2981	twenty-three years old
2982	when I discovered I was trans
2983	that's when I knew
2984	that's when
2985	I has lived all this life
2986	and I was like
2987	you know
2988	I'm alright with myself
2989	but something's not right
2990	something's
2991	still not right
2992	and once I found that piece
2993	I just shoved that shit in
2994	and I was like
2995	let's go
2996	you know what I mean
2997	SO
2998	alright
2999	that's my response
3000	fifteen
3001	sixteen minutes later
3002	alright guys
3003	and if you'd like to support me
3004	and uh
3005	my hysterectomy

3006	please go to the point 5 cc t-shirt company dot com
3007	buy one of these awesome shirts
3008	there's another
3009	a Lion's Fears
3010	uh
3011	version of this shirt too
3012	that also counts
3013	and if you like any of the other shirts
3014	on there
3015	or
3016	oh I'm not wearing that hat now
3017	but any of the hats
3018	you know
3019	anything I got on there
3020	you know
3021	everything goes towards
3022	supporting a surgery
3023	so if you wanna be a cool guy
3024	cool girl
3025	cool ally
3026	and you wanna support someone's surgery
3027	but you don't have a hundred dollars to spend
3028	go buy a shirt
3029	you know
3030	spend twenty-five dollars
3031	including shipping
3032	and
3033	you know
3034	support someone
3035	it's an awesome thing to do
3036	and
3037	we got some big things coming up for point five cc too
3038	so keep your eye out for that
3039	I'm kind of excited
3040	but I don't want to say nothing yet
3041	but uh, you know
3042	get myself out there
3043	alright guys
3044	that's it
3045	alright
3046	peace
	<end 16.48=""></end>

## NARRATIVE 8

INFJandFTM. (2013, Aug. 21). FTM: How I knew I was trans. [video file]. Retrieved from: http://youtu.be/fmzLiyJO9gs

3047	hey guys
3048	Oz here
3049	and today's video is called
3050	how I knew I was trans so I would like to tell you how I knew
3051	I was trans
3052	but first
3053	I wanna tell you that
3054	even in transgender community
3055	even then
3056	even there
3057	are stereotypes
3058	and when you don't fit into the stereotypes
3059	it doesn't mean you're not trans
3060	there is a lot of
3061	a lot of guys
3062	and they say
3063	that
3064	they knew
3065	they were
3066	trans when they were three years old
3067	they knew that something was wrong
3068	when they were two years old
3069	like what
3070	when I was two I didn't know anything
3071	and when I was three all knew was that
3072	I want my mom
3073	I want food
3074	and I want to play
3075	I didn't care about gender
3076	I didn't care about gender roles at all
3077	so that's just what I wanted to tell you
3078	that you know
3079	don't care about stereotypes
3080	just be yourself because
3081	you
3082	are an amazing human being
3083	you are an amazing individual
3084	and that's what makes this world beautiful
3085	everybody's different

3086 (camera cut) 3087 so now 3088 back to topic 3089 how I knew I was trans 3090 when I was questioning my gender identity 3091 Ι 3092 or my gender 3093 I wasn't looking into the past 3094 as much as I was looking into the future 3095 so I wasn't like 3096 ok I always wanted to 3097 wear boys clothes 3098 so that means I'm trans 3099 uh 3100 of course I didn't 3101 but 3102 not that much 3103 I was like 3104 asking myself 3105 where do I see myself in next two years 3106 or twenty years 3107 do I see myself as a girl 3108 do I see myself as a woman 3109 or do I see myself as a man 3110 do I see myself as a mother 3111 or as a father 3112 and 3113 it actually helped me 3114 and I realized that I 3115 can't imagine myself 3116 living as a woman 3117 I just couldn't imagine this 3118 you know 3119 I can't be a mother 3120 because I'm not a woman 3121 I'm not a female 3122 like 3123 I can't be a mother 3124 I would love to be a father to 3125 father to a child 3126 to go out with a child and play 3127 and you know 3128 play football

3129 something or 3130 doesn't mean I want son 3131 I 3132 you know 3133 I 3134 actually I would like to have 3135 a son and a daughter 3136 like 3137 one son and one daughter 3138 would be amazing 3139 so 3140 that's how I see 3141 how I see myself 3142 in future 3143 and of course I was 3144 when I was little 3145 I was dressing like a boy 3146 I played with cars 3147 like the little cars 3148 and you push them 3149 you know 3150 and I 3151 you know 3152 Ι 3153 I played 3154 I played football 3155 and I had friends like 3156 boys 3157 were mostly my friends 3158 but not all the time 3159 when I was in kindergarten 3160 I was a very shy 3161 and I wasn't very social 3162 I was the one who was sitting 3163 in the corner and 3164 drawing 3165 and don't talk to anyone 3166 don't play with anyone 3167 because I was really shy 3168 and I'm still shy 3169 but 3170 when I 3171 when I started primary school

3172	Ι
3173	I hated kindergarten
3174	so it was amazing
3175	primary school
3176	I had a lot of friends
3177	and we were having good time
3178	and learning
3179	I was learning new things
3180	language and mathematics
3181	it was just great
3182	and when I got older
3183	I started to dress more like a girl
3184	because my best friend
3185	she
3186	actually she was my best friend for
3187	for three years
3188	and then I was ill
3189	so I stayed
3190	I stayed home for one week
3191	and during the one week
3192	she started to bully me
3193	like
3194	I didn't know why
3195	what happened?
3196	and now I
3197	now I know it was just a puberty
3198	and the bullying didn't last longer than one month
3199	so it was ok
3200	and then we were actually able to
3201	talk together
3202	we weren't
3203	we weren't friends
3204	but we were able to talk together
3205	and we were just classmates so
3206	yep
3207	and this girl told me that
3208	I should shave my legs
3209	and I should dress like a girl
3210	because I am a girl
3211	so I thought that
3212	ok maybe I would feel more girly
3213	when I will do all those things
3214	so I spent like

3215 two or three years 3216 dressing up like a girl 3217 but I didn't feel comf 3218 but I didn't feel comfortable at all 3219 and one day I was 3220 I was standing in front of mirror 3221 and I was watching myself 3222 and 3223 I can't even describe the feeling 3224 and 3225 I was a bit scared of the feeling 3226 because I felt disgusted 3227 and you know 3228 I wasn't fat 3229 I wasn't too slim 3230 I was just a normal 3231 normal fifteen year old girl 3232 like physically 3233 so I didn't know what's happening 3234 why I hated myself 3235 and when I put on something very girly I 3236 I just felt 3237 I felt like naked 3238 you know 3239 go outside naked 3240 how would you feel 3241 that how I felt when I was wearing 3242 [cough] sorry 3243 when I was wearing 3244 girl's fashion 3245 so that time 3246 I still didn't know I was trans 3247 and 3248 (camera cut) 3249 I was just like 3250 ok I'm strange girl 3251 I always thought it 3252 I'm 3253 I'm strange girl 3254 and then my 3255 guinea pig unfortunately died 3256 uh 3257 and at first I didn't want

3258 any other guinea pig 3259 because she was the only one for me 3260 but a month later 3261 I started to search the internet 3262 and you know I was 3263 I decided I wanted another guinea pig 3264 so I searched for a different color 3265 different kinds of guinea pigs 3266 and I was on YouTube 3267 and I was watching a video 3268 uh 3269 and there was some 3270 there was some guinea pigs you know 3271 when you're watching a video on YouTube 3272 on the right side there is the column 3273 with the videos you might like 3274 and there was a video called 3275 transgender kids 3276 one part 3277 first part of six 3278 so I clicked on it 3279 and that time 3280 all I knew 3281 all I knew about transgender people was 3282 that they exist 3283 I remember when I was eight 3284 my mom and I 3285 we watched a documentary 3286 about female to male transition 3287 and I was eight so I was like 3288 oh it's really possible to change this 3289 and we were watching this 3290 and I was like 3291 wow 3292 and my mom was like 3293 but please never do this 3294 and I don't remember what I said 3295 but I was fascinated by it 3296 but then I forgot it 3297 and it was forgotten 3298 for next eight years 3299 because I realized that I'm trans when I was sixteen 3300 or late fifteen

3301	I'm not
3302	not sure
3303	um
3304	SO
3305	I click on the video
3306	and I watched it
3307	and I was like
3308	oh my god
3309	that's
3310	that's me
3311	that's exactly how I felt when I was
3312	twelve or ten
3313	that's exactly how I felt
3314	but I still didn't know
3315	didn't know that it's uh
3316	that a transition is possible
3317	even for me
3318	like here
3319	in Czech Republic
3320	and I didn't know that
3321	I can start transition even when I'm
3322	not a child
3323	anymore
3324	SO
3325	after this video
3326	I searched the internet
3327	I searched so uh
3328	many many videos
3329	SO
3330	F to M videos
3331	and I started to question my gender
3332	and as I said
3333	I was looking more into the future that into the past
3334	and it took me a year
3335	to actually be sure
3336	that I am transgender
3337	so it took me a year
3338	and I'm telling you this because
3339	you know
3340	transition is not something you should rush into
3341	you know
3342	because
3343	just think about it

\_

3344	take your time
3345	because it's
3346	it's very difficult
3347	transitioning is very difficult
3348	not just physically
3349	but emotionally
3350	so don't rush into anything
3351	because one day you may
3352	might think that you are transgender
3353	and you'll
3354	you'll go through a coming out
3355	and you will tell everybody that you are trans
3356	and another day you will think
3357	ok maybe I'm not trans
3358	maybe I'm just a butch
3359	so don't rush into anything
3360	think about it and
3361	believe me
3362	one day you will figure it out
3363	is the same like
3364	with coming out
3365	I wanted to come
3366	come out like
3367	many times
3368	but I just still wasn't sure
3369	and then one day I woke up and
3370	I was like
3371	ok
3372	I'm going to come out today because I feel ready
3373	SO
3374	believe me
3375	one day it will come
3376	so that's basically how I knew I was trans
3377	and yeah
3378	be yourself
3379	love yourself
3380	and
3381	see you later
3382	bye

## bye

## NARRATIVE 9

Jaythefoxprince. (April 12, 2013). How I knew I was transgender. [video file] retrieved from: http://youtu.be/rSFwC9U4kio

3383	hey guys
3384	um
3385	I'm going to be explaining
3386	my story of how I knew I was trans
3387	because
3388	I didn't just know
3389	from when I was a kid
3390	um I know a lot of
3391	trans people
3392	know
3393	when they're a kid and
3394	they just don't really say anything or
3395	you know
3396	they try
3397	but their parents ???
3398	so they can't do anything til their older
3399	or they just don't know what trans is
3400	and later they do
3401	but I didn't know when I was a kid
3402	I only knew a few years back
3403	SO
3404	I'll first start talking about my childhood
3405	I mean
3406	I didn't think that like
3407	I should be a boy
3408	but
3409	like when
3410	I was a child
3411	but now looking back on my childhood
3412	I can see
3413	the things that
3414	are kinda like
3415	signs that
3416	I was trans or like
3417	now that I look back
3418	it makes a lot of sense
3419	you know
3420	I was like
3421	i was really a tomboy
3422	my mom could not get me into a dress

2422	1 171
3423	even when like
3424	before I could barely talk
3425	and yeah
3426	I just never really
3427	got into anything girly
3428	and my mom hated it
3429	cuz she really wanted a girl
3430	and you know
3431	and I played with my brother a lot
3432	my older brother
3433	um we would always like play with like
3434	bionicals and legos
3435	and video games
3436	and stuff like that
3437	SO
3438	I was lucky to have a brother to do that stuff with
3439	so I could have a comfortable childhood
3440	and not be forced into these really girly things
3441	you know
3442	um
3443	one thing I really noticed
3444	that I didn't really pay attention to back then
3445	is I used to have these dreams
3446	where um
3447	I would
3448	you know
3449	like when you can um
3450	you can kinda shape a dream
3451	that way that you want
3452	like physically
3453	if you realize that you're dreaming
3454	and I would have these dreams a lot
3455	where I would try to like
3456	take off my shirt
3457	and I would try to
3458	I would make sure that my chest would be male and flat underneath
3459	and I did the same thing for the bottom area too
3460	it was really weird
3461	I didn't really think anything of it
3462	until
3463	I thought about it now
3464	SO
3465	yeah

3466	that's just
3467	um and
3468	as I saw some like
3469	family friends who were older growing up
3470	um
3471	I would always
3472	I'd see them
3473	like a girl
3474	and she would be dressing more like
3475	feminine
3476	and being like you know
3477	teenager girl
3478	and I was always worrying
3479	like
3480	oh god
3481	I can't
3482	what am I supposed to do
3483	like
3484	I cannot dress like that
3485	and I cannot act like that
3486	I just didn't know
3487	I was really scared
3488	when I was a kid
3489	so yeah
3490	that's pretty much
3491	hmm
3492	most of my childhood
3493	gender-wise summed up
3494	so I'll come to
3495	how I discovered about trans people
3496	in the first place
3497	SO
3498	I was into cosplay
3499	um
3500	yeah
3501	cuz my friends got me into it
3502	cuz I was
3503	I always liked animae anyways
3504	but yeah
3505	anyway
3506	um
3507	this one coz player is pretty famous
3508	his name is Twinfolds

3509	I'm sure if you know cosplay
3510	or animae
3511	or trans guys
3512	you ma
3513	most likely have heard of him
3514	he's pretty famous
3515	as a cosplayer
3516	and
3517	um
3518	before like
3519	about the time
3520	I started like
3521	following him
3522	on his channel
3523	on his YouTube channel
3524	and everything
3525	he posted this
3526	um
3527	like a transgender announcement
3528	and I was like
3529	I just didn't really think of it back then
3530	but I was just like
3531	oh
3532	oh that's interesting
3533	and I didn't start thinking about it
3534	until he starting posting things like
3535	um
3536	like few months T
3537	and everything
3538	through his transition
3539	he kept posting
3540	you know
3541	updates about it
3542	and I would watch them
3543	cuz I thought that it was kinda interesting
3544	and I remember thinking to myself like
3545	whoa that
3546	that'd be like a
3547	a horrible thing to have to go through
3548	like
3549	having to
3550	having that
3551	feeling about your body

3552	that it's just so wrong
3553	and that you have to take hormones
3554	and do surgery
3555	to
3556	feel ok with that
3557	and now I realize that that was
3558	kind of another sign that it's like
3559	kind of a denial thing
3560	like
3561	you know like
3562	I don't think
3563	I mean of course you
3564	like feel like
3565	kinda sympathetic
3566	if you think about that position
3567	because it's like
3568	oh yeah
3569	that's a really horrible thing
3570	but the
3571	I saw that I was thinking about it
3572	because that's actually
3573	how I felt on the inside
3574	the dysphoria
3575	and everything
3576	that's how I felt on the inside
3577	I just didn't really know it yet
3578	um
3579	so yeah
3580	about
3581	that was about
3582	that was like
3583	sophomore year
3584	
3585 3586	like the end of freshman
3587	I dunno it was about like three
3588	three years ago
3589	or something
3590	that's when I discovered
3591	what trans was
3592	like
3593	of course
3594	like everyone know that
0001	The over joine harow that

3595	like
3596	you hear about like
3597	like "sex changes"
3598	and stuff
3599	in the media
3600	but you know
3601	they make it seem like
3602	it's like
3603	a freak of nature
3604	kind of thing
3605	but um
3606	seeing like an actual person
3607	going through their transition
3608	um
3609	kinda like
3610	gave me like
3611	more like
3612	human side of it
3613	other than
3614	how the media is like
3615	oh
3616	Cher's daughter's a boy now
3617	you know
3618	umm
3619	so yeah
3620	um
3621	Twinfolds
3622	yeah
3623	he's pretty awesome
3624	you should follow him
3625	he's cool
3626	um
3627	I really look up to him
3628	so then yeah
3629	so
3630	by the end of sophomore year
3631	I changed
3632	I actually changed my name
3633	cuz my birth name way
3634	or like
3635	not like
3636	legally
3637	but my birth name

3638	was really feminine
3639	it like
3640	one of those like
3641	really like
3642	preppy white girl names
3643	like
3644	<laughs></laughs>
3645	I can't stand it
3646	so I actually got my friends
3647	and classmates to start
3648	and teachers
3649	to start calling me Ronnie
3650	because
3651	I felt that it fit me more
3652	and
3653	yeah
3654	I felt a lot more comfortable that way
3655	SO
3656	yeah
3657	that was going pretty good
3658	and I think already then
3659	I was kind of
3660	by then
3661	when I changed my name
3662	I already knew
3663	I was kind of questioning
3664	if maybe I was trans
3665	cuz
3666	I remember talking to one of my best friends about it
3667	and I was really uncomfortable with the idea
3668	cuz it really really scared me
3669	I remember I used to
3670	um
3671	when we were talking about it
3672	I used to
3673	make her use like a code word
3674	because I didn't like the word transgender
3675	cuz it scared me so much
3676	so she called it like
3677	peanut butter
3678	so she'd use that
3679	like as a code word
3680	instead

3681	which is pretty ironic
3682	because I'm allergic to peanut butter
3683	so yeah
3684	so yeah
3685	around the time that I changed my name
3686	two of my like friends
3687	kinda
3688	classmates
3689	they actually came out as trans
3690	came out female to male also
3691	and um
3692	I remember I was a bit jealous
3693	because I guess I was jealous
3694	that I couldn't do the same
3695	cuz I was too scared
3696	or I wasn't completely sure
3697	or anything
3698	so I was just kinda lost
3699	so yeah
3700	it was just
3701	I had weird feelings about it
3702	like
3703	of course I was happy for them
3704	but I was kind of
3705	jealous
3706	because I felt like
3707	I couldn't do the same yet
3708	cuz I wasn't completely sure
3709	and
3710	I was scared
3711	SO
3712	I kind of
3713	adopted a more
3714	like kind of a
3715	gender fluid kind of
3716	identity
3717	I mean
3718	I didn't actually use that word
3719	but
3720	when like
3721	when people would ask
3722	or if people would ever ask
3723	or

3724	I'd just be like
3725	oh
3726	I'm just human
3727	I mean
3728	I'm not really a gender
3729	
	but yeah
3730	CUZ
3731	I didn't really want to think about
3732	having to change and whatnot
3733	SO
3734	following that discovery
3735	was this huge
3736	long period of denial
3737	um
3738	I thought it was
3739	well
3740	it's denial
3741	and confusion
3742	l realize now
3743	that I was confused
3744	because I was trans
3745	I was denying it
3746	because of my fears
3747	and everything
3748	so I kind of like
3749	switched back and forth
3750	like
3751	I'd be like
3752	yeah um
3753	I'm a tomboy
3754	and I'd be like
3755	sometimes I'd be like
3756	no this isn't right
3757	my body's wrong
3758	and I'd be like
3759	I'm a boy
3760	but um
3761	it was really hard
3762	because then and
3763	I'd do these stupid things
3764	like
3765	I'd compare myself
3766	to like

3767	stereotypic men
3768	like on TV
3769	and stuff
3770	and I'd be like
3771	that's not me at all
3772	I can't physically
3773	mentally
3774	that's not me
3775	and that was a really stupid thing to do
3776	because TV shows they
3777	they always portray
3778	like
3779	especially like comedies
3780	and stuff
3781	they always portray guys
3782	as these like total like
3783	buff
3784	oh I'm
3785	SO
3786	cool
3787	and most of them end up
3788	being like a total douche anyway
3789	but they're always like these big guys
3790	and even the underdog guys are still like
3791	kind of
3792	you know
3793	they're not
3794	like
3795	they're not the same as like
3796	underdog guys in real life
3797	um
3798	so yeah
3799	I was
3800	it was really bad
3801	so then I thought
3802	like
3803	it's easier to just be a tom boy
3804	because I can't act I can't "act"
3805 3806	
3807	like a stereotypic guy
3808	or whatever
	so
3809	there were actually some points

3810	um
3811	through this time
3812	when I would
3813	try to get myself to be like
3814	yeah
3815	we
3816	I can try
3817	to start dressing a little bit more feminine
3818	and try to act a little bit more feminine
3819	but
3820	I didn't actually even go through with it
3821	it was more like a thought
3822	like
3823	I can try
3824	let's try this
3825	but if I ever actually like
3826	tried like
3827	by like buying
3828	like a shirt that was like
3829	more like
3830	not even that bad but like
3831	like more feminine
3832	I could not
3833	I could not even
3834	wear it
3835	I was just too uncomfortable
3836	I can't
3837	I can't wear anything that's like
3838	not male
3839	or unisex
3840	um
3841	with like shirts
3842	cuz you know that they like
3843	give that like curvy shape
3844	so I could not do that anymore
3845	I was just
3846	it was just
3847	felt so uncomfortable
3848	and yeah so
3849	I never actually like
3850	I know a lot of trans guys
3851	before they
3852	when they're in denial

3853	they like go into this complete like
3854	feminine mode
3855	where they try so hard to be a girl
3856	and it just like
3857	kinda confuses people
3858	because then they're like
3859	whoa
3860	you're a boy now
3861	it's like what
3862	you like
3863	acted so much like a girl
3864	and looked so much like a girl before
3865	SO
3866	but yeah
3867	I didn't have that
3868	so it's a little bit easier for people to accept me
3869	cuz I was always this tomboy
3870	kinda person
3871	um
3872	so yeah
3873	I actually um
3874	a few years back
3875	I told my parents
3876	I told my mom first
3877	and she
3878	she seemed like
3879	like she
3880	she was paying attention and everything
3881	and
3882	it was like this really big ehh
3883	it was
3884	it wasn't that great
3885	but
3886	after that
3887	she completely swept it under the rug
3888	and she did not mention it
3889	or anything
3890	ever again
3891	until my dad
3892	just told her again recently
3893	and she claimed
3894	that she'd never heard anything about it
3895	SO

3896	that was kinda interesting
3897	I dunno
3898	if she was that
3899	that much denial
3900	that she completely forgot that I told her
3901	or what
3902	if she just thought it was some random phase
3903	I don't really know
3904	SO
3905	about like a year after I told her the first time
3906	um
3907	I told my dad
3908	and he made this
3909	horrible
3910	horrible joke about it
3911	it was the worst joke
3912	I have ever
3913	ever
3914	it was like
3915	possibly the worst thing he could ever
3916	say at that point
3917	when I just told him
3918	SO
3919	it was a horrible
3920	that's kinda one thing
3921	that my dad does
3922	he makes jokes
3923	when he doesn't understand things
3924	or just
3925	to lighten the mood
3926	but it was hor
3927	it was horrible
3928	but he
3929	he like apologized for it later
3930	and he didn't really understand
3931	how offensive he was being
3932	and he kinda slipped it under the rug too
3933	until he kinda had to address it
3934	because I had
3935	like
3936	I had like really bad
3937	like severe anxiety
3938	and anxiety attacks

3939	and like fear
3940	like months back
3941	I mean it wasn't
3942	it was
3943	it wasn't that long ago
3944	but it was
3945	a long time ago
3946	it feels like
3947	it feels like a really long time ago
3948	but
3949	yeah
3950	that um
3951	after that he had to
3952	um
3953	address it
3954	because he thought that it
3955	maybe it was one of the causes
3956	so that's how he finally
3957	addressed it
3958	and that's how they
3959	kind of address it
3960	but they're still having trouble
3961	you know
3962	adjusting
3963	SO
3964	to actually accept the fact
3965	or like even
3966	even after I told them
3967	that I was trans
3968	I still like
3969	after that
3970	even after I told them
3971	I still like
3972	kind of
3973	went back and forth
3974	like nevermind
3975	I'm a tomboy
3976	especially after their reactions
3977	cuz it was like
3978	it was like
3979 3980	they're not gonna take me seriously anyway
3980	I mean
3901	maybe there's like a reason

3982	that they're not taking me seriously
3983	or maybe I should
3984	just
3985	I'll just be like a tomboy
3986	that's ok
3987	but of course
3988	that's not ok
3989	cuz I am
3990	who I am
3991	so I had to
3992	I had to realize all of my fears
3993	that were the reason I was denying it
3994	SO
3995	I had to realize that
3996	I had to accept the fact that
3997	I was afraid
3998	it was just fear
3999	and I had to move past that fear
4000	so that I could
4001	move on
4002	start transitioning
4003	so I could
4004	be myself
4005	and be ok with myself
4006	SO
4007	the fears that I have
4008	are um
4009	the medical side of it
4010	of course
4011	I mean that sounds like
4012	sounds
4013	pretty terrifying
4014	I mean
4015	doing these things to your body
4016	injecting hormones into yourself
4017	and the fact that you have to
4018	probably most people
4019	you have to take it your whole life
4020	unless you don't
4021	unless you want to stop it
4022	if you get a hysterectomy
4023	you pretty much have to take it your whole life
4024	and it's better to get a hysterectomy

4025	because
4026	um
4027	I mean
4028	it's not proven
4029	but
4030	there's
4031	um
4032	it can
4033	be very harmful
4034	it's
4035	I mean
4036	sorry
4037	I'm bad at explaining this
4038	but um
4039	it's pretty much better
4040	to get a hysterectomy
4041	after being on T for a while
4042	because
4043	um
4044	the conflicting hormones
4045	like
4046	attacking with each other
4047	is not good
4048	for your body
4049	and um
4050	having all that stuff down there
4051	um with
4052	while you're having
4053	getting testosterone
4054	is
4055	it can lead to
4056	a lot of
4057	problems like
4058	um
4059	I'm just sure like
4060 4061	it like
4061	increases the chances of uterus cancer
4062	like
4063	a lot
4064	so
4065	it's yeah
4000	I don't know
4007	I UUII I KIIUW

4068	I am getting off course
4069	um so yeah
4070	I was really scared of the medical side of it
4071	because I mean
4072	I'm
4073	I'm actually scared of hospitals
4074	SO
4075	I mean thinking about
4076	having surgery
4077	is just really scary
4078	you know
4079	and yeah
4080	um so
4081	also the social side
4082	is really scary too
4083	because
4084	like
4085	I mean
4086	if you think like
4087	what is everyone going to think
4088	I mean
4089	I mean
4090	and then you think like
4091	really outrageous things like
4092	what if I'm
4093	am I gonna get like murdered for this
4094	am I gonna get beat up
4095	I mean
4096	um
4097	it really is
4098	it is
4099	people
4100	depending where you are
4101	but in my area
4102	people are a lot more accepting
4103	then I thought they would be so
4104	you know
4105	and then the third thing
4106	that I really was scared of
4107	was
4108	the fact that
4109	being transgender is a lot harder
4110	than just

4111	being a tomboy
4112	you know
4113	cuz you have to do all this
4114	you know
4115	all those things that I was afraid of
4116	it just makes it way harder
4117	um so
4118	yeah
4119	so I had to
4120	accept that
4121	I was
4122	I'm not that tough
4123	and I'm not
4124	I'm gonna be
4125	a short
4126	a short guy
4127	that's ok
4128	I had to accept that
4129	because that was another reason I was thinking like
4130	I'm
4131	I'm
4132	I'm short
4133	I'm like
4134	this little weakling
4135	I can't be a boy
4136	but
4137	I mean
4138	that's just stupid
4139	I can't hold myself back
4140	from being who I am
4141	just because of these physical things I can't change
4142	and there are some things I can change
4143	I mean
4144	yeah
4145	I'm not
4146	I'm not that tough
4147	and I'm like
4148	kinda small built in the first place
4149	but I mean
4150	I work out
4151	and I mean I got
4152 4153	it's not that bad
4100	VOR KIEW

4154 I mean 4155 I'm not some like 4156 huge buff guy 4157 but 4158 I mean 4159 I can pass as a guy 4160 some guys are short 4161 it's ok 4162 and that's pretty much 4163 how I knew 4164 it was really confusing 4165 it took years 4166 but 4167 I just had to think it through 4168 I had to 4169 pick it all apart 4170 the pieces of denial 4171 the fears 4172 and I had to stop being so afraid 4173 so I hope my story 4174 will have helped someone 4175 in some way 4176 and if you have any questions 4177 you can ask me 4178 um 4179 yeah 4180 if you 4181 I mean 4182 nobody can really tell you 4183 if you are trans or not 4184 because that's something you have to figure out yourself 4185 but 4186 I mean 4187 some people's stories 4188 and points that they make 4189 can help 4190 so 4191 feel free to ask me any questions if you want 4192 yeah 4193 see you guys later <end 17:27>

### **NARRATIVE 10**

BluntedFSharps. (2014, May 27). FtM Transgender: Why I Quit Testosterone. [video file]. Retrieved from: http://youtu.be/HP3sBFDp9js

4194	I think that I
4195	I really need to begin this video with
4196	saying that the reason I knew I was transgender
4197	and the reason that I've heard a lot of my transgender friends echo
4198	is um
4199	because I have body dysphoria
4200	and if you are cisgender
4201	and you've never experienced body dysphoria
4202	I just want to emphasize that it is a very real thing
4203	and it's also really difficult to explain to somebody who has never experienced it before
4204	but basically we have
4205	two gender maps of our body
4206	we have the physical
4207	visible map
4208	of our bodies
4209	and what they actually look like
4210	and then we have the
4211	map of our bodies
4212	in our brains
4213	now for cisgender people
4214	um there's no real incongruence between
4215	um there is no rear meongrachee between um the map in their brain and the map of their body
4216	but for me being transgender
4217	the map in my brain
4218	developed differently from the map of my body
4210	um so that
4219	since I was
4220	you know
4222	
4223	very very young before I was even old enough
4224	to be conscious of myself
4225	as a living creature
4226	I knew my body to be shaped like that of a males
4227	from what my gender map in my brain told me
4228	the map in my brain told me that
4228	body occupied space that it could not physically fill
4229	I know it's weird
4230	
4231	it's been compared to
4232	phantom limb syndrome
4200	where amputee patients

4234	can still
4235	physically feel
4236	um sensation in limbs that they don't physically have anymore
4237	because their brain still has a map of their body
4238	and whatever it looks like
4239	and the space
4240	that it fills
4241	and its still sending signals to pieces of their body that don't physically exist anymore
4242	um the brain is very very powerful like that
4243	it controls a lot of that stuff
4244	um <clears throat=""></clears>
4245	but
4246	and that was a basic rundown
4247	of body dysphoria
4248	so moving forward from that
4249	I decided that hormones and surgery were right for me
4250	because I needed to align my brain with my body
4251	you know for someone who has body dysphoria
4252	the static
4253	um
4254	of their incongruence
4255	pretty much gets in the way of everything
4256	its really really hard to focus on living a normal
4257	functioning life
4258	when there's so much static going on
4259	because your
4260	I mean your soul is essentially in the wrong vessel
4261	and its very uncomfortable
4262	and society is always reinforcing that incongruence with
4263	mixed pronouns
4264	and invasive questions about your genitals
4265	and degrading comments about your appearance
4266	and your behavior
4267	and then just general isolation from the clan of
4268	normal
4269	cisgender
4270	functioning individuals
4271	so this is this is
4272	the idea that was sold to me
4273	by the medical community
4274	that I would find congruence
4275	as my hormones aligned my brain with my body
4276	you know I thought that as soon as I went on testosterone

4277 my body was going to do this song and dance 4278 um like 4279 yes that is the stuff 4280 that is the stuff 4281 that we have been missing all these years 4282 all these years 4283 all these years 4284 where did you find that 4285 where did you find that 4286 now that we have that 4287 we are complete 4288 we're good 4289 we're set for life 4290 we're good 4291 but that 4292 that didn't happen 4293 outwardly 4294 there was 4295 there was congruence 4296 you know 4297 I passed as a male 100 percent of the time 4298 I got the pronoun that I wanted 4299 nobody gave me shit anymore 4300 that part of my life had improved immensely 4301 immensely 4302 in here <touches chest> 4303 there was 4304 there was 4305 no aligning of the planets 4306 there was only sacrifice 4307 over time I watched the people 4308 the few people 4309 close to me 4310 who has not disowned me 4311 I watched them come to look at me 4312 and not recognize me 4313 it got to the point where 4314 one day I looked in the mirror 4315 and I ran my hand across my thickening jaw line 4316 and across my stubble 4317 that I had waited for so long for 4318 so so long for that stubble 4319 and I looked in the mirror and

4320	I didn't know who I was
4321	and I felt like a traitor
4322	I missed myself
4323	and I realized
4324	this is not harmony
4325	this is just one more day of hiding
4326	I can hide
4327	I can hide
4328	my birth
4329	I can hide my socialization
4330	I can hide my feminine face
4331	everything
4332	behind this jawline
4333	behind this facial hair
4334	and that's all that I had ever wanted
4335	that's all I had ever wanted was to pass
4336	as male
4337	not as female
4338	not as transgender
4339	just as male
4340	and passing ended up denying me
4341	my right
4342	to a history
4343	and I have a very rich history
4344	and a very good story because of who I am
4345	and if people look straight through me
4346	and see just a he
4347	just a sir
4348	then that history has been erased
4349	I had silenced myself for a pronoun
4350	it is very tempting to believe that
4351	I am fully male
4352	that I am testosterone
4353	that I am muscle mass
4354	that I am stubble
4355	because this <touches head=""> has always told me that I am</touches>
4356	but you know what
4357	I am inside of a female vessel
4358	and no matter how I shape it
4359	no matter how I inject it
4360	no matter how I cut it
4361	that's not going to change
4362	I cannot undue birth

4363	I cannot undue socialization
4364	I cannot shave off a large part of myself
4365	and throw it away and pretend that it never existed
4366	the hard truth for me
4367	the very very hard truth that I had to realize
4368	is that I will never be cisgender
4369	I will never have a cisgender experience
4370	I will never have complete alignment between my body
4371	and my brain
4372	and you know what
4373	that doesn't make me a half functioning individual
4374	that just makes me different
4375	and different is ok
4376	because there is a reason for it
4377	so why
4378	why was I striving so hard to gain something that was impossible
4379	and what should I be striving for instead
4380	to fulfill my purpose as an individual with a transgender experience
4381	rather than to be blending in as another cisgender guy
4382	to be the hybrid that I was born to be
4383	you know I am a hybrid
4384	with a story of bothness
4385	and in a world of black and white
4386	grey has unlimited potential to change things
4387	you know I have been given something very special
4388	and while I do believe that I'm trans
4389	and I absolutely believe that something happened in the womb
4390	something different happened and this <pre>points</pre> to head <pre>&gt; developed</pre> one way
4391	and this <touches chest=""> developed another way</touches>
4392	and out came me
4393	what I don't believe is that it was an accident
4394	I believe that it happened for a very specific reason
4395	and I am not going to learn that reason
4396	on testosterone
4397	injecting myself in the thigh every week
4398	did not bring me closer to the truth
4399	it just helped to mask the pain
4400	for one more week
4401	it just helped to mask the pain
4402	as a trans person
4403	as a hybrid
4404	my very existence defies the concept of a binary
4405	but the irony of this <holds injection="" testosterone="" up=""></holds>

4406	the irony of this
4407	is inescapable
4408	because for the world to recognize me in my natural position
4409	and not as one side of the binary that it ascribes to me based on my genitals
4410	I must do the very thing that I loathe
4411	as ascribe to myself
4412	the opposite binary position
4413	I must be fully male for the world to see the maleness in me
4414	I must ??? all traces of female for the world to believe that I am not fully female
4415	and that is not the truth
4416	that is the sacrifice that I am not willing to make
4417	my plight
4418	if I have a plight
4419	is to plead with younger FTMs
4420	especially
4421	to learn and to love themselves fully
4422	without feeling that they have to bury their past beneath injections
4423	this process of transition is not a process of becoming
4424	it's just a process of learning who you already are
4425	I'm not arguing against transition
4426	I'm simply arguing against what we think that transition means
4427	and I'm not arguing against testosterone
4428	I'm simply advocating for a larger disclaimer on the bottle
4429	This will not make you who you are
4430	you already are
4431	who you are
4432	I don't believe
4433	that gender identity can ever be a solidified thing
4434	it's like we keep trying to place a period at the end of a sentence
4435	and then when the sentence tries to expand beyond the period
4436	we think that we're losing our minds
4437	and something is wrong
4438	the same way we thought something was wrong when we first realized we were living as
4439	the wrong gender
4440	when we come to realize that even our preferred gender is not so black and white
4441	we are stigmatized all over again
4442	people say that we're gender confused
4443	and they say that we're de-transitioning
4444	and they say that we're a disgrace to all of the real transgender people out there
4445	exploring who you are and what you think
4446	should never be referred to as confusion
4447	the unexamined life is not worth living
4448	Socrates said that

4449 don't stagnate 4450 don't shut yourself off from learning 4451 exploring 4452 examining more 4453 what you think you know 4454 it should shift minute to minute 4455 experience it fully 4456 and honestly 4457 and shamelessly 4458 In conclusion I 4459 I realized that not everybody wants 4460 what I want 4461 my young trans female friend 4462 asked me recently 4463 what it was like on testosterone 4464 to have everybody see me for who I was 4465 and I replied 4466 sort of sadly 4467 that it was like 4468 being invisible 4469 and she said 4470 isn't that the point 4471 and she's right because for us 4472 the alternative to being invisible 4473 is constant staring 4474 and invasive questions 4475 and insults 4476 and its exhausting 4477 I know it's exhausting 4478 but I am coming to realize 4479 that being exhausted is a price that I am willing to pay 4480 and being stealth is not 4481 because my purpose is to speak 4482 if your purpose is not to speak 4483 and you want to be stealth 4484 and you just want to pass 4485 then I applaud you 4486 I love you 4487 and I will help you through it 4488 I'm just saying that I can't do it 4489 that doesn't make me a disgrace to the transgender race 4490 it doesn't mean I'm de-transitioning 4491 it simply makes me a spokesperson for equality

4492	yours
4493	and mine
4494	and everyone else who believes that you have to be black
4495	or white
4496	to be human
4497	your humanity is not contained in your vessel
4498	that's all I really have to say on that specific subject

### **NARRATIVE 11**

sillyyetsucciinct. (2009, Sept. 3). Transsexual Regret. [video file]. Retrieved from: http://youtu.be/0iOLFrSeTes

4499	but I wanted to make a video
4500	saying how
4501	despite everything that I'm going through
4502	uh
4503	despite the shit from family members
4504	and
4505	the issues with
4506	you know
4507	coming out
4508	or not coming out
4509	to people here
4510	you know
4511	the stealth or non-stealth issue
4512	um
4513	the identification card hassle
4514	the huge financial burden
4515	um
4516	of changing all my id cards
4517	several times
4518	and surgery
4519	and paying for private physicians
4520	and um
4521	paying for my T
4522	everything is out of pocket
4523	uh so despite all of that
4524	I wanted to say
4525	that transitioning has been worth it
4526	it's worth it
4527	it's worth all of that
4528	it's worth every single in appropriate question from strangers

4529	it's worth humiliation from bouncers at a club
4530	it's worth the money
4531	it's worth the hassle
4532	for me
4533	transitioning has absolutely been worth it
4534	every step of the way
4535	knowing now
4536	how much
4537	uh
4538	hassles and finances are involved in transitioning
4539	which to be honest
4540	I wasn't fully aware of
4541	when I started this process
4542	still
4543	even now
4544	knowing how much trouble it is
4545	I would still do it
4546	and I would probably still do it
4547	the same way
4548	that I did it before
4549	so it's absolutely worth it
4550	cuz
4551	every day when I get up in the morning
4552	and I look in the mirror
4553	I look a little bit more like myself
4554	and every day when I put on my clothes
4555	I no longer
4556	feel sick to my stomach
4557	I can put on clothes that I like
4558	and when I go to class
4559	I'm treated the way
4560	that I want to be treated
4561	I interact with my classmates
4562	in a way that feels comfortable
4563	and natural to me
4564	I no longer feel like
4565	I'm putting something on
4566	or being fake
4567	or it it
4568	I didn't even realize the extent
4569	of the discomfort
4570	that I was dealing with as a girl
4571	until now that it

4572	now that it's gone
4573	I realize how bad it was
4574	I always thought that
4575	um you know
4576	life was just uncomfortable
4577	and that it had to do with my maturity
4578	or um
4579	just awkward
4580	general awkward growing up stuff
4581	or that it
4582	you know I tried to blame it on lots of other things
4583	I mean
4584	I knew that I had gender issues
4585	but I didn't realize
4586	that so much of the the discomfort I felt
4587	within life
4588	was related to that
4589	Ι
4590	I thought that
4591	you know when I transitioned
4592	I transitioned because of my physical dysphoria
4593	not because of my social dysphoria
4594	I mean
4595	the social aspects contributed to it
4596	but the reason I transitioned was
4597	because I needed to change my body
4598	but now that I've done it
4599	now I realize
4600	how good it feels
4601	to live as male
4602	and
4603	how comfortable I feel
4604	in public
4605	or just in my class
4606	during the breaks
4607	during coffee break
4608	during lunch
4609	during any and all social interactions
4610	how much more comfortable I am
4611	man I feel like
4612 4613	I really own the meaning of
4613	be yourself um I mean
4014	

4615 I know that I still have lots of 4616 really femme-y mannerisms 4617 and way of speaking 4618 but I don't care ### 4619 you know 4620 it doesn't 4621 those things don't bother me 4622 so it's not like I'm trying to be "more male" 4623 than I am 4624 I'm just being myself completely 4625 and not thinking about 4626 how I'm coming across 4627 that's how 4628 how it's been for me 4629 now that I ??? 4630 and I just am myself 4631 and I don't worry 4632 about how I'm being seen 4633 how I'm sitting 4634 what's what 4635 is this this 4636 you know 4637 like how people are interpreting 4638 the things that I say 4639 you know 4640 I just 4641 I'm babbling 4642 I just want to say 4643 that life is so much 4644 less complicated 4645 it's so less complicated 4646 then it was when I was living as a girl 4647 even with all the additional complications of being "trans" 4648 and like 4649 all this transitions related complications 4650 complicated as all of that is 4651 my life is less complicated today 4652 than it was when I was living as a girl 4653 and that's how I know that I'm trans 4654 and that I'm doing the right thing 4655 nothing to do with how masculine 4656 that I feel that I am 4657 or how butch I am

- 4658 or you know
- that has nothing to do with like
- 4660 societal constructs
- 4661 of masculine
- 4662 I don't even know
- 4663 where I'm going with this

### **NARRATIVE 12**

KeepingitQueer (2012, Feb. 20). How I knew I was Trans. [video file]. Retrieved from: https://www.youtube.com/watch?v=rszAog7VxSY&feature=youtu.be

4664	this week's topic
4665	is how you knew
4666	vou were LGBT
4667	taking a quote from Lady Gaga here
4668	we were born this way
4669	so basically that means
4670	we always knew
4671	what we were
4672	what we were whether it's lesbian
4673	
4674	gay bi
4675	or trans
4676	we just didn't know there was a name for it
4677	
	we didn't know how to explain it
4678	we didn't know there was a label
4679	being trans its like
4680	well you
4681	you're in the wrong body
4682	you're gonna know that from a young age
4683	and I guess
4684	I like
4685	I didn't really realize that
4686	I was so different
4687	I just thought
4688	I was one of the lads
4689	I'd just run around
4690	you know
4691	there wasn't that gender difference
4692	until

## NARRATIVE 13

ClosetTransgender. (July 12, 2011). Fake Transgender. [video file]. Retrieved from: http://youtu.be/w0H\_Pzfp-tg

4694is there such thing as4695fake trans people4696are there people who go around4697saying they're transgender4698but really they're not4699are there people who start transitioning4700and then realize4701that they were wrong4702and go back4703but can't4704or anything like that4705because4706I think those things are rare4707I think they're really unusual4708and I think4709um4710you know some people use4711some people who aren't trans use that argument4712oh4713you know but4714you might try and start to transition4715but really4716then you'll figure out that you're wrong4717and you won't be able to4718you know4721but I don't think that really exists very much4722I think i's like4723way too much energy and effort4724to try, to claim the trans label4725it takes uh4726a lot of4727time4728and understanding4729and it's not something4730that you can4731use for	4693	hello
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<ul> <li>4709 um</li> <li>4710 you know some people use</li> <li>4711 some people who aren't trans use that argument</li> <li>4712 oh</li> <li>4713 you know but</li> <li>4714 you might try and start to transition</li> <li>4715 but really</li> <li>4716 then you'll figure out that you're wrong</li> <li>4717 and you won't be able to</li> <li>4718 you know</li> <li>4719 you'll be trapped in the middle</li> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4730 that you can</li> </ul>	4707	I think they're really unusual
<ul> <li>4710 you know some people use</li> <li>4711 some people who aren't trans use that argument</li> <li>4712 oh</li> <li>4713 you know but</li> <li>4714 you might try and start to transition</li> <li>4715 but really</li> <li>4716 then you'll figure out that you're wrong</li> <li>4717 and you won't be able to</li> <li>4718 you know</li> <li>4719 you'll be trapped in the middle</li> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4730 that you can</li> </ul>	4708	and I think
<ul> <li>4711 some people who aren't trans use that argument</li> <li>4712 oh</li> <li>4713 you know but</li> <li>4714 you might try and start to transition</li> <li>4715 but really</li> <li>4716 then you'll figure out that you're wrong</li> <li>4717 and you won't be able to</li> <li>4718 you know</li> <li>4719 you'll be trapped in the middle</li> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4730 that you can</li> </ul>	4709	um
<ul> <li>4712 oh</li> <li>4713 you know but</li> <li>4714 you might try and start to transition</li> <li>4715 but really</li> <li>4716 then you'll figure out that you're wrong</li> <li>4717 and you won't be able to</li> <li>4718 you know</li> <li>4719 you'll be trapped in the middle</li> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4730 that you can</li> </ul>	4710	you know some people use
<ul> <li>4713 you know but</li> <li>4714 you might try and start to transition</li> <li>4715 but really</li> <li>4716 then you'll figure out that you're wrong</li> <li>4717 and you won't be able to</li> <li>4718 you know</li> <li>4719 you'll be trapped in the middle</li> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4730 that you can</li> </ul>	4711	some people who aren't trans use that argument
<ul> <li>4714 you might try and start to transition</li> <li>4715 but really</li> <li>4716 then you'll figure out that you're wrong</li> <li>4717 and you won't be able to</li> <li>4718 you know</li> <li>4719 you'll be trapped in the middle</li> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4730 that you can</li> </ul>	4712	oh
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<ul> <li>4716 then you'll figure out that you're wrong</li> <li>4717 and you won't be able to</li> <li>4718 you know</li> <li>4719 you'll be trapped in the middle</li> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4722 I think it's like</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>	4714	you might try and start to transition
<ul> <li>4717 and you won't be able to</li> <li>4718 you know</li> <li>4719 you'll be trapped in the middle</li> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4722 I think it's like</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>	4715	but really
<ul> <li>4718 you know</li> <li>4719 you'll be trapped in the middle</li> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4722 I think it's like</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>	4716	then you'll figure out that you're wrong
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<ul> <li>4720 blah</li> <li>4721 but I don't think that really exists very much</li> <li>4722 I think it's like</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>	4718	you know
<ul> <li>4721 but I don't think that really exists very much</li> <li>4722 I think it's like</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>	4719	you'll be trapped in the middle
<ul> <li>4722 I think it's like</li> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>	4720	blah
<ul> <li>4723 way too much energy and effort</li> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>		
<ul> <li>4724 to try, to claim the trans label</li> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>		I think it's like
<ul> <li>4725 it takes uh</li> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>		-
<ul> <li>4726 a lot of</li> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>		to try, to claim the trans label
<ul> <li>4727 time</li> <li>4728 and understanding</li> <li>4729 and it's not something</li> <li>4730 that you can</li> </ul>		it takes uh
<ul><li>4728 and understanding</li><li>4729 and it's not something</li><li>4730 that you can</li></ul>		a lot of
<ul><li>4729 and it's not something</li><li>4730 that you can</li></ul>		
4730 that you can		-
		-
4731 use for		•
	4731	use for

4732	beca
4733	like
4734	it's not something
4735	to
4736	to
4737	necessarily
4738	I mean you have to be proud of it
4739	you
4740	when
4741	when that's who you are
4742	but it's not something like
4743	really cool
4744	like a label you can wear
4745	and become cooler
4746	you know
4747	being trans is kind of uncomfortable
4748	and um
4749	and kinda like a
4750	sometimes it's kinda like a disease
4751	honestly
4752	for me
4753	I mean
4754	something that's not normal
4755	that you have to like
4756	figure out
4757	how to
4758	how to
4759	live with
4760	you know
4761	so
4762	so it's not something
4763	you'd want to like
4764	take on
4765	to feel
4766	cooler
4767	anyway
4768	so that's interesting
4769	now another thing I was kinda wondering about
4770	was
4771	um
4772	when I think of my experience
4773	as a transgendered
4774	female to male

4775	it was something
4776	that was very weird to know
4777	that I had
4778	inside of me
4779	when I was little
4780	you know
4781	I knew I was a boy
4782	and then
4783	puberty was hard
4784	and then
4785	blah blah
4786	
4787	you know
	it's a really
4788 4789	typical story of
	um
4790 4791	someone who's transgendered it seems like
4792	based on other videos I've watched
4793	and research I've done
4794	it's like
4795	when you are
4796	a transgendered F to M
4797	it's just something that's with you your entire life
4798	you're born that way
4799	you know every step along the way that you're different
4800	something's weird
4801	and then
4802	anyway
4803	then you find out
4804	then you get the word for it (container?? gesture2:13)
4805	and you're like
4806	ohok
4807	and it was nice
4808	you know
4809	that experience of
4810	finding a name for what I am
4811	and knowing that I wasn't alone
4812	and all this stuff
4813	and that was great
4814	and sometimes I hear stories
4815	from other trans guys
4816	that's like

4817 or just from people who watch my videos

4818	that are like
4819	I'm exploring the possibility that I might be trans
4820	or
4821	I'm trans
4822	but I didn't know like all my life
4823	as you did
4824	like
4825	I was kind of a normal
4826	more like normal little girl
4827	and then I just think
4828	um
4829	you know
4830	how much variability is there
4831	like what is
4832	what do you think is
4833	more common
4834	and why do you think
4835	there's such
4836	a diversity of different experiences within the trans thing
4837	because
4838	to me it seems like
4839	I don't know
4840	it seems like
4841	there's just this typical way
4842	and then there's these non-typical ways
4843	the trans queer thing
4844	where
4845	you know
4846	you don't necessarily fit into any box
4847	does that
4848	is that different than being
4849	sexually
4850	or like
4851	gender-confused
4852	like
4853	is being
4854	being gender-queer
4855	being
4856	gender-unclear
4857	or like a state of confusion
4858	
4859	or is it like
4860	a very strong state of knowing

4861	but not fitting into the normal
4862	um you know
4863	boxes
4864	or whatever
4865	so I was just kind of curious
4866	if you can answer that question
4867	down below
4868	about
4869	like uh
4870	if you had a typical-experience
4871	a non-typical experience
4872	um
4873	and you know
4874	when you figured out that you were trans
4875	because
4876	it's not
4877	it's like
4878	there's a question in the human life
4879	which is
4880	who am I
4881	but everybody knows
4882	what they are
4883	it's like you're discovering who you are
4884	but what you are
4885	you kinda of know
4886	you know you're trans
4887	not like
4888	I think I'm trans
4889	how does that work
4890	how does that happen
4004	

4891 please help me understand

### **NARRATIVE 14**

Wes (August 27,2011) Traditional v. Non-traditional Trans Narrative (video response to Forest) [video file]. Retrieved from: http://youtu.be/T\_c1pXjSaoE

- 4892 you brought up the point that
- 4893 there seems to be so much variance between
- 4894 trans guys and when they start identifying as trans
- 4895 and why there are some trans men like yourself
- 4896 who know from

4897	the time they're a little kid that
4898	they're trans
4899	and then they're
4900	that they are trans
4901	and then there's
4902	other trans guys who
4903	go through a period
4904	much later in life
4905	in their early twenties
4906	thirties
4907	fifties
4908	what have you
4909	and are questioning it and saying
4910	I think I might be trans
4911	or
4912	they come to terms with
4913	their trans identity
4914	and are confident that they're trans
4915	but
4916	acknowledge that
4917	they did not know that
4918	from the time they were a little kid
4919	which is where I fall
4920	on the spectrum
4921	um
4922	and
4923	it's something that
4924	I really struggled with
4925	when I first realized that
4926	I was struggling with my gender identity
4927	I
4928	I think I was under the impression
4929	that the traditional trans story
4930	was the only trans story
4931	and so
4932	because that did
4933	immediately resonate with me
4934	um
4935	it made it really hard for me to
4936	make sense of
4937	who I really am
4938	and to
4939	um

40.40	
4940	feel sure and confident
4941	um, I was terrified that
4942	I would be viewed as
4943	fake
4944	or
4945	um
4946	not the real deal
4947	even though
4948	I mean
4949	I don't understand why anybody would
4950	choose to identify as trans
4951	if they
4952	weren't
4953	but um
4954	nonetheless
4955	it was
4956	a huge struggle I faced
4957	and that's partly why I
4958	started making YouTube videos
4959	um
4960	to the public
4961	and
4962	for the community
4963	because
4964	I think that the traditional story
4965	is far more heard
4966	and
4967	is what
4968	is maybe seen in the media most often
4969	and
4970	as I
4971	realized
4972	that I am trans
4973	and that I
4974	have a non-traditional trans story
4975	it just became so important to me
4976	to get that voice out there
4977	because I realize
4978	that there are plenty of people
4979	like me
4980	who do not have the
4981	traditional story
4982	there are so many

4983	and
4984	I would like to inform
4985	to only
4986	other people out there who are struggling with it
4987	but
4988	society in general
4989	so that
4990	we can break away from these stereotypes
4991	I mean
4992	what it comes down to
4993	is that gender is a spectrum
4994	SO
4995	it makes sense
4996	that it's not do binary
4997	and that it's not one way or the other
4998	not everybody's gonna know
4999	from the time their three years old
5000	because maybe
5001	they aren't
5002	maybe they don't
5003	feel one hundred percent male
5004	but still
5005	consistently fall on the masculine
5006	end of the spectrum
5007	11499

5007 um

### **NARRATIVE 15**

TheSLOfox (May 29, 2014) How I did NOT know I was trans:) [video file]. Retrieved from: https://youtu.be/LPgM3UCP0dQ

- 5008 Hey there
- 5009 it's Austin
- 5010 Now
- 5011 I've seen many
- 5012 trans people on YouTube
- 5013 make videos
- 5014 along the lines of
- 5015 "how I knew I was trans"

5016	and I like those
5017	I love watching those
5018	and I found them
5019	really helpful
5020	and also just fascinating
5021	SO
5022	I do approve
5023	of the
5024	"how I knew I was trans" videos
5025	but
5026	Ι
5027	have been thinking so much
5028	about um
5029	not only how I know I'm trans
5030	but
5031	why I did not know before
5032	so for that reason
5033	I'm making this video
5034	how I
5035	did not know
5036	that I was trans
5037	before
5038	in case that's interesting for you
5039	and because
5040	I find it helpful
5041	to express these things
5042	myself
5043	um anyways
5044	SO
5045	why did I not
5046	realize I was trans earlier ?
5047	um
5048	I feel like
5049	a lot of what's gotten me
5050	to realize that I'm trans
5051	is sort of
5052	accessing my intuition
5053	or accessing
5054	like a deep true aspect of myself
5055	and
5056	I just didn't quite do that much
5057	before in my life
5058	um

5059	by the way
5060	I'm thirty-one
5061	um
5062	like
5063	when I was younger
5064	like a kid
5065	or
5066	a teenager
5067	I didn't think about
5068	being a boy
5069	I'm not one of those people
5070	who from a young age
5071	was like
5072	oh
5073	I'm actually a boy
5074	that didn't happen for me
5075	and I think
5076	my deal was
5077	partly that
5078	like
5079	I thought of myself
5080	and thought about my life
5081	according to
5082	basically
5083	the labels that were assigned to me
5084	and what other people called me
5085	which
5086	SO
5087	here's one way of putting it
5088	that
5089	um
5090	the
5091	"dictionary definition" of myself
5092	like my body
5093	is female
5094	which of course
5095	I knew
5096	all children know that
5097	from a super young age
5098	they know their assigned sex
5099	so I
5100	from the beginning I was like
5101	ok so

5102	I'm female
5103	um
5104	well then ok
5105	I guess that means
5106	I wear girls clothes
5107	although you know
5108	I'll try to find me masculine girls clothes
5109	um
5110	and
5111	I'm talking from the perspective of my younger self
5112	um
5113	and well
5114	yeah
5115	I'll just
5116	do my best to
5117	be an effective girl
5118	and I did
5119	I just
5120	I just
5121	did not think about
5122	being a boy
5123	like it didn't occur to me
5124	until
5125	towards the end of college
5126	to wear men's clothes
5127	it just didn't
5128	occur to me
5129	I don't know why
5130	um
5131	I think
5132	but my point here
5133	it's complex to explain
5134	it's like
5135	from the beginning
5136	when I was little
5137	I was just sort of
5138	living according to
5139	these "dictionary definitions"
5140	like
5141	oh ok
5142	people say I'm a girl
5143	I'm a girl
5144	ok

5145	well
5145	I'll do my best
5147	
5148	so uh
5148	
	yeah
5150	because of that
5151	I just did
5152	I just wasn't in touch
5153	at all with
5154	like my intuition
5155	or the deeper part of me
5156	that's just how it was
5157	so now
5158	in recent times
5159	when I feel like
5160	I've really gotten a lot more in touch
5161	with that deeper
5162	really true part of myself
5163	and my intuition
5164	now I have something to compare it to
5165	and I'm like
5166	oh
5167	well
5168	when people say stuff like
5169	follow your heart
5170	or listen to your intuition
5171	now I know what that means
5172	I guess I didn't before
5173	I didn't really have
5174	much intuition about
5175	some stuff
5176	at least not about gender
5177	or
5178	identity
5179	um
5180	but now I do
5181	so now I can tell
5182	that I did not have that intuition before
5183	I was just sort of like
5184	I dunno
5185	almost like a shell in some ways
5186	that sounds really depressing
5187	but

5188 that's kinda how it was 5189 at least in terms of gender 5190 and in terms of core parts of my identity 5191 it's not like I was just "a shell" 5192 in all aspects 5193 you know 5194 I wrote poetry 5195 I've always loved nature 5196 and I felt very strongly 5197 and keenly 5198 about nature 5199 you know 5200 I felt very alive at times 5201 but just in terms of gender 5202 and other core parts of my identity 5203 I guess I just felt kinda like a shell 5204 I didn't 5205 I was just 5206 I dunno 5207 not really 5208 doing my real self 5209 um 5210 so anyway 5211 that's 5212 a super cool feeling now 5213 to feel like 5214 I do 5215 I suddenly have more access 5216 to my intuition 5217 and to 5218 a part of me 5219 that feels much more real 5220 than what I had access to previously 5221 it's really amazing 5222 and energizing 5223 and uh validating 5224 super exciting 5225 yeah 5226 um 5227 but 5228 other reasons 5229 why I didn't know 5230 that I was trans

5231	before
5232	um
5233	maybe related to what I was just saying
5234	I didn't rebel
5235	I didn't have a rebellious phase
5236	when I was younger
5237	like a teenager
5238	um
5239	I don't know why
5240	maybe it's because I had not yet gotten in touch
5241	with the more
5242	like true
5243	raw
5244	part of myself
5245	so like
5246	why would you want to rebel
5247	if you're not even in touch with the deep
5248	part of yourself
5249	you're just like
5250	well
5251	yeah
5252	I'm a girl
5253	I'm just trying to be a girl
5254	and chilling on the couch in the evening with my mom
5255	and doing my homework
5256	whatever
5257	that's kinda how I was
5258	and another
5259	another thing
5260	that I find kind of
5261	pretty fascinating myself
5262	to think about
5263	and reflect on
5264	is that when I was in high school
5265	I wondered if
5266	I was a lesbian
5267	because
5268	I had never gone out on any dates
5269	I didn't go out on any dates
5270	or like
5271	do anything romantic
5272	or kiss anybody
5273	'til I was

5274	like
5275	<laugh></laugh>
5276	in college
5277	which is sad
5278	but
5279	it's because I wasn't in touch with myself
5280	and in high school
5281	I hadn't realized
5282	that I like girls
5283	so in high school I was like
5284	am I a lesbian
5285	is that why I haven't gone on dates with guys
5286	is that why guys
5287	don't ask me out
5288	um
5289	is that why I don't really
5290	like
5291	there's not any specific guys
5292	that I want to go out with
5293	so I would think about that
5294	I was like
5295	am I gay
5296	and
5297	I would picture
5298	or try to feel what it would be like
5299	to be with a girl
5300	and
5301	thinking of myself as a girl
5302	with a girl
5303	didn't
5304	it didn't do anything for me at that time
5305	it didn't
5306	feel like much of anything
5307	like when I would envision that
5308	I was like
5309	meh
5310	that doesn't feel satisfying
5311	what sounds satisfying to me
5312	is
5313	you know
5314	a guy
5315	a strong guy
5316	like with

5317	strong shoulders
5318	a tall guy
5319	with big shoulders
5320	like
5321	I feel like
5322	that's fitting
5323	that's got to be in there somewhere
5324	so I was like
5325	well
5326	I guess I'm not a lesbian
5327	um
5328	although of course
5329	later I realized that
5330	the reason why I hadn't been on dates with guys
5331	is that
5332	I was just not
5333	attracted to guys
5334	really
5335	and
5336	that I was
5337	really attracted to
5338	women
5339	so looking back
5340	on that
5341	from my current perspective
5342	I'm like
5343	well
5344	I feel like
5345	maybe the reason why
5346	it took me a long time
5347	to realize that I liked girls
5348	and the reason why
5349	I had that thought
5350	like
5351 5352	oh it seems right
5353	to have a guy
5354	you know
5355	strong guy big shoulders
5356	et cetera
5357	is that
5358	maybe it's like
5359	I
0000	1

5360	um
5361	it's like I am
5362	actually
5363	largely straight
5364	but a straight guy
5365	like
5366	mostly straight guy
5367	um
5368	and that
5369	the guy
5370	that I was envisioning
5371	like
5372	that I described
5373	a second ago
5374	maybe
5375	that is me
5376	you know
5377	like the reason why
5378	I felt like
5379	it seemed
5380	right
5381	and good
5382	and really satisfying
5383	for me to think of
5384	a guy with
5385	big shoulders
5386	in a relationship
5387	is because
5388	that's true
5389	for me
5390	it's just
5391	that I want to be that
5392	that's
5393	that's who I am
5394	that's what I am
5395	that's what I want to be in a relationship
5396 5397	so
	that's so weird
5398 5399	so I'm wondering like what if my psychological discoveries
5399	or psychological development as
5400 5401	um
5401	
5402	somebody who

5403	likes women
5404	and who's trans
5405	was sort of delayed
5406	by this sort of
5407	flip-flopping
5408	of what I want
5409	versus
5410	what I want to be
5411	SO
5412	I find that interesting
5413	um
5414	so that could be part of it
5415	although
5416	then you could ask
5417	well
5418	ok
5419	if you figured out
5420	that you liked girls
5421	when you were nineteen
5422	why didn't you realize you were trans
5423	when you were nineteen
5424	I dunno
5425	my answer to that
5426	is that
5427	realizing that I'm trans
5428	has required sort of
5429	peeling back
5430	of many layers
5431	many layers
5432	that's how I would put it
5433	I forget if I've mentioned that
5434	in a previous video
5435	it's like
5436	um
5437	let me give some examples
5438	when I was in high school
5439	I had to peel back the layer of fear about
5440	"being mistaken for a boy"
5441	and
5442	the fear of wearing for example
5443 5444	like
	plaid flannel shirts
5445	this was in the nineties

5446	and I
5447	well I still love
5448	plaid flannel shirts
5449	so I guess the time period
5450	is irrelevant
5451	um
5452	so then
5453	in high school
5454	I was like
5455	you know
5456	I want to wear my plaid shirt today
5457	over my t-shirt
5458	and I'm gonna do it
5459	so that was one layer
5460	then another layer
5461	was like
5462	later on
5463	when I was like
5464	hm
5465	I think I could
5466	I could wear men's jeans
5467	if I want
5468	yeah
5469	I'll do that
5470	there's another layer coming off
5471	another layer was
5472	that I guess is somewhat related in my mind
5473	is like
5474	oh
5475	it's ok
5476	to think that girls are pretty
5477	and that doesn't mean
5478	that
5479	I'm
5480	a lesbian
5481	uh
5482	or attracted to girls
5483	well it kinda did
5484	but anyway
5485	that was one layer
5486	then another layer was like
5487	oh
5488	I'm attracted to girls

- 100	
5489	and
5490	that's ok
5491	I can deal with that
5492	there's another layer
5493	um
5494	and then
5495	oh
5496	I can have really short hair
5497	that looks like a man's haircut
5498	and that's ok I can deal with that
5499	there's another layer
5500	um
5501	and so forth
5502	there's a whole bunch more
5503	that went over a span of many years
5504	just how I did it
5505	and
5506	sort of the last thing
5507	that I
5508	well
5509	second to last thing
5510	that I wanted to mention
5511	is that
5512	um
5513	over the years
5514	I've spent a lot of mental energy
5515	dealing with other things
5516	aside from gender
5517	and sexuality
5518	um
5519	the biggest thing
5520	is that
5521	my dad died
5522	when I was eight
5523	in an accident
5524	he was killed by a drunk driver
5525	SO
5526	I spent so much mental energy
5527	like processing that
5528	and dealing with that
5529	over the years
5530	and I've seen
5531	at least a couple of therapists

	/
5532	and we've talked
5533	a lot
5534	about my dad
5535	and
5536	you know
5537	I've written about it
5538	journaled about it
5539	written poems about it
5540	um
5541	spent so much time thinking about it
5542	about my dad
5543	SO
5544	I wonder
5545	if I wasn't
5546	if that wasn't
5547	the main thing
5548	that I needed to deal with
5549	for all of those years
5550	could I have
5551	realized I was trans sooner
5552	maybe
5553	that would make sense
5554	yeah
5555	but
5556	you know
5557	that's just how it is
5558	that's
5559	how my life was
5560	and that's ok
5561	um
5562	and I think that's also
5563	part of why I didn't rebel
5564	when I was a teenager
5565	because from losing a family member
5566	I knew how
5567	valuable family was
5568	so I wanted to spend time with family
5569	and not
5570	alienate myself from my family
5571	so I was really focused on that
5572	as opposed to like
5573	partying
5574	or something

5575	um
5576	well
5577	also since my dad was killed
5578	by a drunk driver
5579	up
5580	until like after college
5581	well
5582	well no
5583	that's not true
5584	up until part way through college
5585	I was uh
5586	completely
5587	against drinking
5 <b>58</b> 8	completely
5589	I felt very angry about it
5590	which totally makes sense to me
5591	yeah
5592	um
5593	so that's another reason
5594	why I didn't rebel
5595	cuz
5596	I had been very hurt
5597	my family had been very hurt
5598	by an irresponsible person
5599	and I did not want to be
5600	an irresponsible person
5601	SO
5602	it took me many years
5603	to
5604	sort of loosen up
5605	and realize that I could enjoy
5606	life
5607	and be kind of irresponsible
5608	without actually risking
5609 5610	hurting somebody so that's another reason
5611	
5612	why I didn't rebel and why I
5613	well
5614	yeah
5615	anyway
5616	the last thing that I wanted to mentior
5617	in this long video
5017	in and long video

5618	15
5619	what I mentioned in a previous video
5620	is that a huge thing
5621	that prevented me from realizing I was trans
5622	sooner
5623	or accepting it sooner
5624	is feelings of guilt
5625	mm
5626	and also maybe shame
5627	about
5628	maleness
5629	and if you want to hear more about that
5630	you can also look at my other video
5631	it's called like
5632	dealing with guilt about maleness
5633	um
5634	I was like
5635	I don't feel comfortable
5636	identifying as a guy
5637	because
5638	guys are violent
5639	and like
5640	I don't want to be viewed
5641	as like
5642	a rapist
5643	or I feel bad
5644	just being in the same gender box
5645	as rapists
5646	which I know sounds extreme
5647	but the thing is
5648	this was not an intellectual
5649	issue for me
5650	so much as just a
5651	psychological
5652	issue
5653	that involved emotions
5654	guilt
5655	SO
5656	emotions are harder to deal with
5657	than intellectual concepts
5658	I think
5659	SO
5660	it took me a long time

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179

5661	to get passed that
5662	and what helped
5663	is just having other people
5664	who would
5665	accept me
5666	as a guy
5667	and who appreciated me
5668	appreciated me as a guy
5669	that's a big thing
5670	so then I could
5671	feel
5672	this acceptance
5673	and appreciation as guy
5674	um
5675	which made me feel like
5676	oh yeah
5677	I could be a good guy
5678	and a peaceful guy
5679	and I can be appreciated for that
5680	so I don't need to feel guilty about it
5681	so that was
5682	gigantic
5683	um
5684	anyway
5685	I think that
5686	that's all that I wanted to say
5687	I'll make another video about
5688	sort of
5689	the more positive aspect of it
5690	like
5691	not why I didn't realize I was trans
5692	but how I do
5693	know I'm trans
5694	so stay tuned
5695	thanks for watching
5696	bye
	<end></end>

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# NARRATIVE 16

TRANScend (August 14, 2015) How I Knew I was Transgender. [video file]. Retrieved from: https://youtu.be/RC9\_vw9LuHY

5697	alright
5698	so I only
5699	really
5700	discovered what
5701	transgender was
5702	back in like
5703	2011 or 12 when
5704	I met someone
5705	that was trans
5706	as far back as I can honestly remember
5707	maybe I was like two or three
5708	when I started developing like
5709	my own
5710	wants and likes
5711	for clothes and toys
5712	I always obviously wanted
5713	boy toys
5714	and I wanted to wear
5715	boy clothes
5716	you know I was never allowed to do that
5717	um
5718	I always picked out boys clothes
5719	I always wanted to wear a hat
5720	I wanted my hair cut short
5721	my parents wouldn't let me do that
5722	they would let me wear boy clothes
5723	but when I went to school
5724	I had to put on girl clothes
5725	that happened when I was a kid
5726	and I didn't fully understand that
5727	I thought I was a boy
5728	I didn't understand that I
5729	was a girl
5730	and I didn't know the difference
5731	because at the time
5732	I didn't know that
5733	boys and girls had different genitalia
5734	so I just thought that
5735	boys had short hair
5736	and girls had long hair
5737	and I was having long hair
5738	so I thought I had to be a girl
5739	and then

Flores, R. J. (July 31, 2015). FTM Edition: How I "Knew" I Was Trans. [video file]. Retrieved from: https://youtu.be/DoTp0m7ZKLU

- 5740 how did I know
- 5741 I was trans
- 5742 on tumblr
- 5743 I've gotten some private asks
- 5744 from quite a few people about this
- 5745 some are not sure
- about their gender identity
- 5747 or are questioning
- and that's ok
- 5749 so
- 5750 this is my experience
- 5751 you wanna know how I knew
- 5752 I'll tell you
- 5753 I didn't
- 5754 I didn't know
- 5755 I was trans
- 5756 I am not one of those
- 5757 lucky people
- 5758 who knew since they were
- 5759 very young
- 5760 that something was different
- 5761 that they were special
- 5762 that something was wrong
- 5763 no
- 5764 so I didn't know

### **NARRATIVE 18**

illrollwithit (May 8, 2015). Transgender Today: I Didn't Always Know. [video file]. Retrieved from: https://youtu.be/oZphpHwdJ1E

- 5765 not all trans people are the same
- 5766 and not all trans narratives are the same
- 5767 the media today
- 5768 tends to paint this
- 5769 portrait of trans people
- 5770 and it tends to paint
- 5771 every trans person as being the same

5772	and having the same story
5773	and thinking the same thoughts
5774	and wanting the same things for their bodies
5775	but I think it's really
5776	really important
5777	to know that
5778	that is not the case
5779	whatsoever
5780	there's not just one way to be trans
5781	there's not just two ways to be trans
5782	you can be trans
5783	and be totally
5784	totally different
5785	from
5786	any other trans person out there
5787	there's no right or wrong way to do it
5788	and I think that's
5789	so important to learn
5790	because
5791	once people find out that I'm trans
5792	Ι
5793	Ι
5794	Ι
5795	I get the question all the time
5796	did you always know
5797	and when I answer that question with no
5798	people are floored
5799	because the narrative that they have in their heads is that
5800	I always knew I was in the "wrong body"
5801	and I always had a feeling that I was "different"
5802	but really that's not true
5803	and um
5804	as I five year old
5805	I didn't look inside myself and think
5806	I am in the wrong body
5807	because
5808	I was five
5809	I just didn't have
5810	that self-awareness
5811	and I wasn't growing up in a place that
5812	I was able to have that self-awareness
5813	and it's great when people do have that
5814	but it's also important to know

- 5815 that not all trans people have that
- 5816 and not every trans person
- 5817 has to be this way
- 5818 in order to be trans

O'Keefe, T. (May 20, 2015) I didn't know I was transgender. [video file]. Retrieved from: https://youtu.be/tqw54-cXVAA

- 5819 The whole transgender thing 5820 there's so many trans men out there 5821
- that talk about their journey
- 5822 to discovering who they were
- 5823 well
- 5824 a lot of them say like
- 5825 they knew
- 5826 from a very young age
- 5827 like even before they knew what transgender was
- 5828 and for the longest time
- 5829 whenever I watched those videos
- 5830 for the longest time
- 5831 I thought I didn't
- 5832 because I didn't relate to that
- 5833 that it was invalid
- 5834 I was invalid
- 5835 and that
- 5836 I couldn't be transgender because
- 5837 I didn't feel how they felt
- 5838 even though every person's different
- 5839 it's just so many trans men said
- 5840 I knew since I was from a young age
- 5841 that I was different
- 5842 that I couldn't live as a girl
- 5843 blah blah
- 5844 but that was not the case for me
- 5845 Ι
- 5846 I went back and forth
- 5847 from being a tomboy
- 5848 to dressing feminine
- 5849 when I was about five or six years old
- 5850 I met my friend
- 5851 who is now gender non-conforming

5852	but when I met him
5853	he had long hair
5854	he wore feminine clothes
5855	kinda
5856	but about a year later
5857	he cut his hair off
5858	he started wearing guys clothes
5859	and started trying to present himself
5860	as a guy
5861	and I remember I thought
5862	girls can do that
5863	what
5864	I didn't know girls could do that
5865	I ran to my mom
5866	and I was like
5867	mom
5868	I need to get my hair cut
5869	I need
5870	all of these different clothes
5871	like right now
5872	and my mom cried
5873	when I got all my hair cut off
5874	she let me
5875	which
5876	I'm really happy she did
5877	she wasn't one of those parents who said
5878	I'm not going to let my little girl
5879	cut all her hair off
5880	she'll regret it
5881	so I'm glad that she kind of
5882	played into it
5883	but yeah
5884	I did
5885	I cut all my hair off
5886 5887	I dressed as a guy
5888	I was really hapy about it and
5889	
5890	for the longest time I loved when people were like
5890	oh your such a gentlemen
5892	you're gonna grow up
5893	to be
5894	a very handsome boy
0004	a vory nunasonno ooy

5895	etcetera
5896	but it wasn't always like that
5897	like
5898	when I got older
5899	and I saw the way girls normally were
5900	trying to show off their boobs
5901	trying to wear feminine clothes
5902	that showed off their body
5903	trying to grow out their hair
5904	wearing makeup
5905	I did all of that
5906	I was never comfortable
5907	but I thought that's what girls did
5908	so that's what I did
5909	and even from a young age
5910	I know
5911	I hated wearing dresses
5912	I did
5913	when my brother was graduating
5914	from grade eight
5915	I was like
5916	eight or nine years old
5917	my mom forced me to wear a dress
5918	like
5919	forced me to
5920	I cried
5921	screamed
5922	carried on
5923	I was like
5924	I'm not wearing a dress
5925	it's not happening
5926	it's not
5927	it wasn't even really a dress
5928	it had like shorts underneath
5929	it was like a skort
5930	you know
5931	it had flowers on it
5932	and I remember a wasp landed on me
5933	thinking I was
5934	a flower
5935	and I ran to mom
5936	and was like
5937	I got stung because of you

5938 I was not happy that day 5939 but even still 5940 growing up 5941 I grew my hair out 5942 I wore make-up 5943 I tried to wear 5944 feminine clothes that showed off 5945 5946 my femininity 5947 I wore dresses 5948 I wore skirts 5949 thinking that that's 5950 that's what girls do 5951 and it never really 5952 played into my head that I was "different" 5953 5954 like 5955 I uh 5956 I never once thought 5957 hey maybe 5958 maybe 5959 maybe I'm on to something here 5960 maybe this girl thing isn't working out 5961 cuz even when I got older 5962 into high school 5963 cuz I went back and forth 5964 um 5965 in grade school 5966 I started off wearing 5967 not exactly feminine clothes 5968 I wore overalls all the time 5969 I fucking loved overalls 5970 they were my shit 5971 but I would wear 5972 feminine clothes 5973 and then I'd cut all my hair off 5974 I'd dress like a guy 5975 and then I grew my hair back out 5976 and dressed like a girl 5977 and then I cut it all off 5978 dressed more masculine 5979 I was back and forth 5980 back and forth

back and forth
and uh
grade seven
eight
I started to grow my hair out again
grade at
at grad
I wore a dress
I got my hair all done up pretty
I did feel nice
I did
I felt beautiful
and happy
and uh
natural
yes
but um
high school was
awkward
as far as
my appearance went
I was very back and forth again
like grade nine
I had long hair down to here
I would strengthen it
I wore makeup
I wore feminine clothes
I tried the whole thing
grade ten
I had my scene phase
I cut my hair off short
it was the coolest haircut though
let's be real
and I wore kinda
kind of like
almost neutral clothes
well scene clothes
let's be
like tight pants
you know
you
everyone knows
everyone knows a scene phase

6024 and um 6025 then I grew my hair out again 6026 and then 6027 by halfway through grade twelve 6028 I cut it all off again 6029 and I got 6030 positive feedback from that one 6031 but I tried 6032 I tried so much 6033 to fit in 6034 and I never felt comfortable 6035 but I thought that's what 6036 I had to do 6037 so if that's how you feel 6038 if you think 6039 you know 6040 back in the day 6041 I never thought that I was transgender 6042 Ι 6043 it never clued in to me 6044 even when I found out 6045 like 6046 even when I found out 6047 what transgender was 6048 I remember I talked to my doctor about this 6049 and he said 6050 well 6051 when you found out about the word 6052 did you 6053 think 6054 hey this might be 6055 a perfect fit for me 6056 this is who I am 6057 honestly no 6058 I just thought 6059 oh 6060 that's interesting 6061 never heard of that before 6062 cool 6063 all the power to you 6064 never once occurred to me 6065 that I would 6066 fall into

6067 that category

## **NARRATIVE 20**

Jennings, J. (2013, Jul. 16). Jazz: A Transgender Child (Letter to the World). [video file]. Retrieved from: http://youtu.be/FiP5P\_PNnO8

6068	I don't like it
6069	when people say
6070	I was born a boy
6071	but now I'm a girl
6072	yes
6073	I used to say it myself
6074	but as I've grown over the years
6075	I've understood something
6076	I always was a girl
6077	therefore
6078	I'd prefer it if people said
6079	I was born a girl
6080	trapped in a boy's body
6081	my name is Jazz
6082	and I am transgender
6083	I was born a girl
6084	trapped in a boy's body
6085	and although most people
6086	would run away from who they are
6087	I embraced my uniqueness
6088	I'm here today
6089	to spread my confidence and strength
6090	and make sure everyone understands
6091	that they are special
6092	and should be proud of who they are
6093	as soon as I was able to express my emotions
6094	I expressed myself as a girl
6095	my mom would say
6096	good boy
6097	and I would say
6098	no mommy
6099	good girl
6100	I knew that something was different with me
6101	and I just wanted to blossom
6102	into my true self
6103	although I was only two

- 6105 and upset
- 6106 with how people treated me
- 6107 it was a difficult time
- 6108 but I saw light at the end of the tunnel
- 6109 I knew that one day
- 6110 I would finally become that beautiful flower
- 6111 and I just had to keep moving forward
- 6112 until that day occurred
- 6113 as my parents learned more
- 6114 about being transgender
- 6115 and what it means
- 6116 things began to change
- 6117 I remember in preschool
- 6118 when I started to wear feminine clothes
- 6119 and finally in kindergarten
- 6120 when I fully transitioned
- 6121 I was so happy
- 6122 to finally be a girl
- 6123 to finally just be me

Ryder, B. (April 20 2014) FTM-How I knew I was trans. [video file]. Retrieved from: https://youtu.be/F6YeRCbhV2s

- 6124 yeah
- 6125 how I knew I was trans
- 6126 I get asked this question
- 6127 a lot too
- a lot of trans guys do
- 6129 and
- 6130 um
- 6131 for me
- 6132 I like to say that I
- 6133 always knew
- 6134 when I was little
- 6135 like
- 6136 when I was a little boy
- 6137 I was a little boy
- 6138

TheRilenFiles (December 1, 2015). We Didn't All Know We Were Trans as Kids. [video file]. Retrieved from: https://youtu.be/WSry7falL\_g

6139	this is just something
6140	that seems to be a misconception
6141	in the trans community
6142	that I kind of wanted to
6143	set the record straight on
6144	um
6145	SO
6146	I feel like
6147	because I am trans
6148	I've encountered this
6149	that people are under the assumption
6150	that
6151	um
6152	I knew that I was trans
6153	when I was younger
6154	um
6155	if people
6156	talk to me
6157	they'll say
6158	well you never identified
6159	as a female
6160	like
6161	you've always been a boy
6162	you always felt like
6163	you were a boy
6164	and
6165	to that I have to say
6166	no
6167	I did not
6168	um
6169	there's just this common thought
6170	that we all knew
6171	when we were five years old
6172	and
6173	you know
6174	that we knew
6175	we were trans
6176	whether you were
6177	a female to male

6178	that when your mom
6179	put you in a dress
6180	and it was time to
6181	go to church
6182	that you were
6183	that it didn't fit you
6184	that you felt uncomfortable
6185	that you were always ripping off your dress
6186	and saying
6187	no
6188	I'm a boy
6189	like
6190	um
6191	or
6192	that if you
6193	were a um
6194	male to female
6195	transgender person
6196	that you played with barbies
6197	because you
6198	always knew that you were trans
6199	that you never identified as a male
6200	that you're disgusted by your body parts
6201	and all of this stuff
6202	and I just
6203	no
6204	just no
6205	Ι
6206	personally speaking
6207	I did not know I was transgender
6208	until my twenties
6209	but I did not come to terms with it
6210	and start discovering my gender identity
6211	where I could say
6212	for sure I'm transgender
6213	until last year
6214	and I am twenty-five years old

and I am twenty-five years old